

ESC Patient Involvement

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30 January 2019

ESC Education Conference

Why patient involvement in ESC is important?

- Patients, as key stakeholders and beneficiaries in the pyramid of health have become active and more and more organised during the last ten years
- By virtue of their experience patients can offer valuable insight that is different and complimentary to that of professionals

Patients as partners and co-producers:

- ✓ Drive better patient care
- ✓ Achieve better health outcomes
- ✓ Lower costs
- ✓ Improve patient experience



ESC Patients' Forum: Partners & Co-producers



- ✓ **TODAY!** Participation & involvement in the ESC Education Conference (Jan. 2019)
- ✓ Include members of the ESC Patient Forum in other education activities (i.e. Educational curriculum)
- ✓ Explore new ways patients' input will benefit Educational Products

Patient Engagement – A work in Progress

- Adopted as an ESC strategic objective, Managerial Council, May 2017
- Cardiopulse Article published on Patient Engagement, November 2017
- Consultation +++++
- ESC Patient Ambassadors identified, 2018
- Patients recruited: 24 patients from 11 countries, 2018 (with experience of different cardiac conditions)
- Patients Forum launch, Brussels June 2018
- 9 Patients Forum members at the ESC Congress 2018, Munich
- Patient Forum Workshop, EHH Nice October 2018
- Cardiopulse Article published on Patient Involvement, November 2018

- **Patient Forum Workshop, EHH, Nice – 31/01 & 01/02**
- **NEW! Cardiopulse Article to be published, 7th February**

- **What's next? Patient Forum Road Map 2019-2020**
- **Plan to expand membership including caregivers**

The ESC Patients' Forum

- Informal Group composed so far of 24 people with experience of different cardiac conditions: **i.e. ischaemic heart disease, complex congenital cardiomyopathy, A Fib, cardiac sarcoidosis, Valve disease, heart transplant**
- 11 different European countries (Belgium, Croatia, Cyprus, Denmark, Germany, Greece, Hungary, Italy, Poland, Switzerland & UK)
- Range of age (23-81), gender (Males 21/ Females 4)
- Participate in their individual capacity, not as representatives of patients organisations
- Speak & understand English fluently
- All willing to contribute to ESC activities but different degrees of capacity

Patients Forum members at the ESC Congress 2018, Munich



Patient Forum Workshop, EHH Nice October 2018

New Frontiers Ahead.....

- How can we embed this initiative within Education?
- What are the mutual priorities?
- **Collaborative, co-production of the journey**
- **Embrace opportunities**
- **Learn together**
- **Grow together**



Reduce the burden of CVD together!