

Patient Engagement in practice

Egyptian Experience

“Nothing about me without me.”

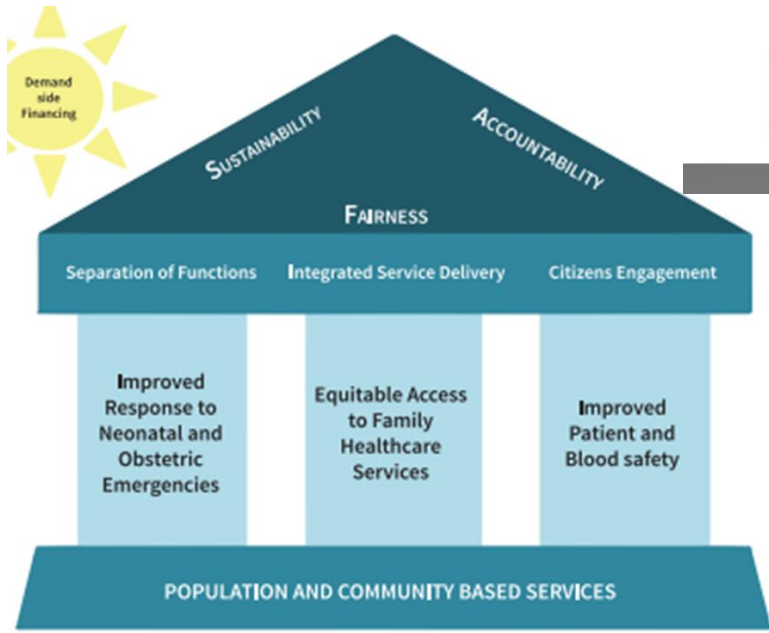
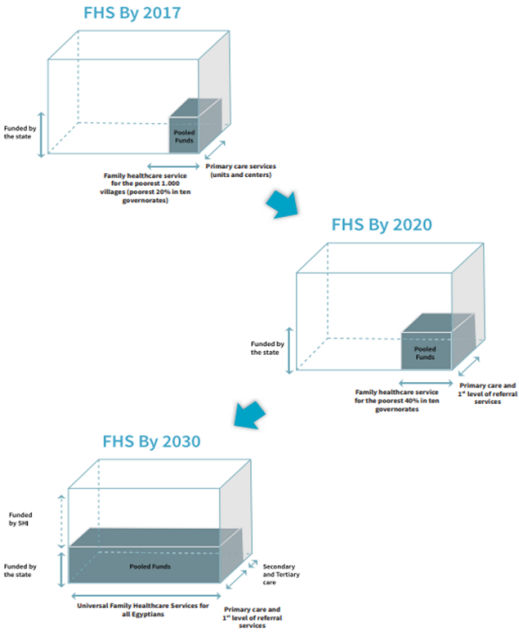
“the process of motivating and enabling patients to participate in their own care with the expectation that, over time outcomes will improve and costs will be reduced.”

Gamela Nasr

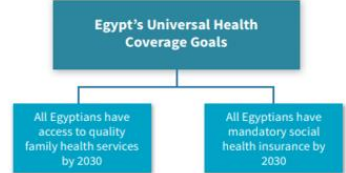
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Egyptian Model of “Family Healthcare Services for All by 2030”



Twin goals proposed for Egypt to Achieve Universal Health Coverage



Stages of Patient Engagement and Empowering the Patient

	Clinical Relationship	Practice Improvement
INFORM	Give information	Give information
INVOLVE	Use patient preferences to inform patient care	Ask for opinions from patients
PARTNER	Making treatment decisions with patient	Design, implement and evaluate improvements with direct patient input from the beginning

Barriers to Patient Engagement

System Barriers

- Culture
- Infrastructure
- Financing

Patient Barriers

- Activation
- Literacy
- Financing

Engagement Interventions is considered in Egypt

Delivery health system

Already designed to assure effective and efficient clinical care and promote self-management

Create culture, organization and mechanisms that promote effective interaction, workflow improvement, and self-management.

Clinical information systems

Patient registry to track assessment scores and patient action plan.

Decision support

Promote self-management strategies consistent with scientific evidence
Telephone engagement and telemedicine and use of patient action plan

Self-management

Plan to use evidence-based guidelines to help patient address barriers to achieving self-management goals

Community services

Linkages with community services



PATIENT EMPOWERMENT

