Frederick H. Epstein
Memorial Lecture 2010

Presentation of the Awardee

Ass Prof Dr J De Sutter
Chairman PEP section EACPR
Frederick E Epstein
1916-1995

• Born on 24 July 1916 in Frankfurt, Germany

• Started studies at the University of Zurich, Switzerland, switched to medicine at the University College Hospital in London in 1937 and graduated in 1944

• 1944 emigration to the US and moved to the University of Michigan
  – Pioneering population study at Tecumseh
  – Chairman of the coordinating center of the Pooling Project

• 1973 moved to Zurich, actively worked on the development of cardiovascular epidemiology and prevention in Switzerland

• Consultant for the WHO in Geneva and National Heart Lung and Blood Institute, US

• Frequently invited lecturer even in his late 70s, died of coronary heart disease in 1995

• 1996 Frederick E Epstein Memorial Lecture nominated by the Council on Epidemiology and Prevention
Professor Dr. Eric Rimm

- Associate professor of epidemiology and nutrition at the Harvard School of Public Health

- Associate Professor of Medicine at the Channing Laboratory, Brigham and Womens Hospital and Harvard Medical School

- Director of the Program in Cardiovascular Epidemiology at the Harvard School of Public Health
Research activities

- Health effects of alcohol, micronutrients, antioxidants and fatty acids
- Plasma and genetic markers of heart disease
- Published more than 300 peer-reviewed manuscripts in journals as NEJM, JAMA, Lancet, Circulation, BMJ,…
- Currently serving on the 2010 USDA Dietary Guidelines for Americans Committee
- Associate Editor of the American Journal of Epidemiology and the American Journal of Clinical Nutrition, Guest Editor for Circulation
Some recent papers (2010)

- “Alcohol intake and risk of coronary heart disease in younger, middle-aged, and older adults”, Circulation 2010

- “Associations between diet, lifestyle factors, and telomere length in women”, Am J Clin Nutr 2010

- “Genetic variants in ABO blood group region, plasma soluble E-selectin levels and risk of type 2 diabetes”, Hum Mol Genet 2010

- “C-reactive protein concentration and risk of coronary heart disease, stroke and mortality: an individual participant meta-analysis”, Lancet 2010

- “Lipoprotein-associated phospholipase A2 activity and incident coronary heart disease among men and women with type 2 diabetes”, Diabetes 2010
Awards and Honors

- 1996: Harvard School of Public Health, Mentor/Teaching Award

- 2003, 2004, 2006: Postdoctoral Fellow, Tobias Pischon, Jeremiah Stamler Award winner for outstanding research, American Heart Association
www.youtube.com

“How to order healthy food in a chinese restaurant”
Diet and lifestyle in the prevention of CVD: where is the biggest bang for the buck?

Prof Dr E Rimm
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*Diet and lifestyle in the prevention of CVD: where is the biggest bang for the buck?*

*Prof Dr E Rimm*