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# Cost-Effectiveness of Fractional Flow Reserve

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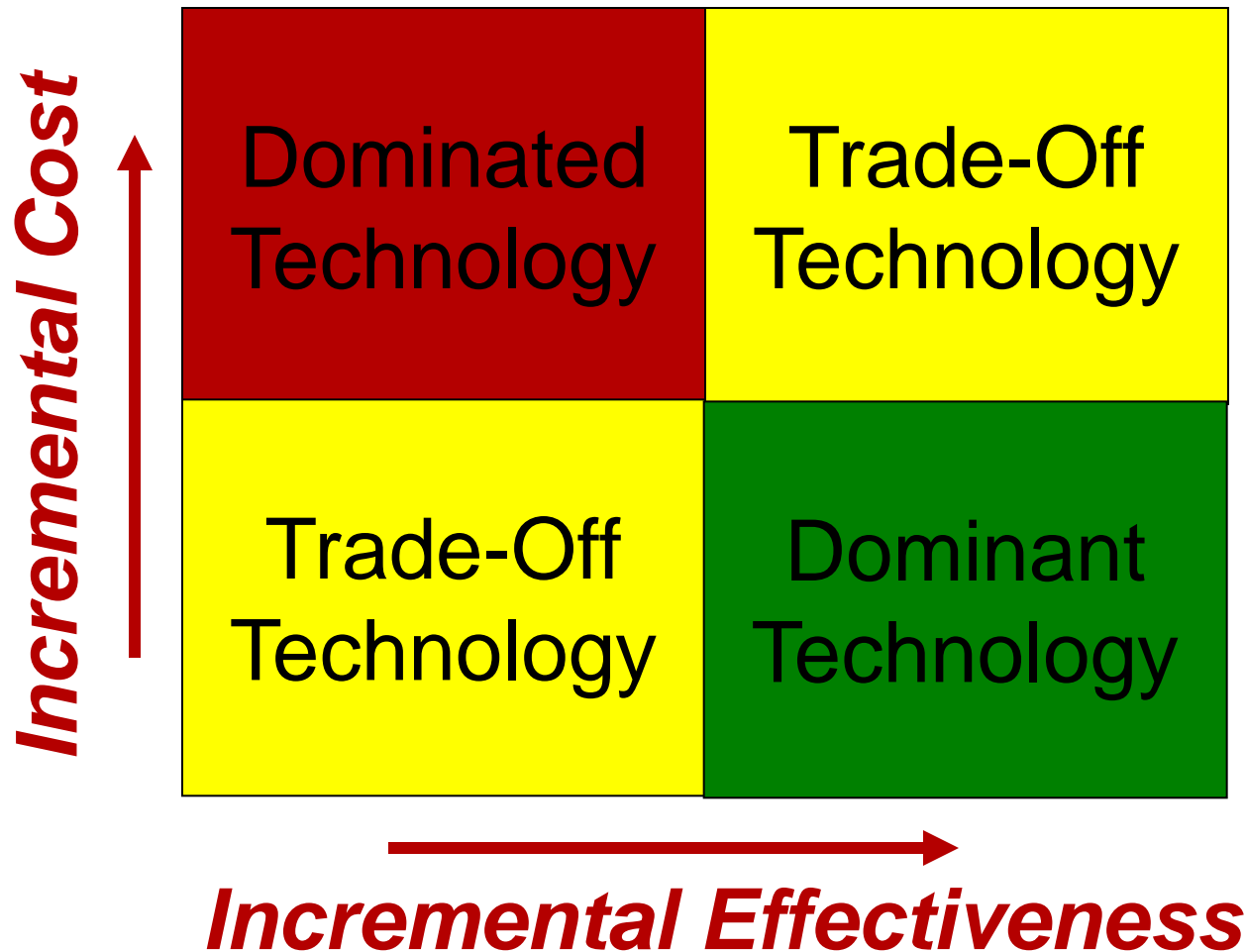
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# Cost-Effectiveness of FFR

- What impact does measuring FFR have on patient outcomes and costs?



# Cost-Effectiveness Plane



# Perspectives: New Yorker's View of the World

*Interventionalist*

*vs.*

*Hospital*

*vs.*

*Health Care System*



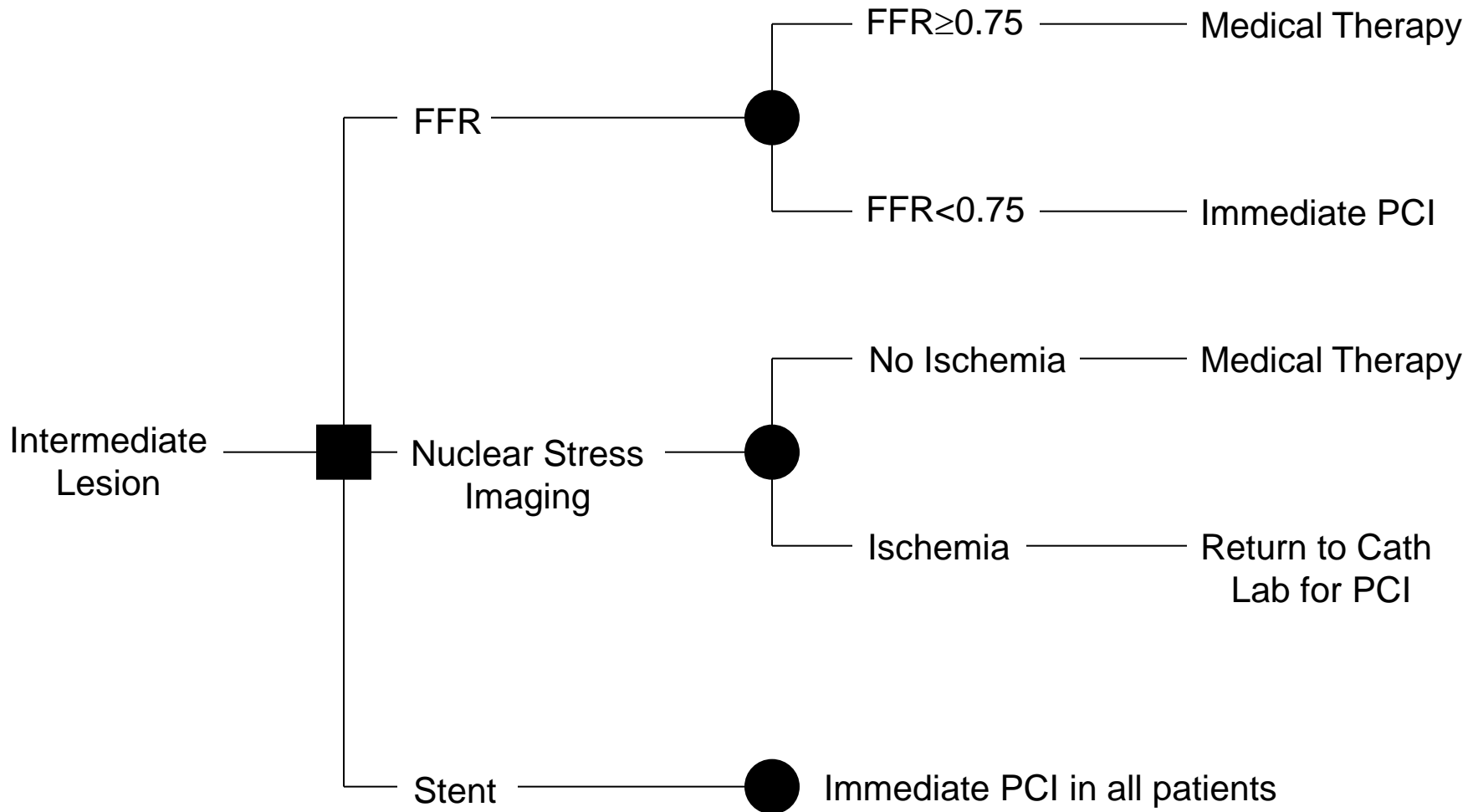
# Is FFR Cost Effective?

## *Computer Modeling*

- Evaluate and compare the cost implications of three strategies for intermediate lesions:
  - obtain a nuclear stress imaging study (*NUC Strategy*)
  - stent all patients with intermediate lesions (*STENT Strategy*)
  - measure FFR at the time of angiography to help guide the decision for PCI (*FFR Strategy*)



# Decision Tree:



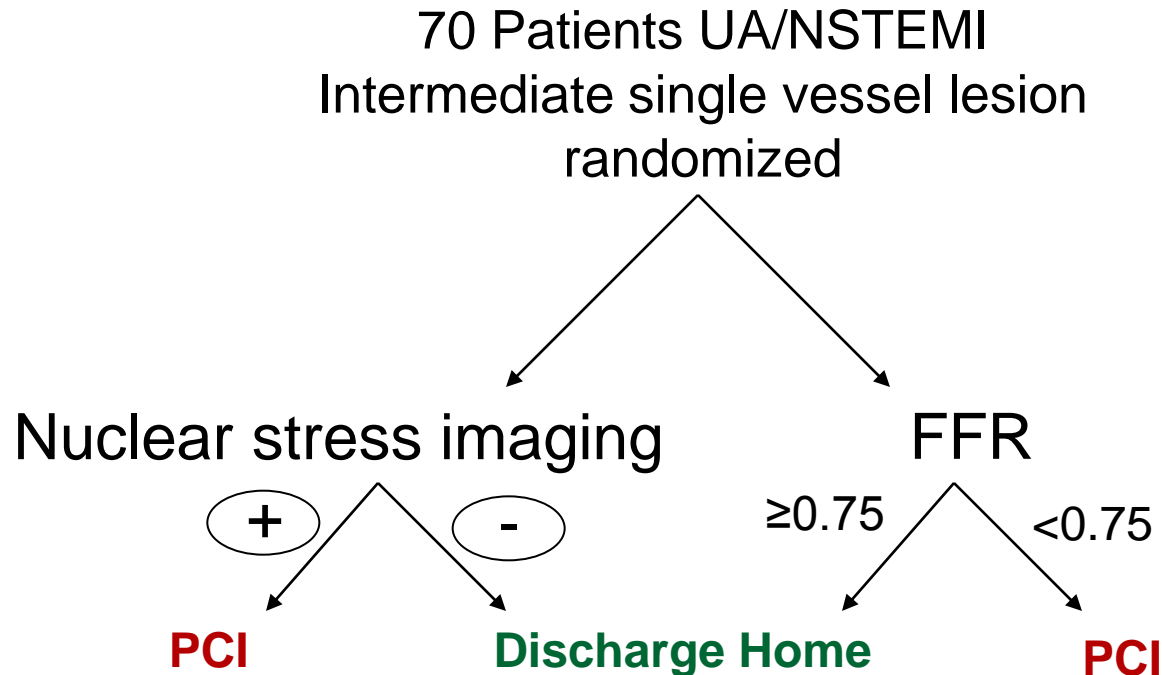
# FFR is Cost Effective

	Total Cost	QALYs*	Cost / QALY Gained
<i>NUC Strategy</i>	\$13,190	14.7962	
<i>FFR Strategy</i>	\$11,395	14.7940	
<b>Difference</b>	<b>\$1,795</b>	<b>0.0022</b>	<b>\$808,000</b>
<i>STENT Strategy</i>	\$15,225	14.7761	
<i>FFR Strategy</i>	\$11,395	14.7940	
<b>Difference</b>	<b>\$3,830</b>	<b>- 0.0179</b>	<b>FFR Dominates</b>



# IS FFR Cost-Effective?

## *Clinical Validation: Single Vessel CAD*



*Endpoints:* clinical outcome,  
duration/cost of hospitalization





# Is FFR Cost-Effective?

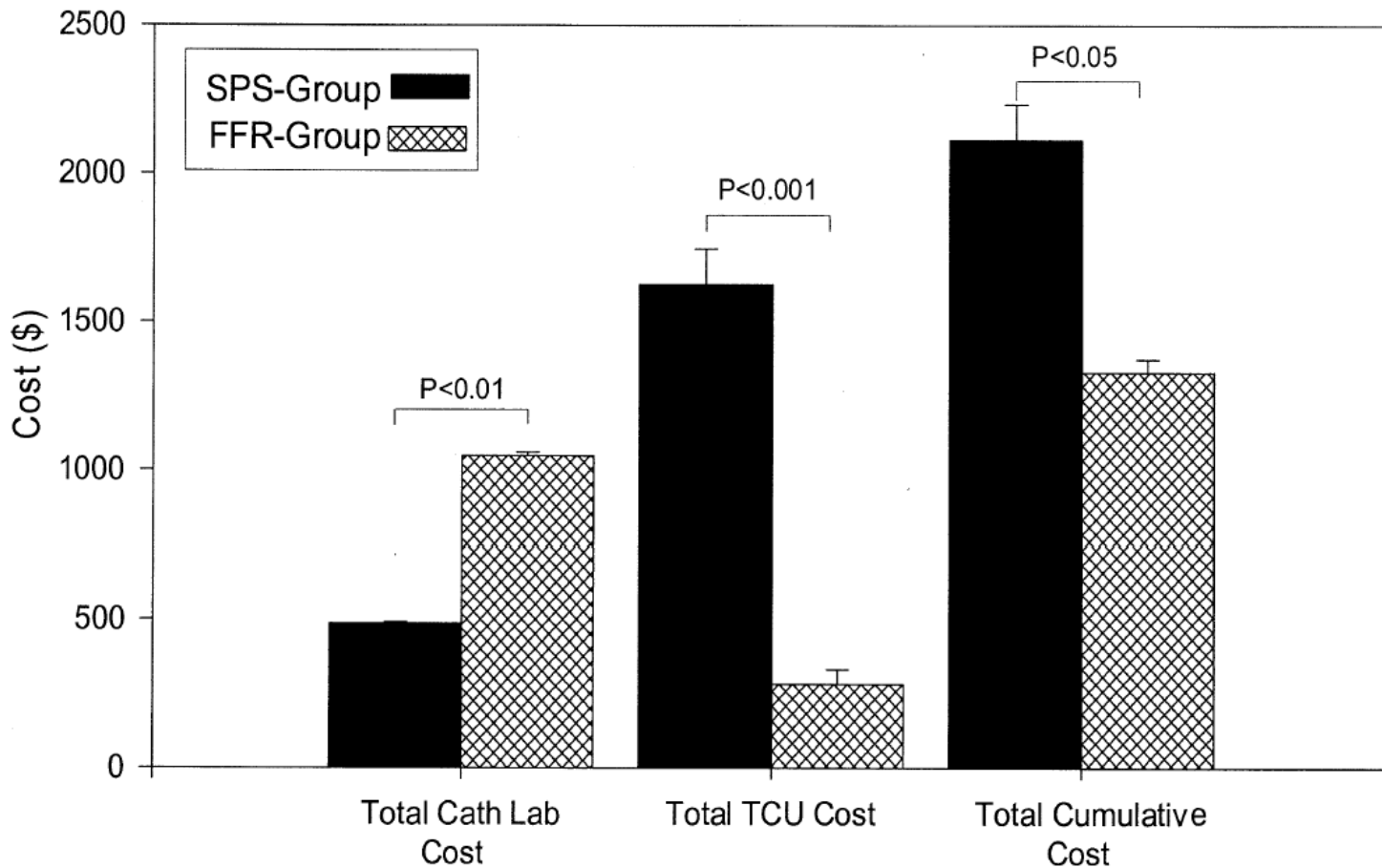
## *FFR Resulted in Shorter Hospital Stay*

	<b>Group 1 (SPS) (n = 35)</b>	<b>Group 2 (FFR) (n = 35)</b>	<b>p Value</b>
Procedure time (min)	36 ± 2	47 ± 3	NS
Radiation exposure time (min)	7 ± 1	9 ± 1	NS
Amount of contrast media used (ml)	167 ± 8	182 ± 12	NS
Duration of hospitalization (h)	49 ± 5	11 ± 2	< 0.001
Post-procedural time in the cath lab (min)	75 ± 7	162 ± 25	< 0.01



# Is FFR Cost-Effective?

***FFR resulted in lower costs***



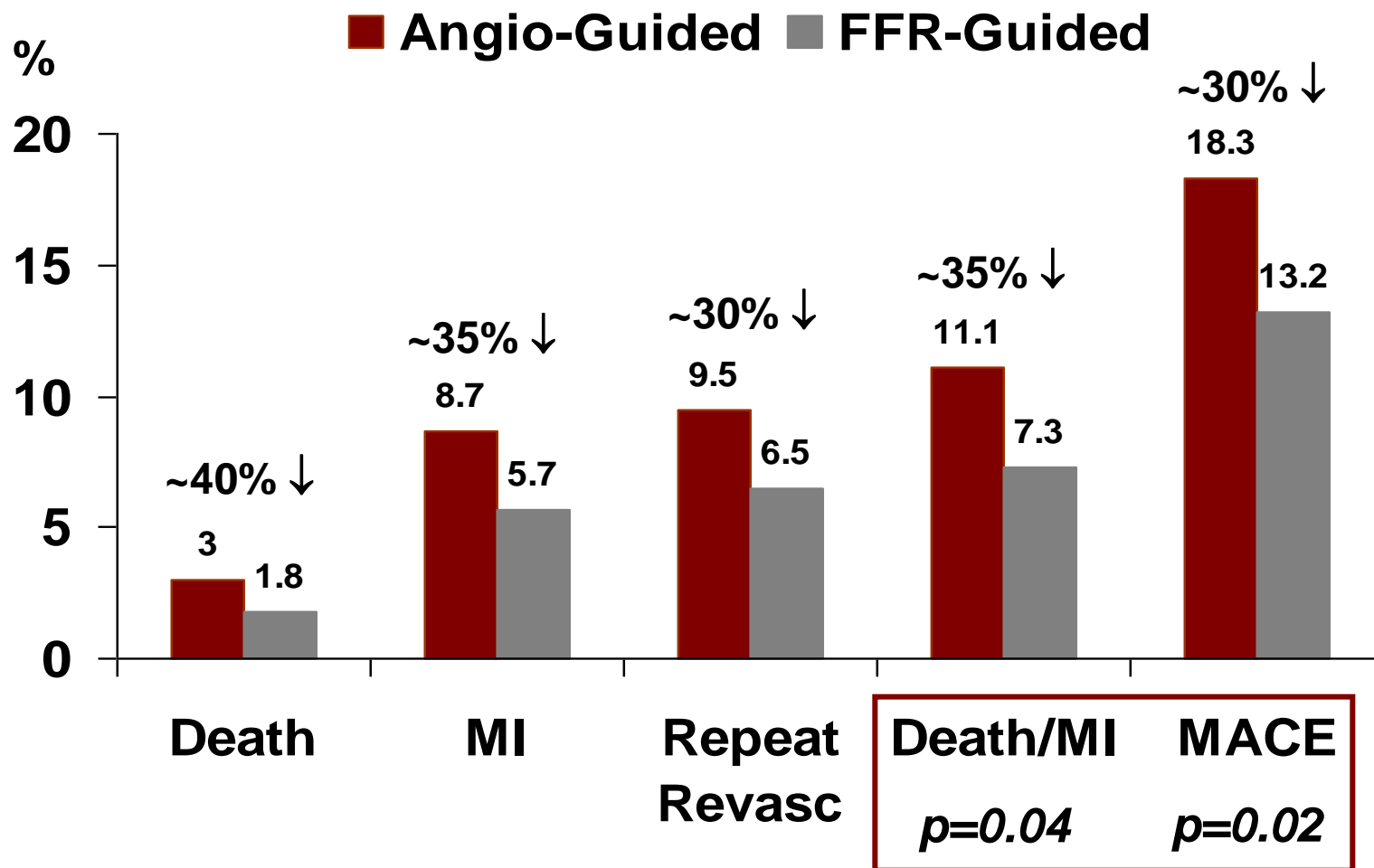
# Is FFR Cost-Effective?

***FFR guidance resulted in similar clinical outcomes***

	<b>Group 1 (SPS) (n = 34)</b>	<b>Group 2 (FFR) (n = 34)</b>
Average follow-up (months)	12.0 ± 0.8	14.0 ± 1.0
Death	0	0
Angina		
No angina (n)	17	24
CCS classification of angina (n)		
1-2	17	10
3-4 (admitted to the hospital)	6	5
Stress perfusion scintigraphy	4	4
Negative (n)	4	4
Cardiac catheterization	2	3
Results (no change)	2	2
Disease progression	0	1
MI	1	1
CABG including target vessel	1	2
PCI	0	0



# FAME Study: One Year Outcomes



# FAME: Economic Evaluation

## *Methods*

- Economic evaluation in the context of the US health care system
- Calculated the incremental cost effectiveness ratio (ICER)
  - Net incremental costs of each strategy divided by net incremental health outcomes
    - Resource consumption
    - Health related quality of life (EQ-5D)
- One year time horizon
- Societal perspective, using direct costs



# FAME: Economic Evaluation

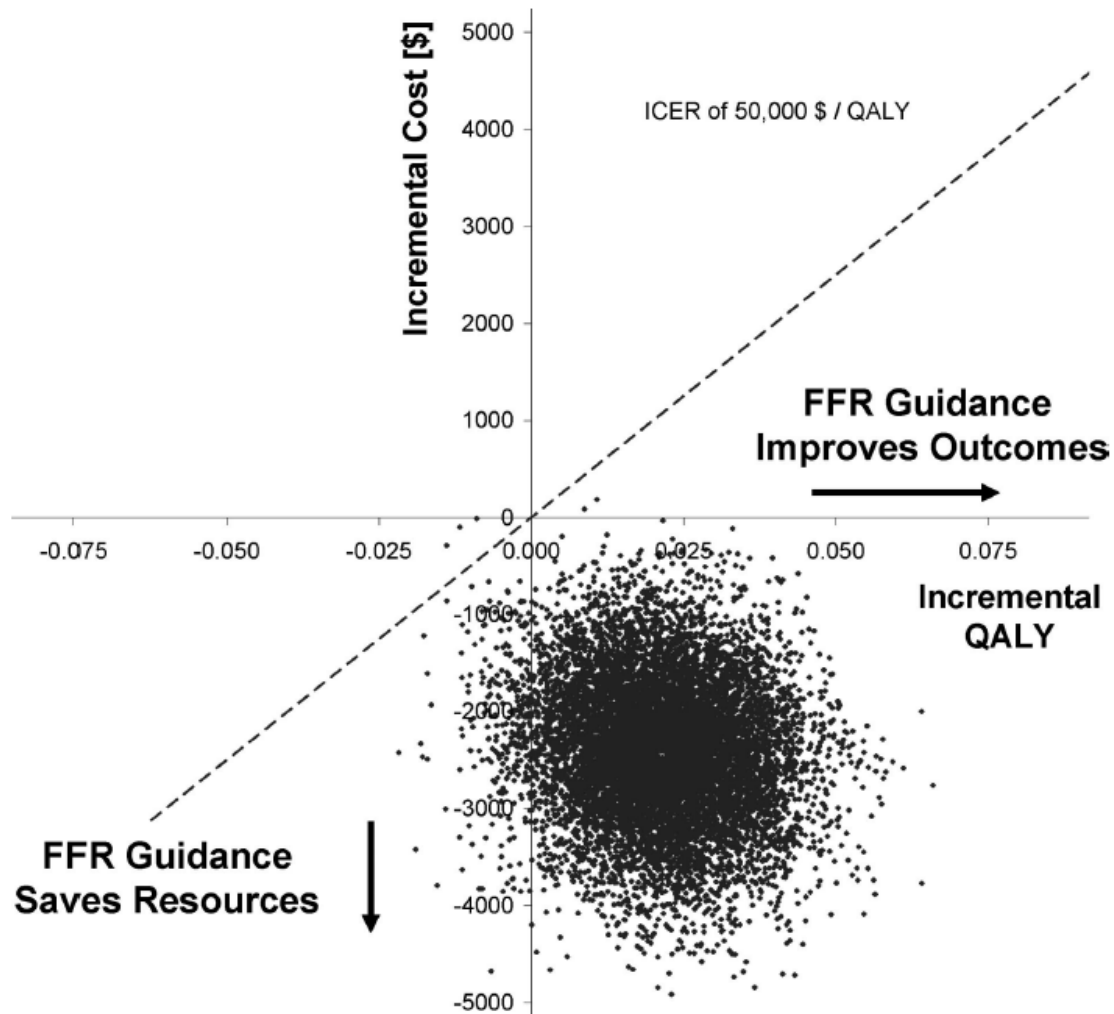
## *Overall Health Outcomes and Costs*

Outcome	Angiography Guided	FFR Guided	Difference (95% CI)
MACEs, %	18.3	13.2	5.2 (0.7–9.7)
MI, %	8.7	5.7	3.0 (–0.2–6.2)
Death, %	3.0	1.8	1.3 (–0.6–3.2)
MI or death, %	11.1	7.3	3.8 (0.3–7.4)
QALY	0.838	0.853	0.015 (–0.008–0.037)
Costs of initial procedure, \$	6007	5332	
Costs of initial hospitalization, \$	14 878	13 182	–1697 (–2893––510)
Cost of events during 12-mo follow-up	1821	1134	–668 (–1383––25)
Overall costs, \$	16 700	14 315	–2384 (–3826––1011)



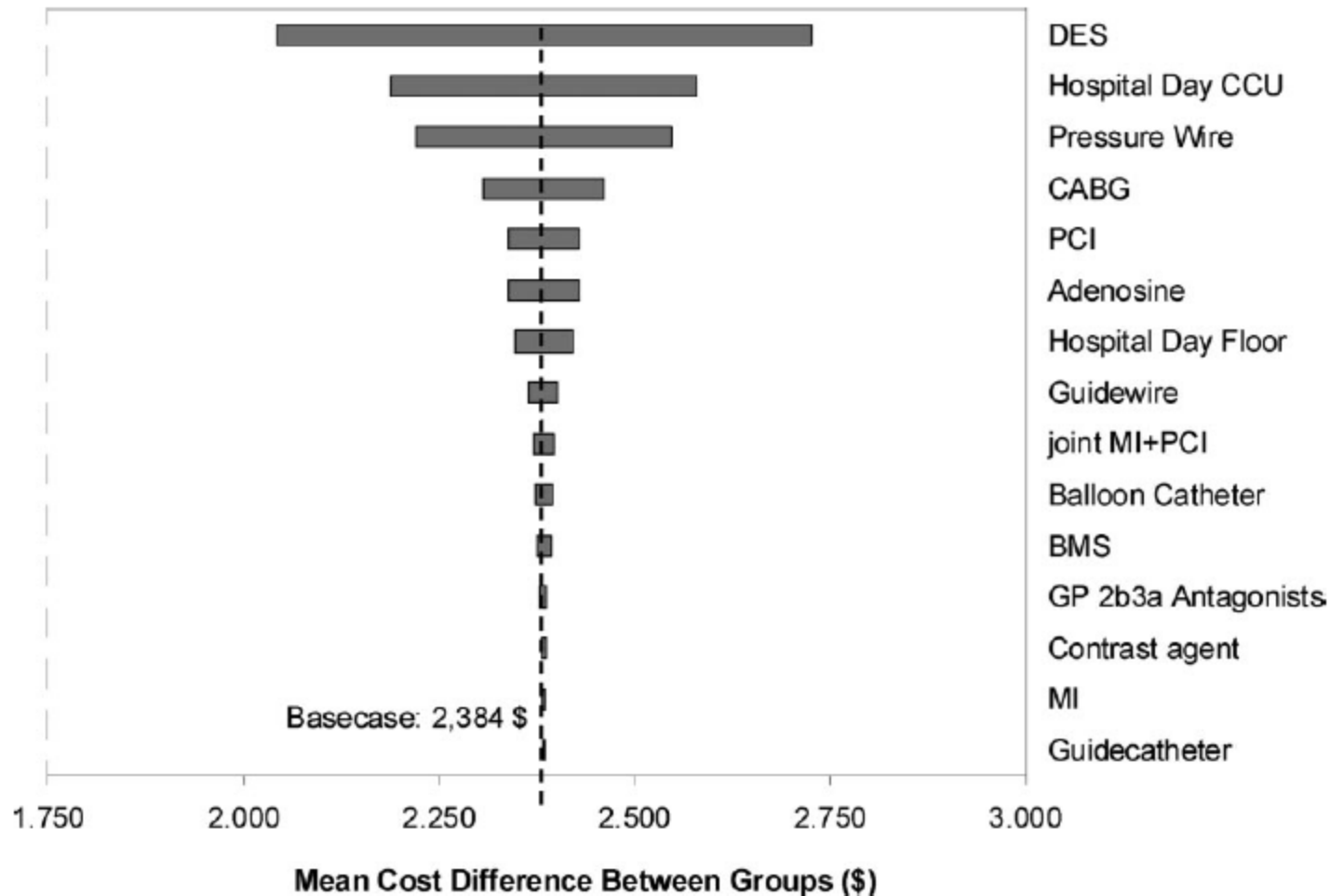
# FAME: Economic Evaluation

## *Bootstrap Analysis*



# FAME: Economic Evaluation

## *Sensitivity Analysis*





# FAME: Economic Evaluation

## *Limitations*

- Short time horizon
- Missing quality of life values and relatively large time intervals
- Did not account for indirect costs
- Results apply to US health care system
- Majority of patients were enrolled outside of the US



# Cost-Effectiveness of FFR

- FFR-guided PCI is a “dominant” strategy when compared to angiography-guided PCI in patients with multivessel CAD.
- What about the cost-effectiveness of FFR-guided PCI in comparison with best medical therapy in patients with stable CAD?



# FAME 2

Stable CAD patients scheduled for 1, 2 or 3 vessel DES-PCI  
N = 1220

FFR in all target lesions

**Randomized Trial**

**Registry**

At least 1 stenosis  
with  $FFR \leq 0.80$  (n=888)

Randomization 1:1

PCI + MT

MT

**73%**

When all  $FFR > 0.80$   
(n=332)

MT

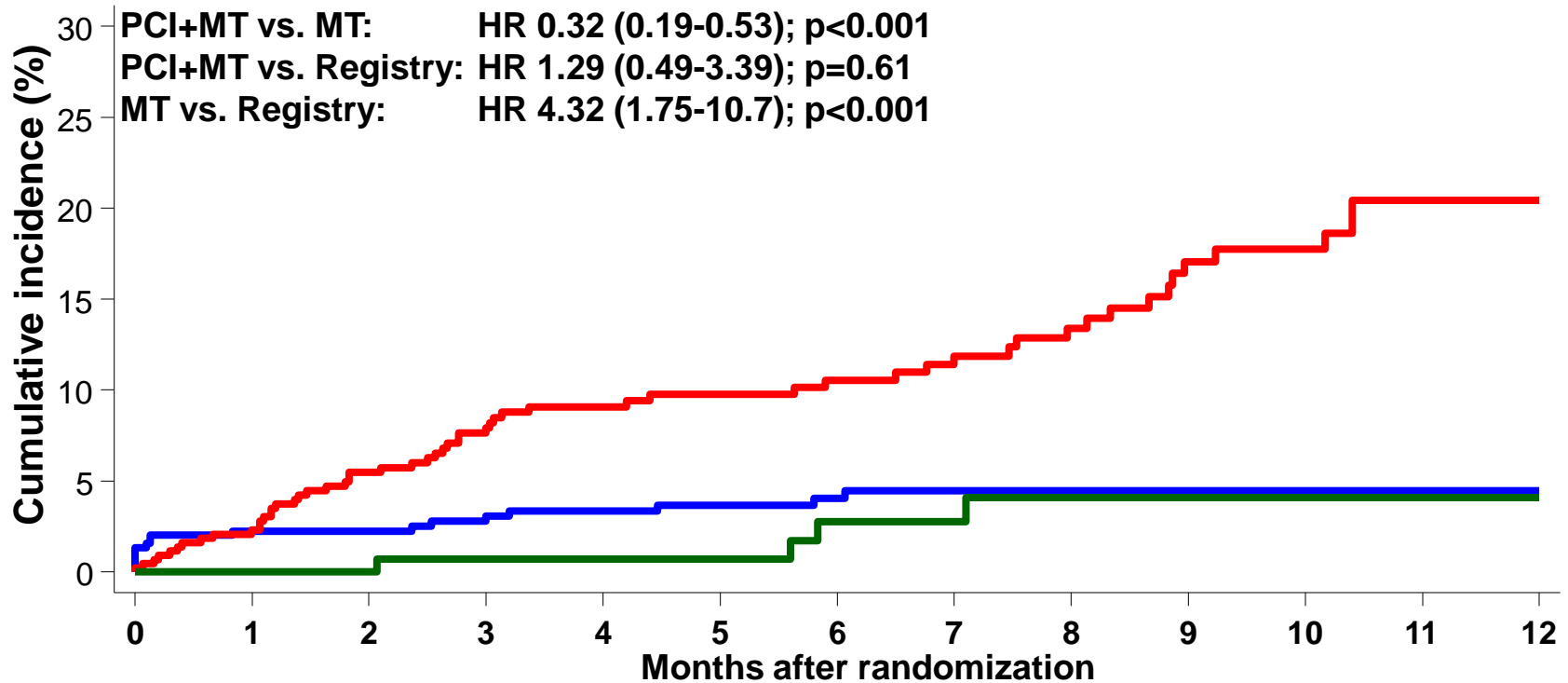
**27%**

50% randomly  
assigned to FU

Primary Endpoint: Death, MI or Urgent Revascularization at 2 Yr



# Primary Endpoint: *Death, MI, Urgent Revasc*



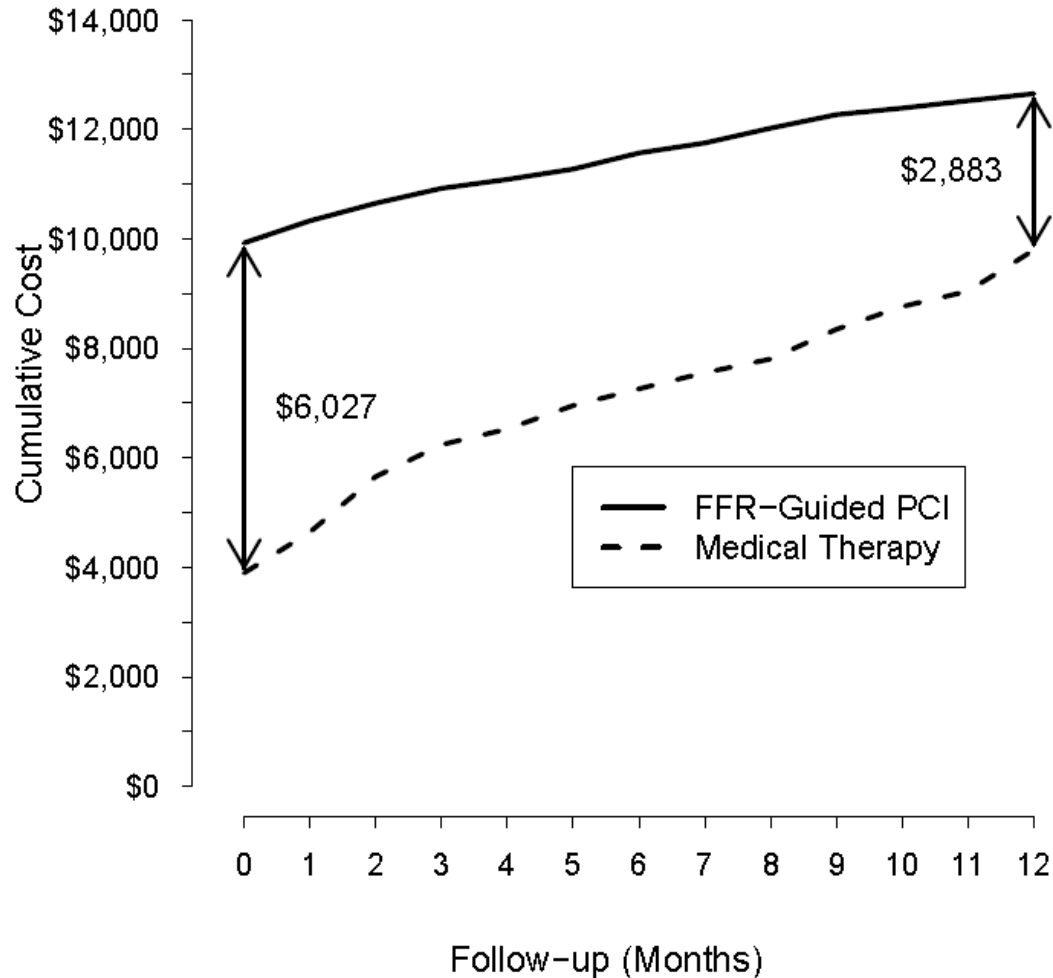
No. at risk

MT	441	414	370	322	283	253	220	192	162	127	100	70	37
PCI+MT	447	414	388	351	308	277	243	212	175	155	117	92	53
Registry	166	156	145	133	117	106	93	74	64	52	41	25	13



# FAME 2: Cost-Effectiveness

## *Change in Costs over Time*



Updated from TCT 2012 Late Breaking Trial



# FAME 2: Cost-Effectiveness

## *Change in Quality of Life*

<b>Treatment Arm</b>	<i>Baseline</i>	<i>1 Month</i>	<i>Difference</i>
<i>FFR-Guided PCI</i>	0.817	0.871	0.054
<i>Medical Therapy</i>	0.845	0.846	0.001



# FAME 2: Cost-Effectiveness

- Assuming the difference in QALY between PCI and Medical Therapy would gradually narrow and disappear over three years...

## Three Year Projection

$$\text{\$2,883} / 0.079 \text{ QALY} = \text{\$36,000} / \text{QALY}$$



# FAME 2: Cost-Effectiveness

## *Sensitivity Analyses*

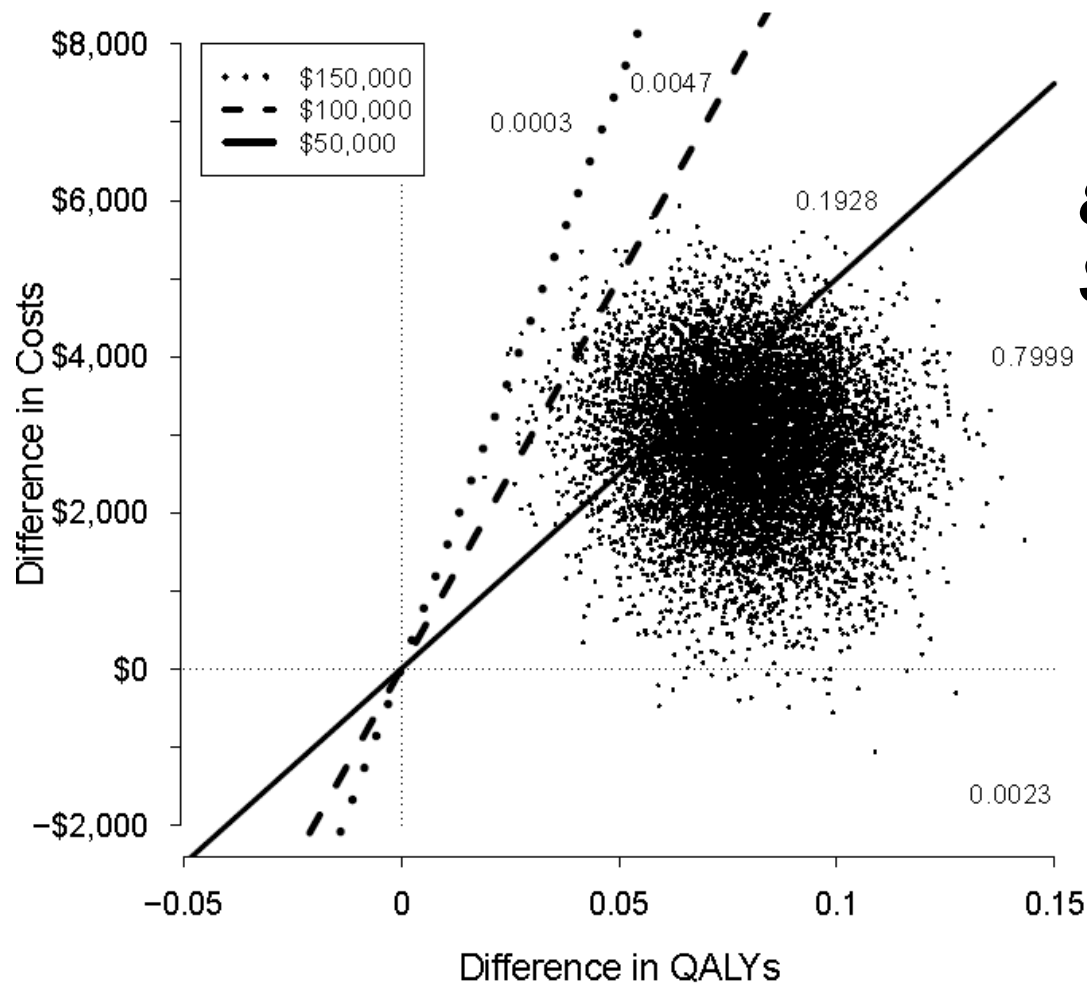
<i>Variable</i>	<i>\$ / QALY</i>
DES + \$400	44,000
DES - \$400	29,000
No pressure wire in MT arm	44,000
Benefit of PCI lasts 2 years	54,000
Benefit of PCI lasts 4 years	27,000
Non-urgent PCI in MT arm = \$0	55,000





# FAME 2: Cost Effectiveness

## *Bootstrap Simulation*

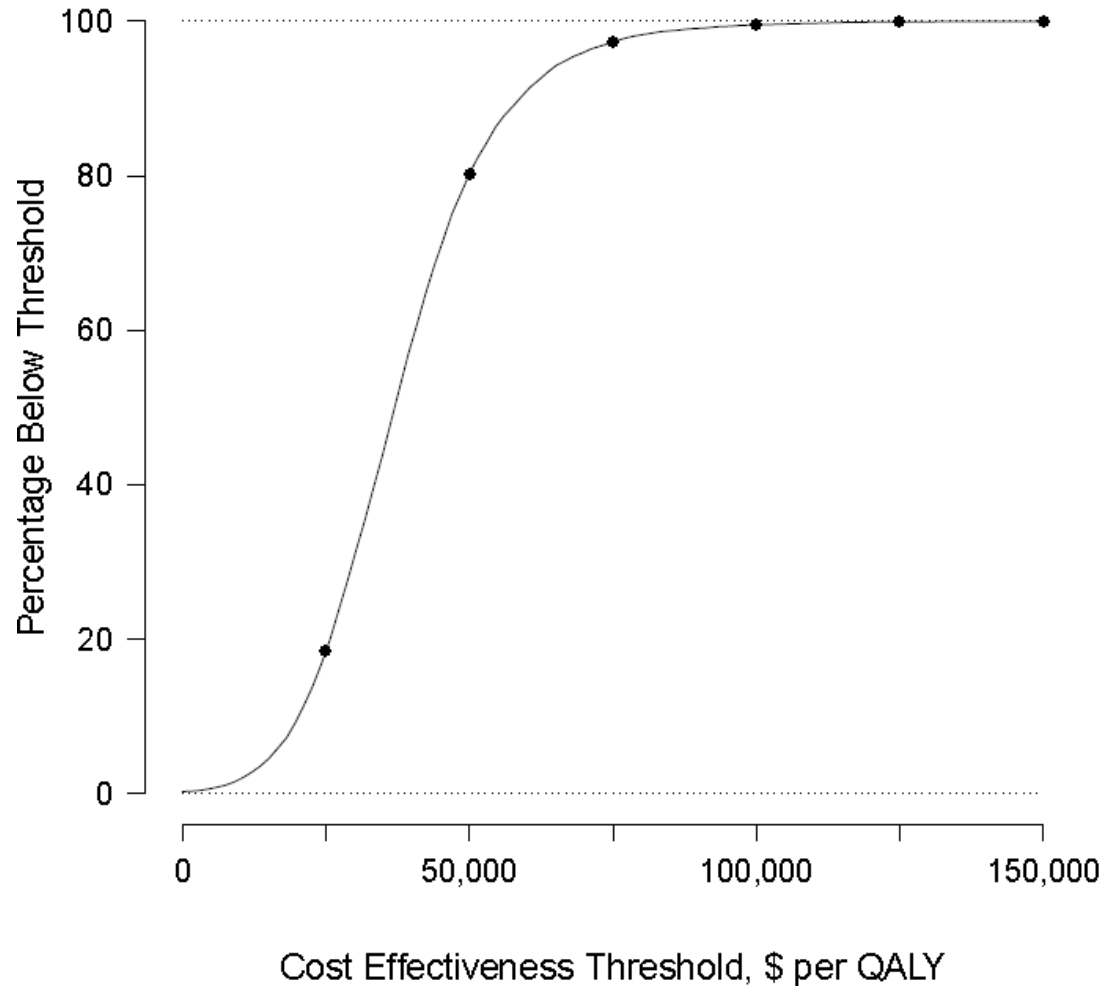


**80% are less than  
\$50,000 / QALY**



# FAME 2: Cost Effectiveness

## *Cost Acceptability Curve*



# Cost-Effectiveness of FFR

## *Conclusion*

- Although measuring FFR does add cost to a procedure, because it improves patient outcomes in all settings and avoids unnecessary PCI in some, FFR is a cost-effective technique in almost all scenarios.

