

Imaging and heart failure

Jeroen J Bax

Dept of Cardiology

Leiden Univ Medical Center

The Netherlands

Davos, feb 2013

Research grants: Medtronic, Biotronik, Boston, St Jude,
BMS imaging, GE Healthcare, Edwards

Severe heart failure

Patient tailored approach

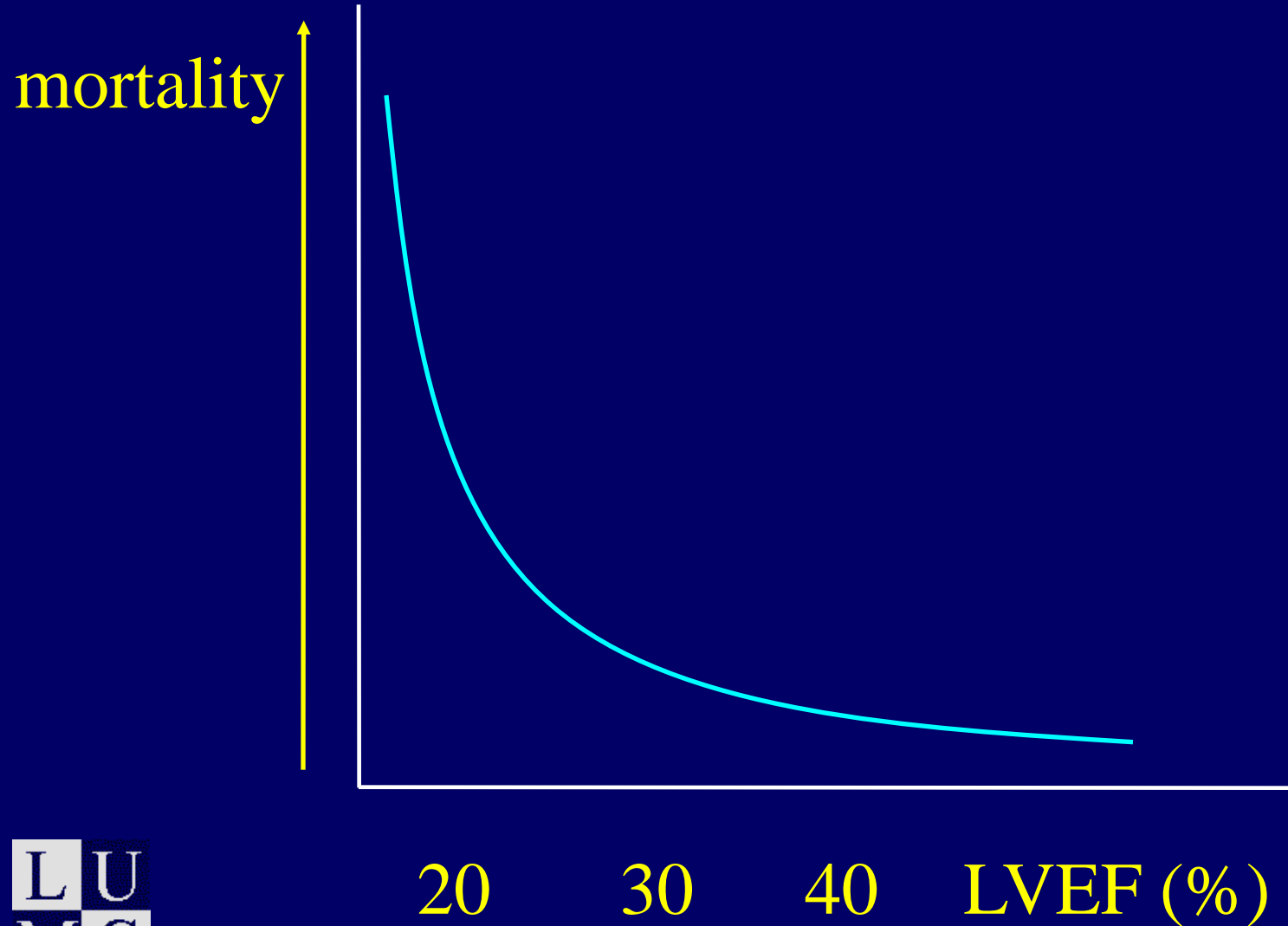
LV function and size?

CAD: yes or no?

CAD: ischemia? viability?

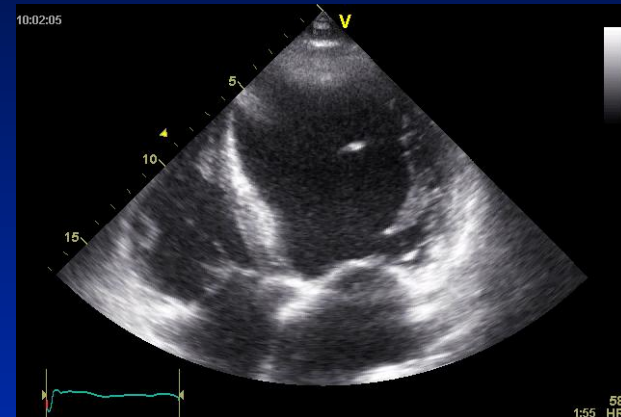
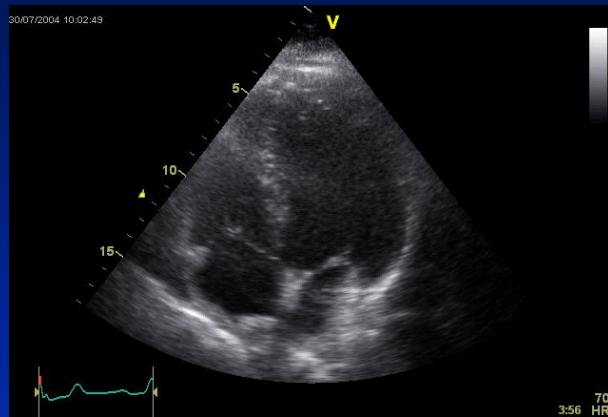
Severe MR?

LV function and size?



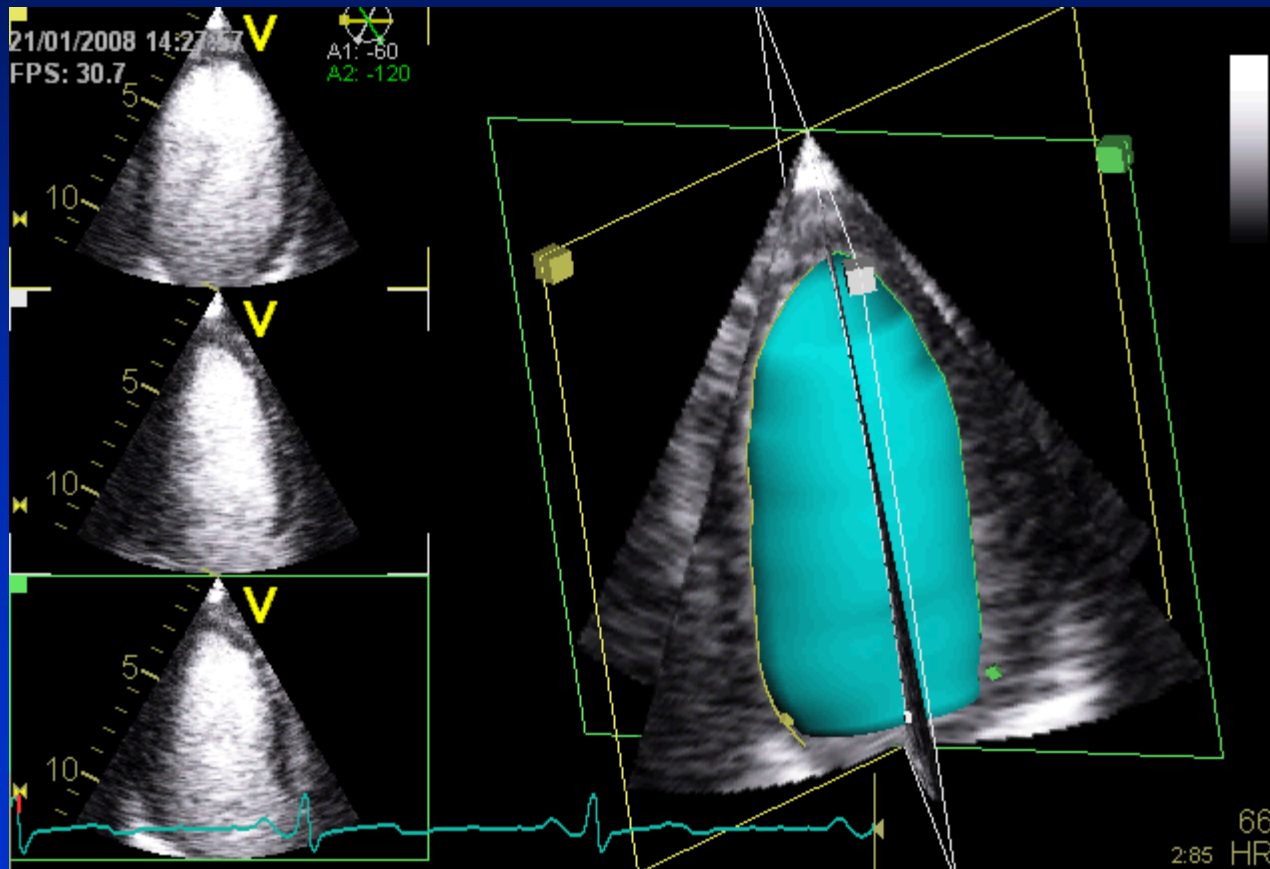
LV function and size?

First choice: echo

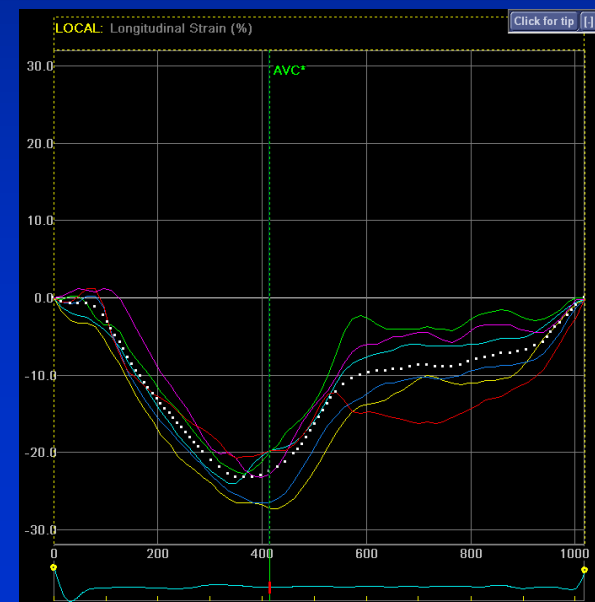
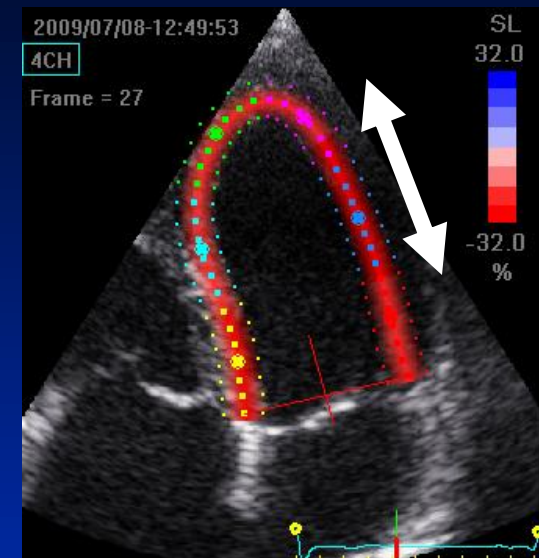
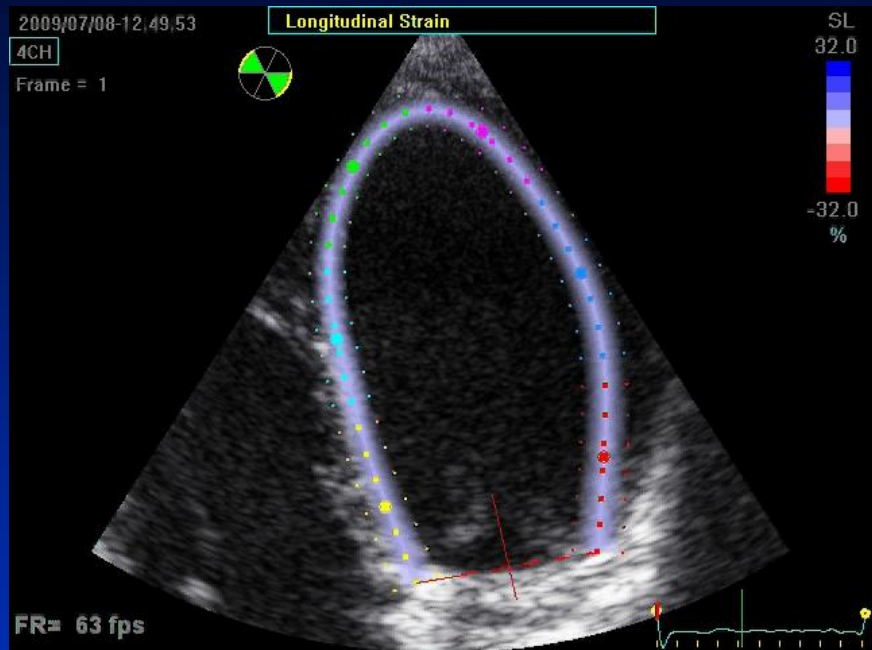


LV function and size?

Towards 3D imaging?

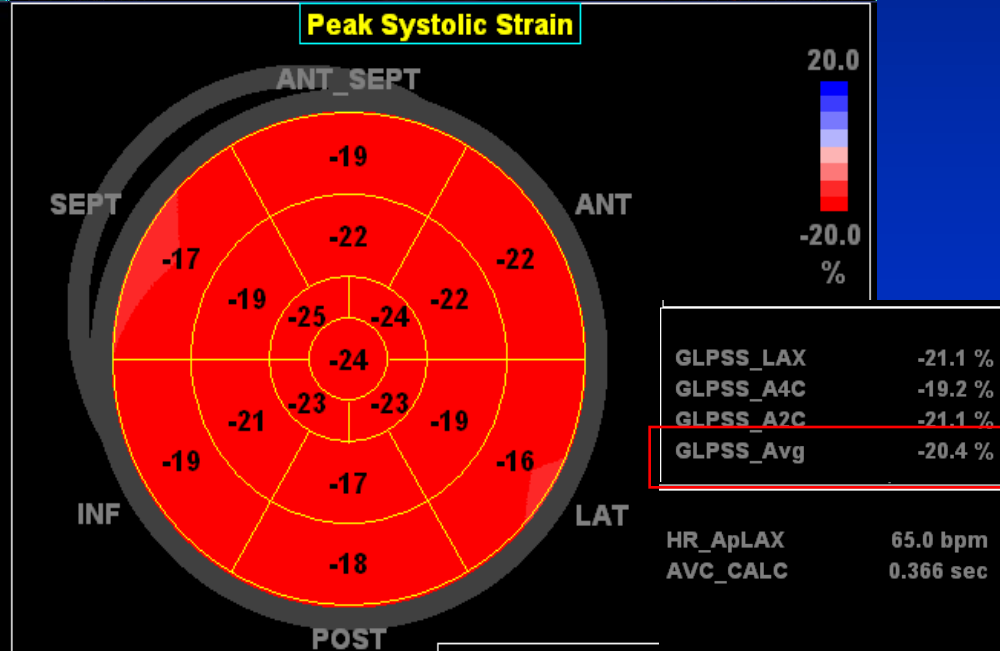
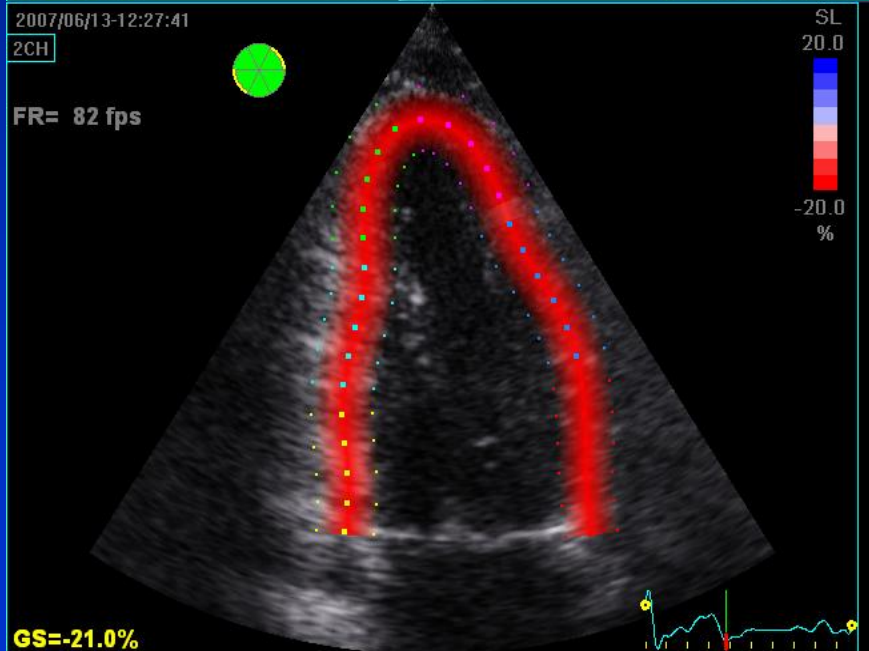
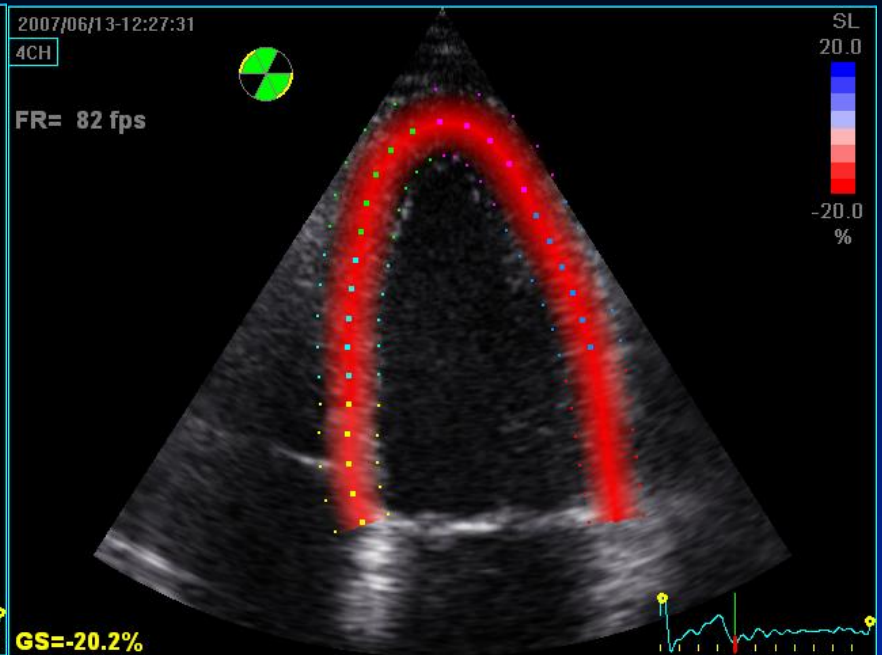
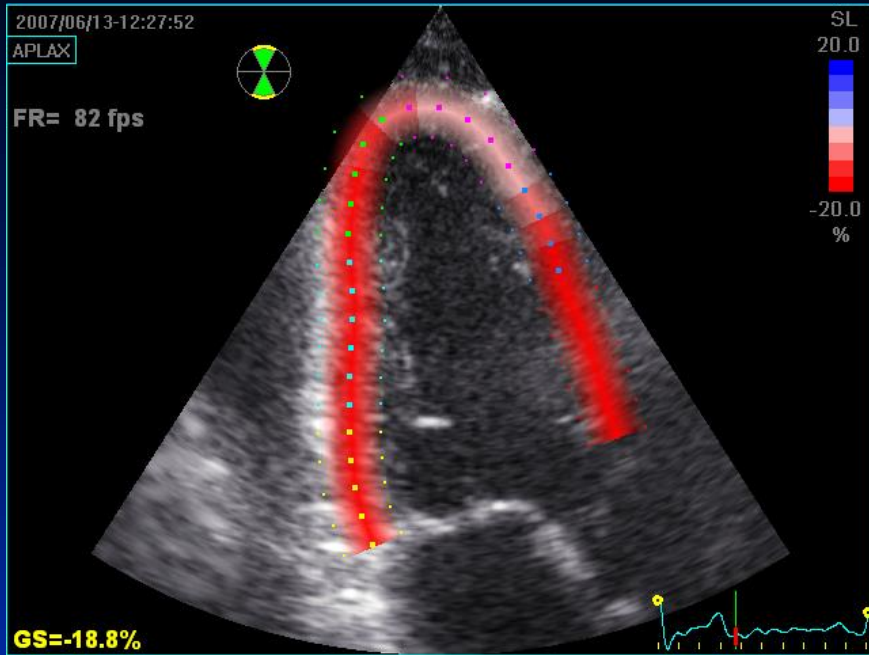


Advanced LV function assessment

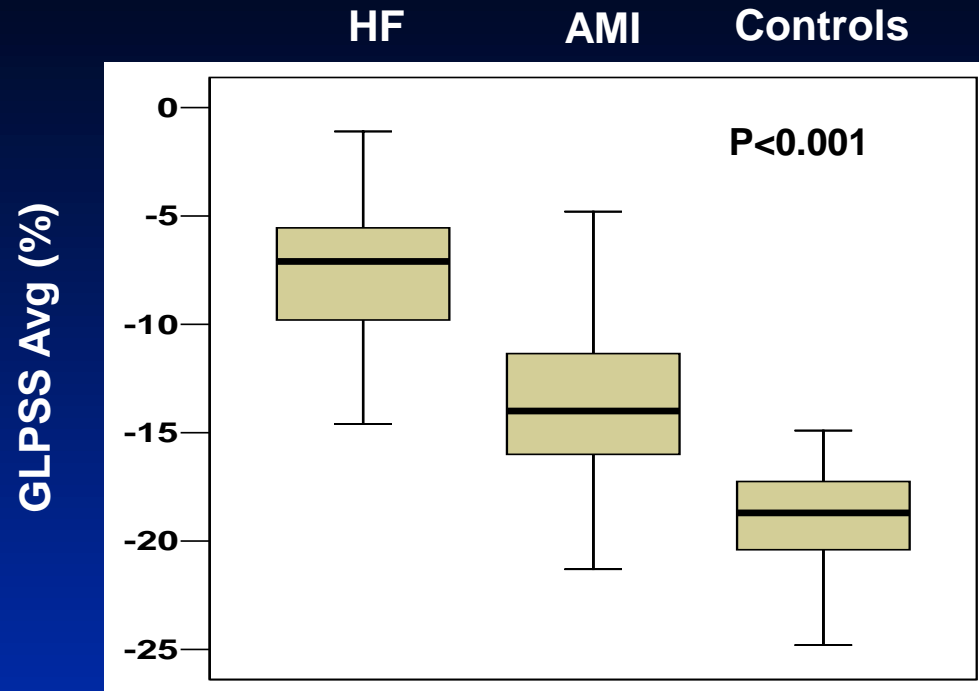


Longitudinal
strain

From regional to global LV strain



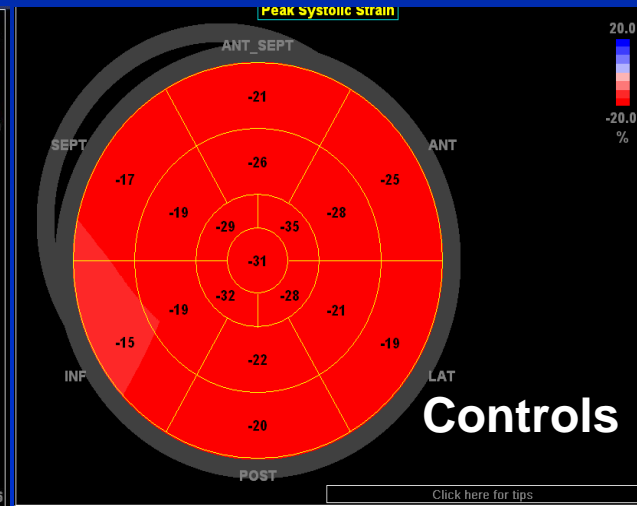
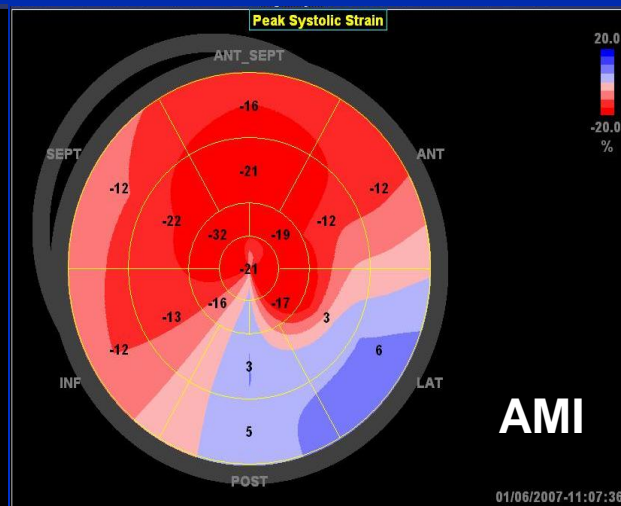
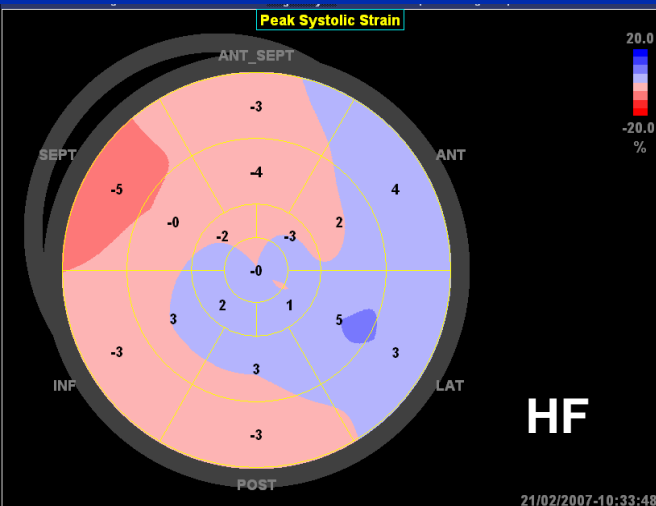
Global strain maps: HF, infarction, and normal



GLPSS Avg: $-7.3 \pm 3\%$

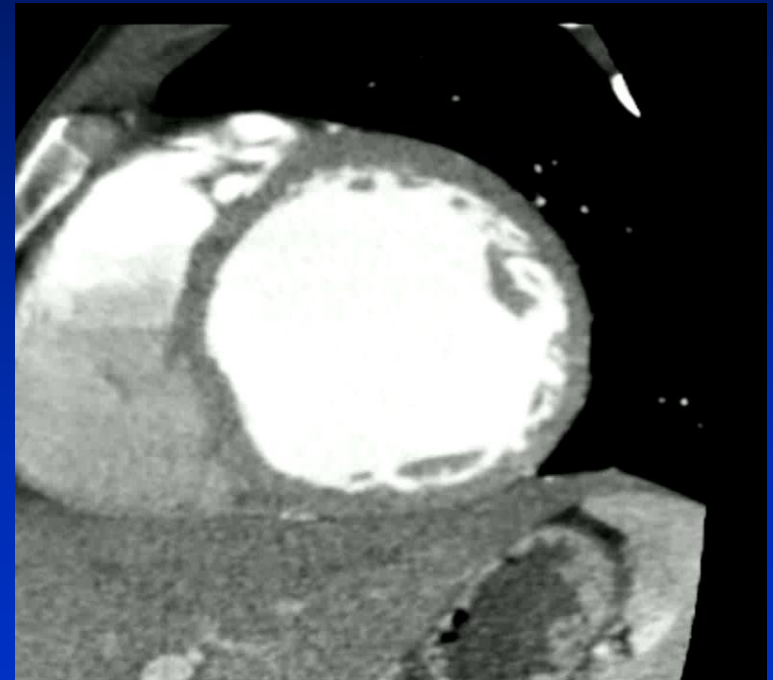
GLPSS Avg: $-13.8 \pm 3.3\%$

GLPSS Avg: $-19.1 \pm 3.1\%$



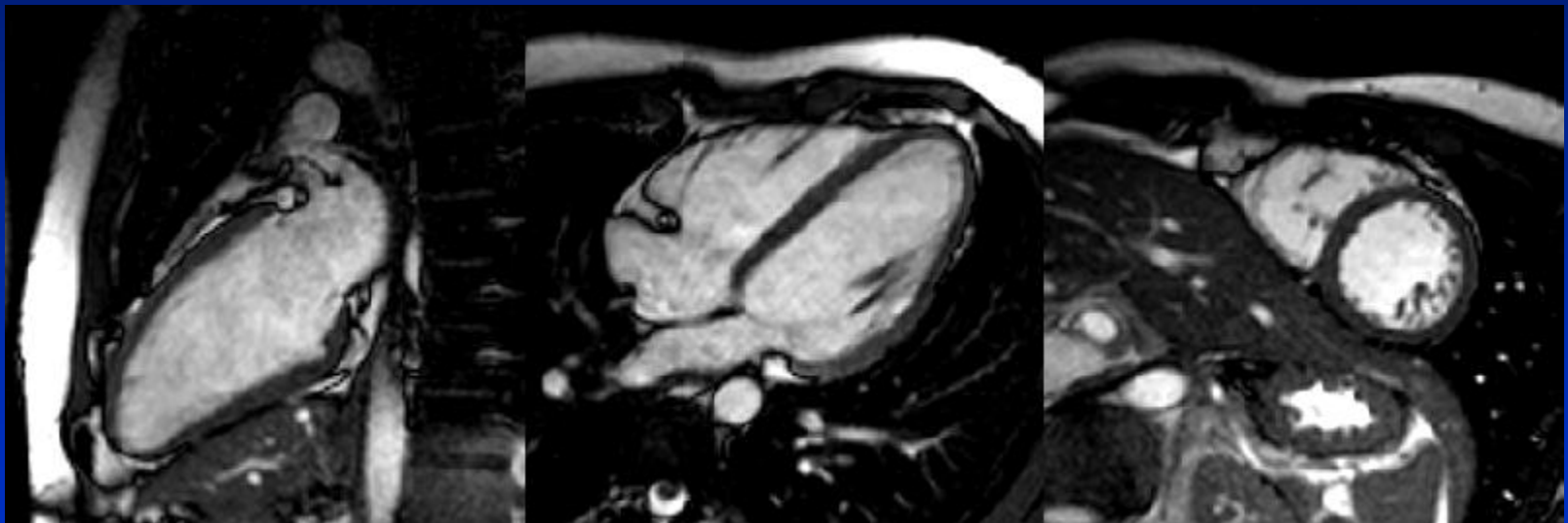
LV function and size?

Other techniques?

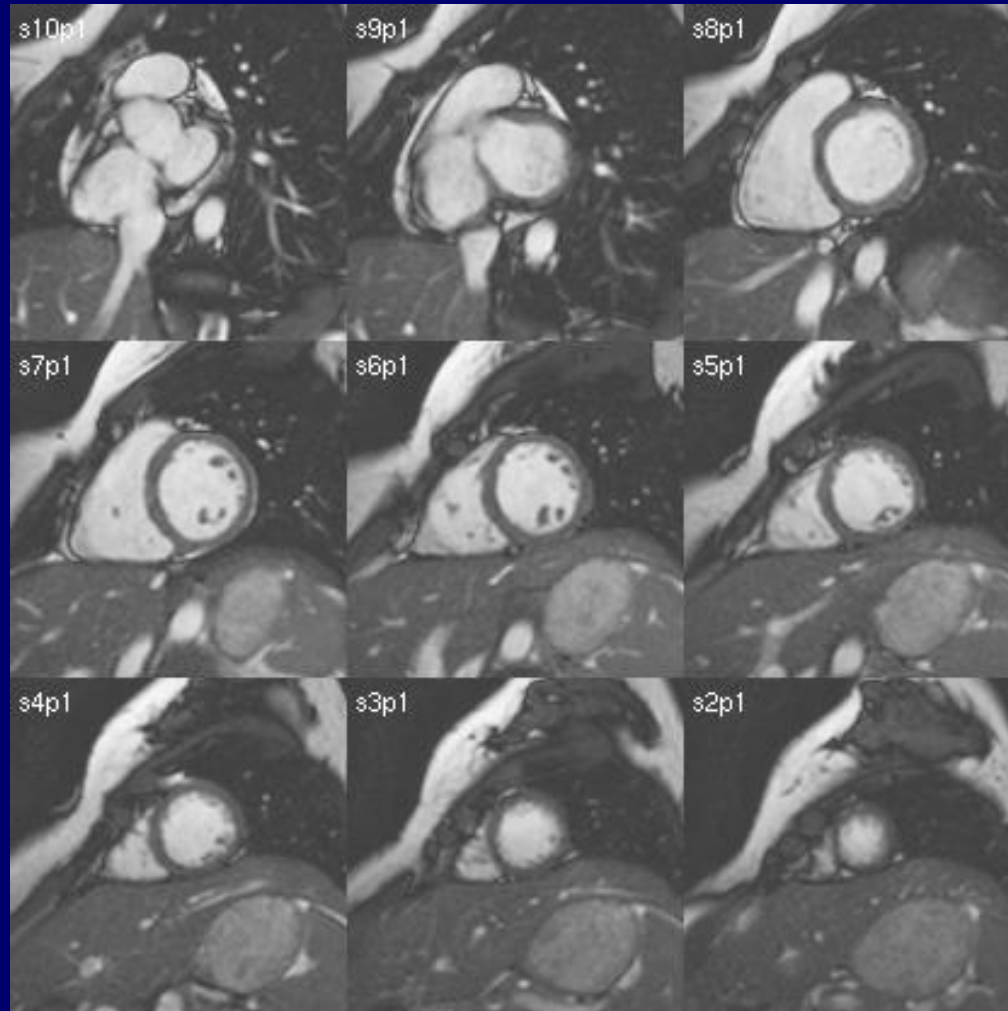


LV function and size?

Other techniques?

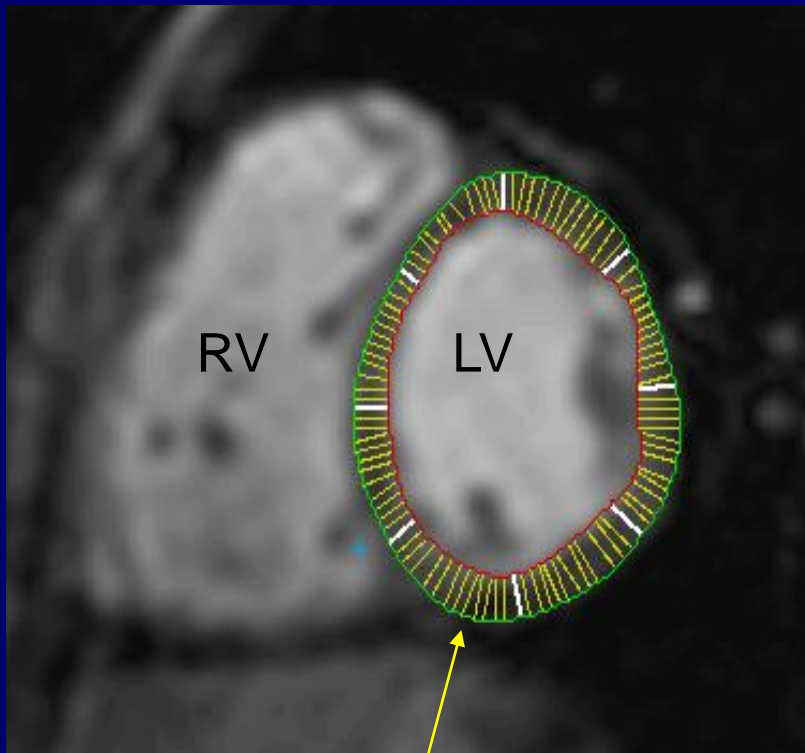


Center-line method to quantify LVEF and volumes



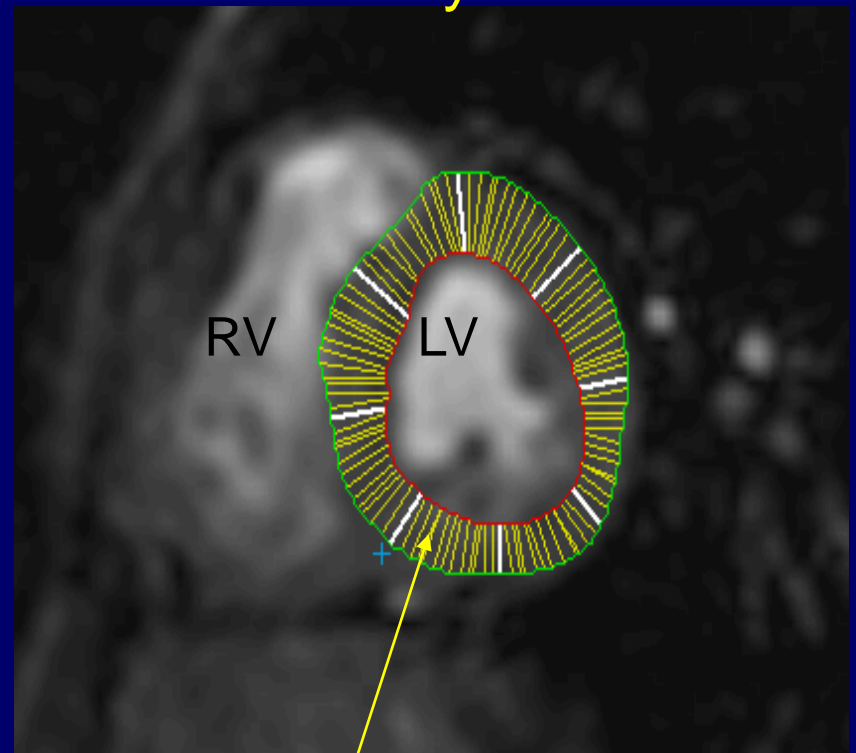
Center-line method to quantify LVEF and volumes

End-diastole



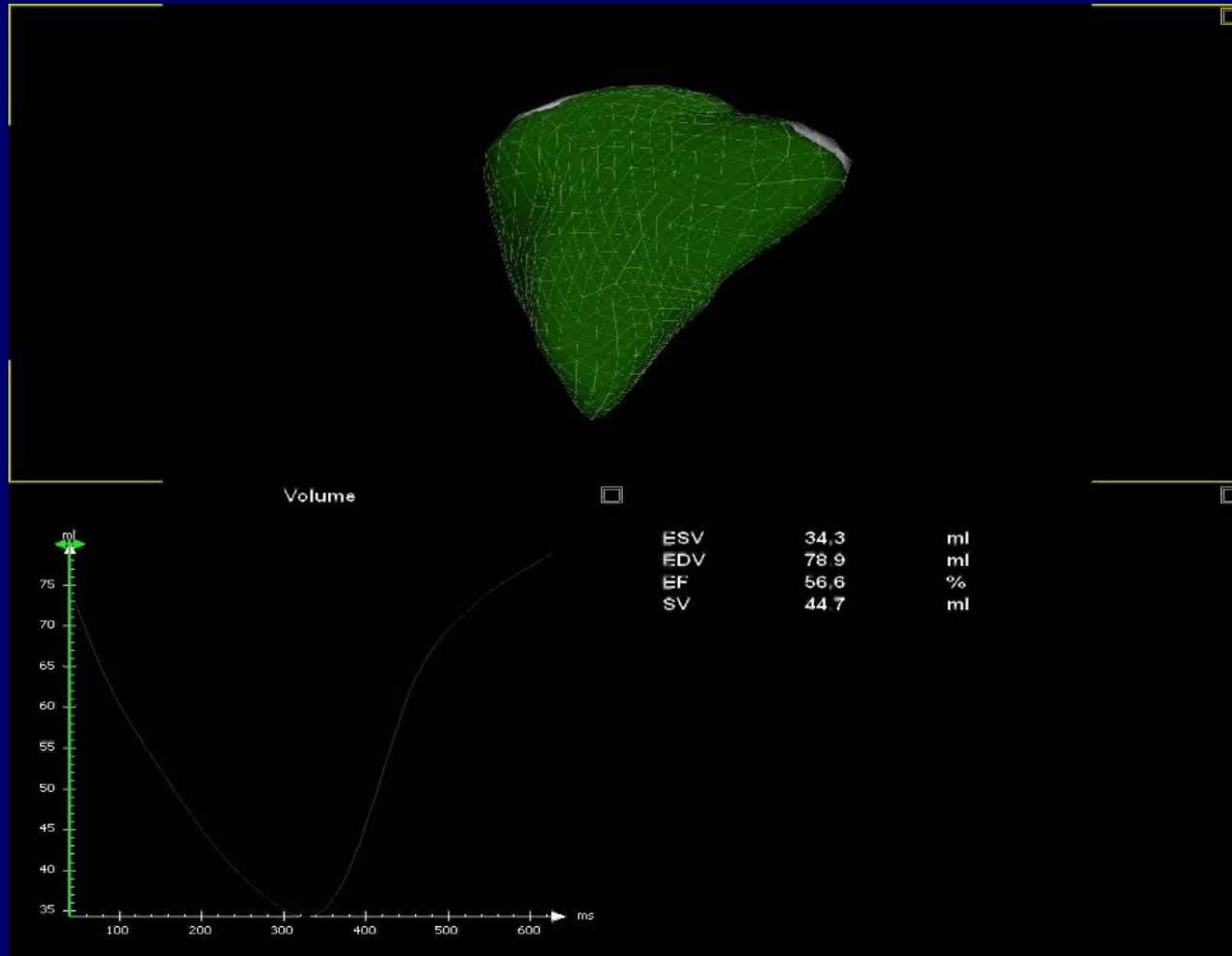
Epicardial contour

End-systole



Endocardial contour

RV function and size



RV function and size



LV function and size?

- We need:
- Highest resolution images in every patient
- Assessment of LVEF but also
 - LV dimensions : LVESD, LVEDD
 - LV volumes: LVESV, LVEDV
- Exact quantification – prognosis but also for justification of ICD therapy

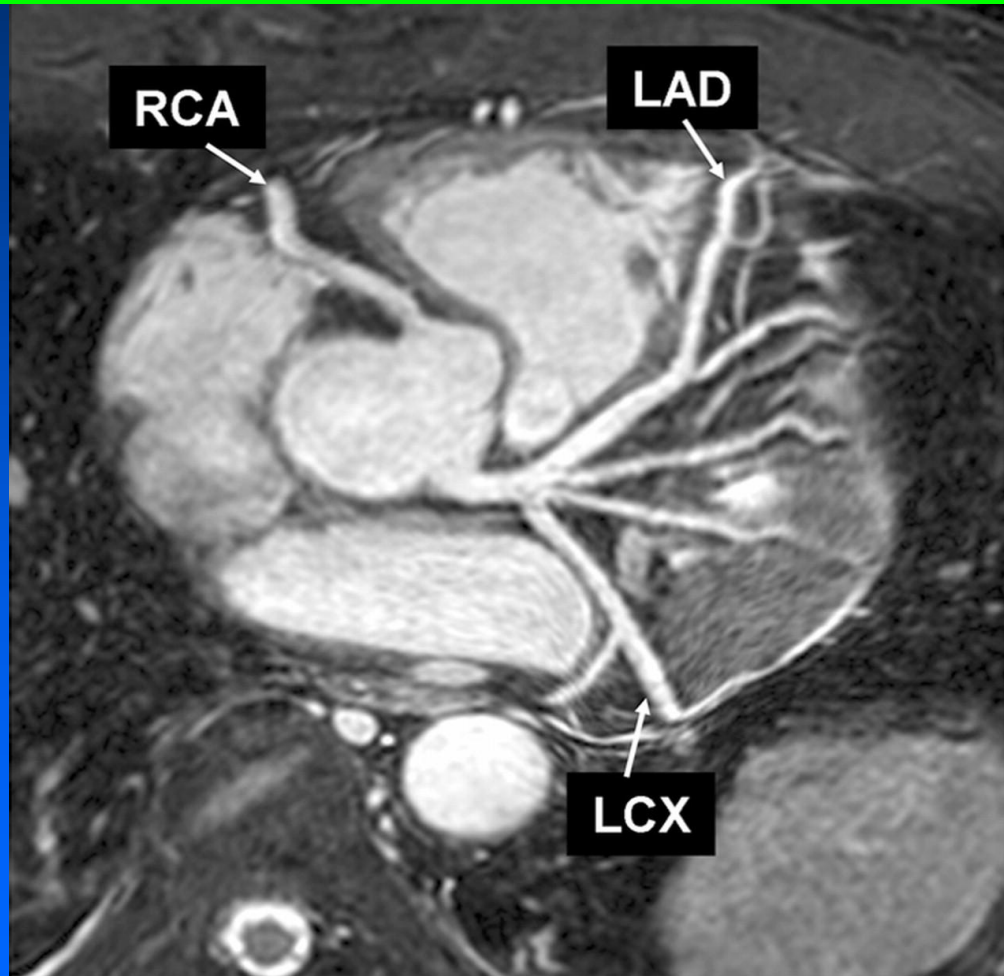
CAD: yes or no?

First choice: invasive angio



CAD: yes or no?

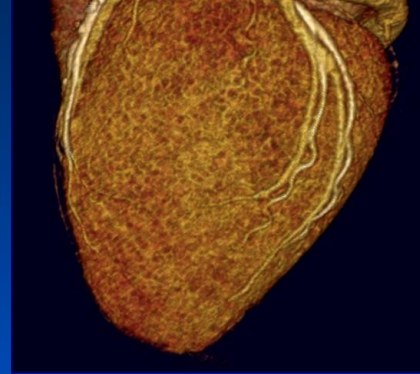
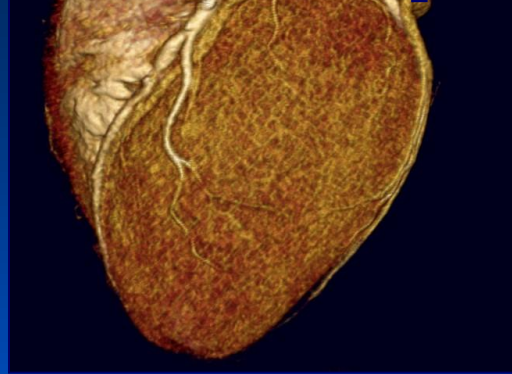
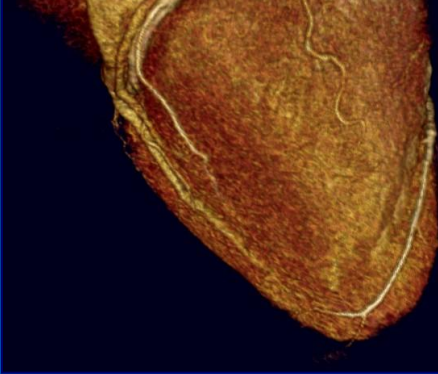
Other options?



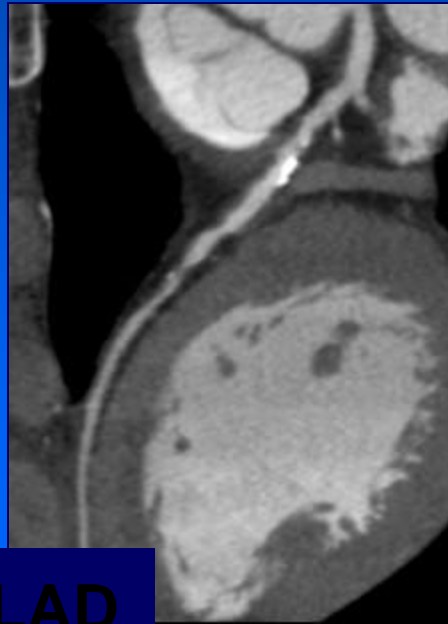
Sakuma et al. Radiology 2005

CAD: yes or no?

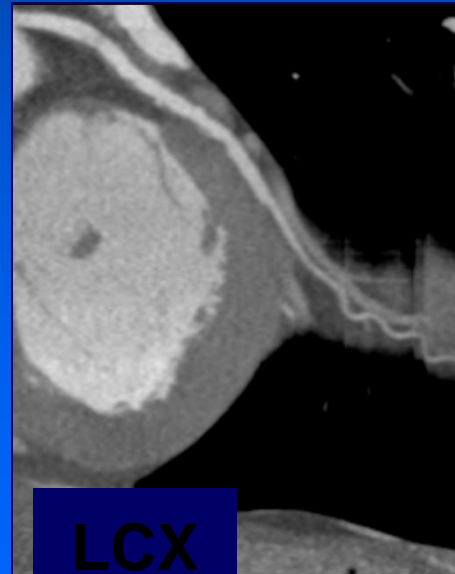
Other options?



RCA



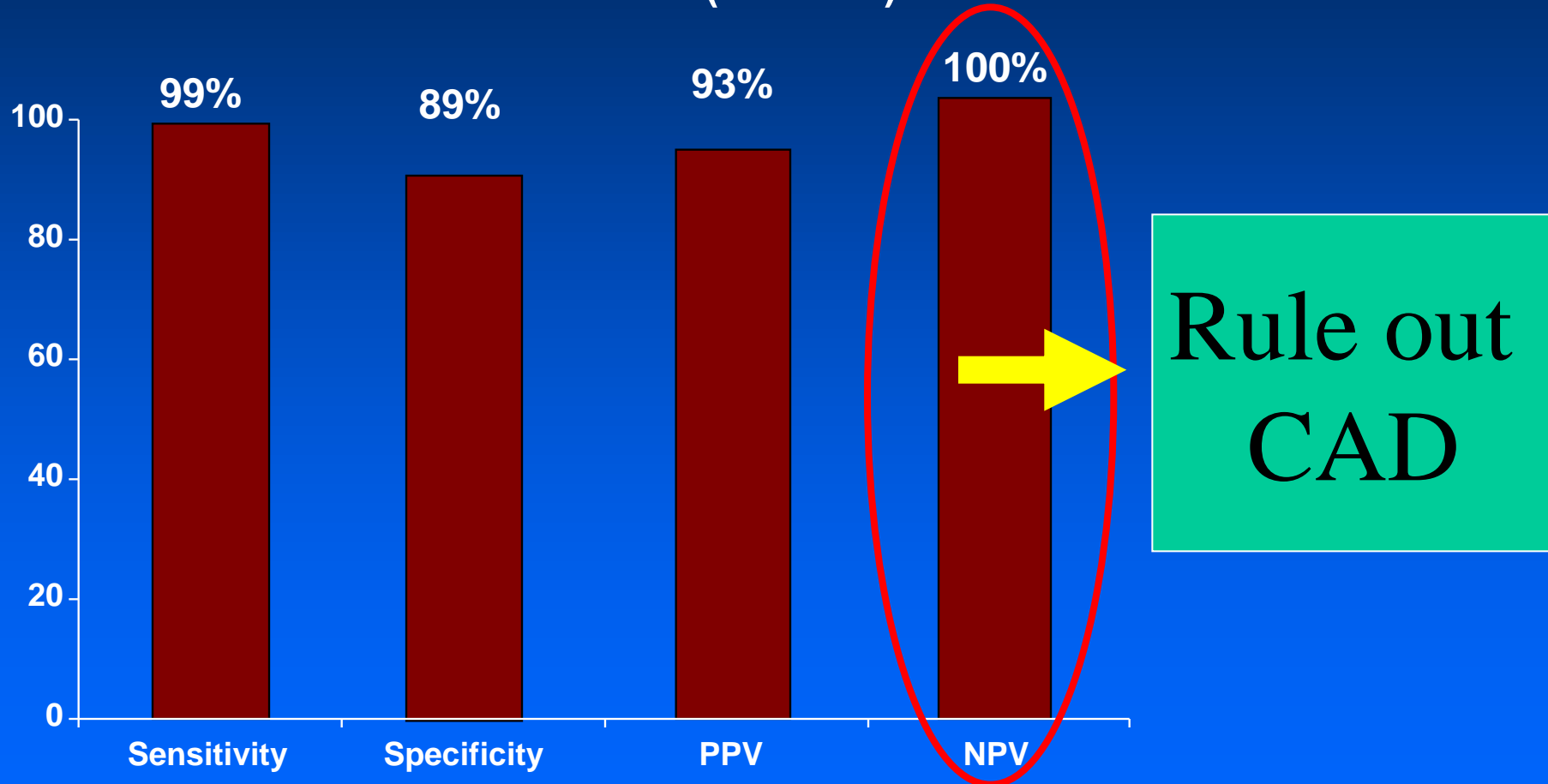
LAD



LCX

Meta-analysis 64-slice CT

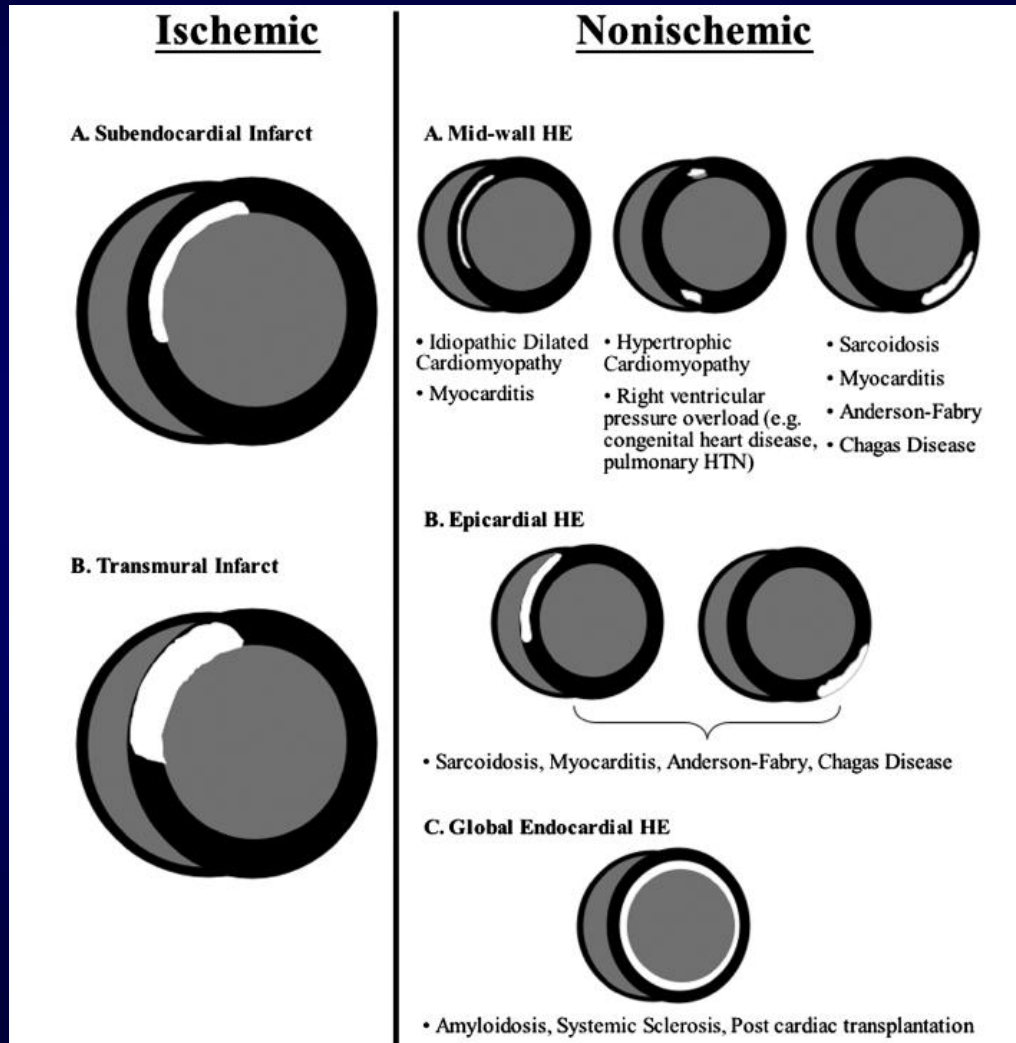
Patient-based detection (n=1286)



CAD: no

- We need information:
- On the myocardium:
 - edema, inflammation, fibrosis:
myocarditis, amyloidosis?

Myocardial disease: MRI makes the difference

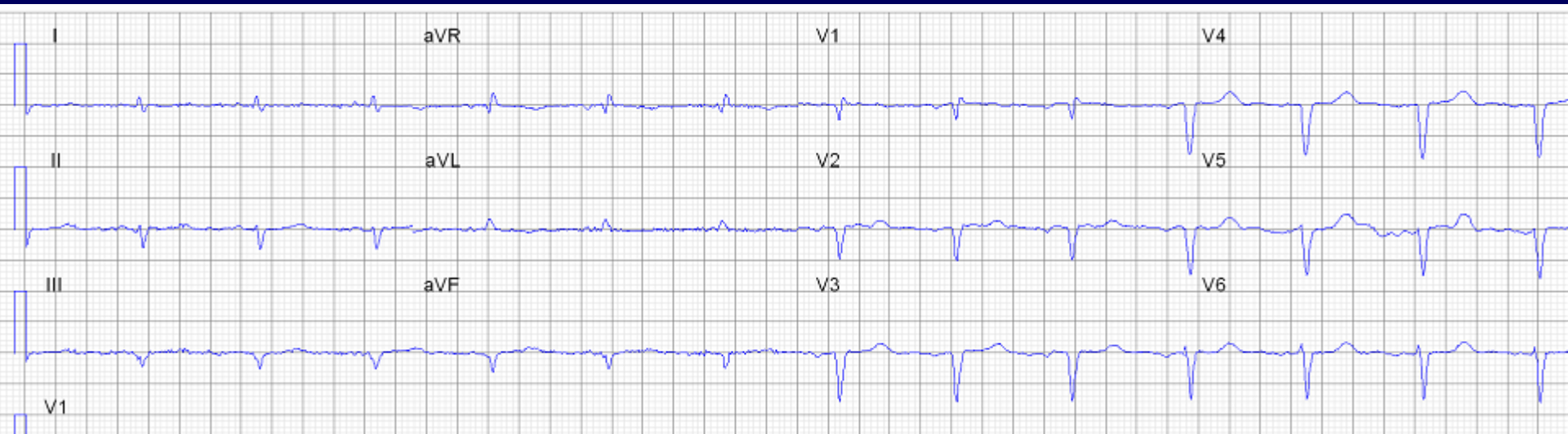


Mahrholdt, Eur Heart J 2005

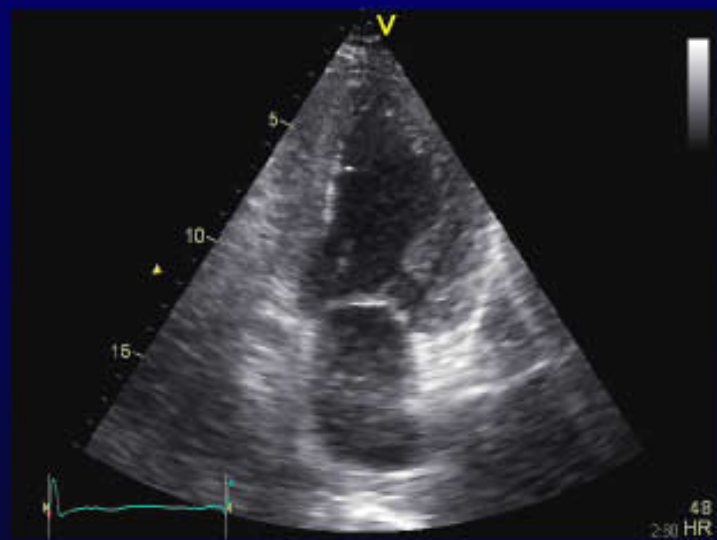
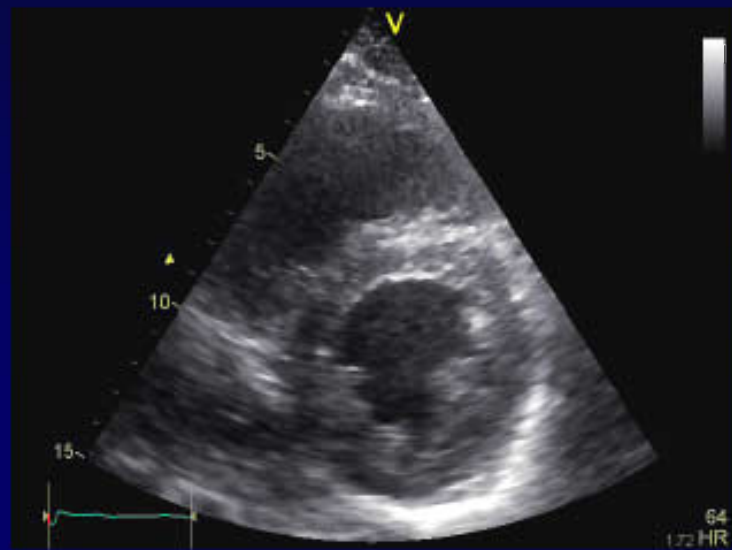
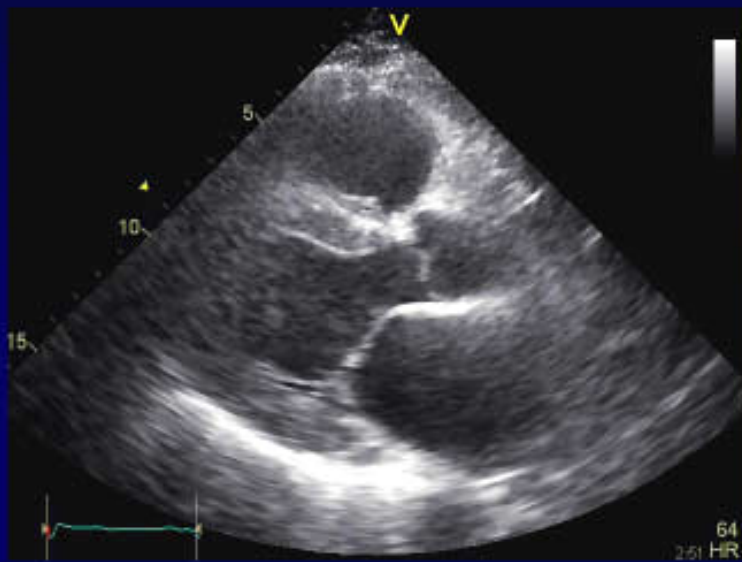
Dyspnea

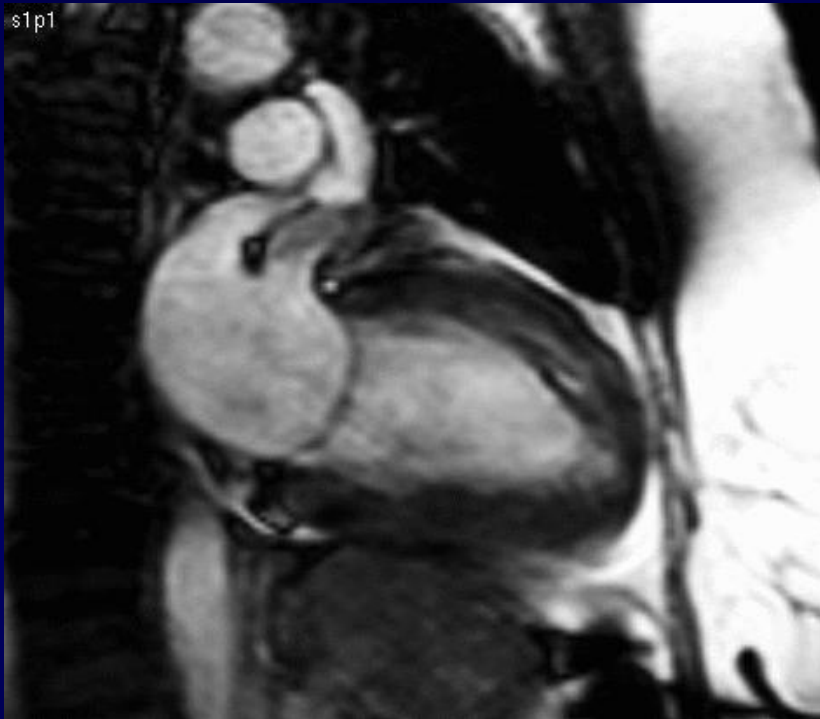
Female 65 years

- History M Waldenstrom
- Progressive dyspnea, NYHA class 3
- Coronary angiography: normal

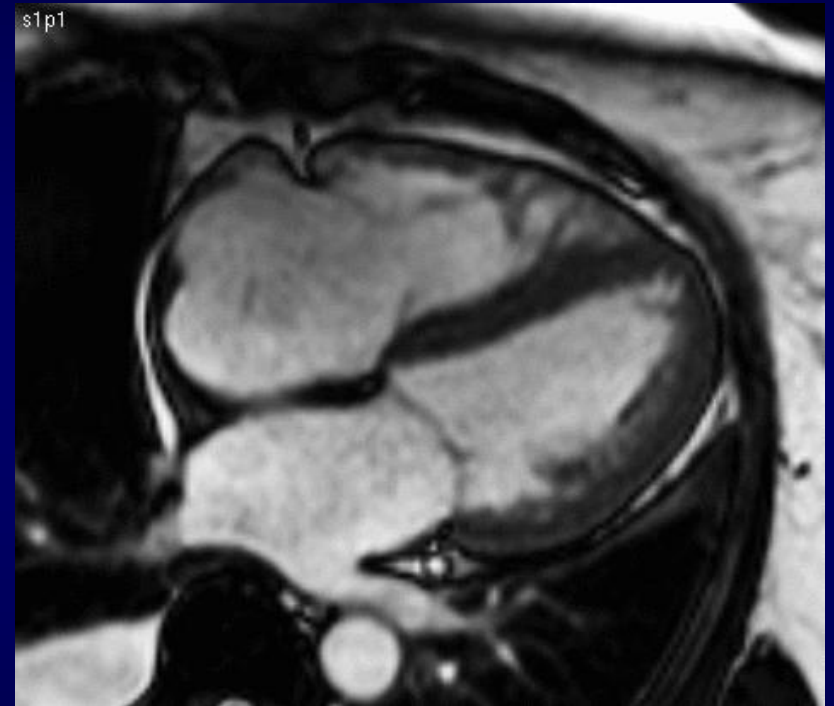


Suggestive of cardiomyopathy

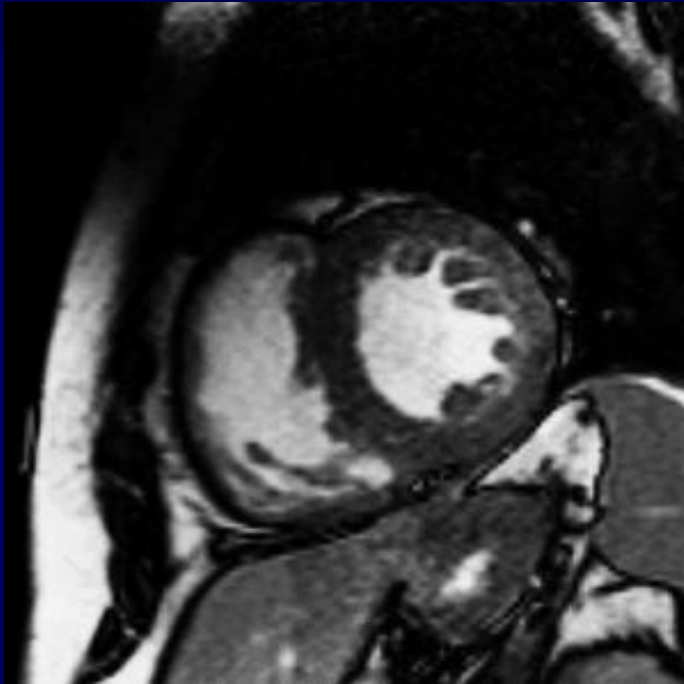




2-chamber



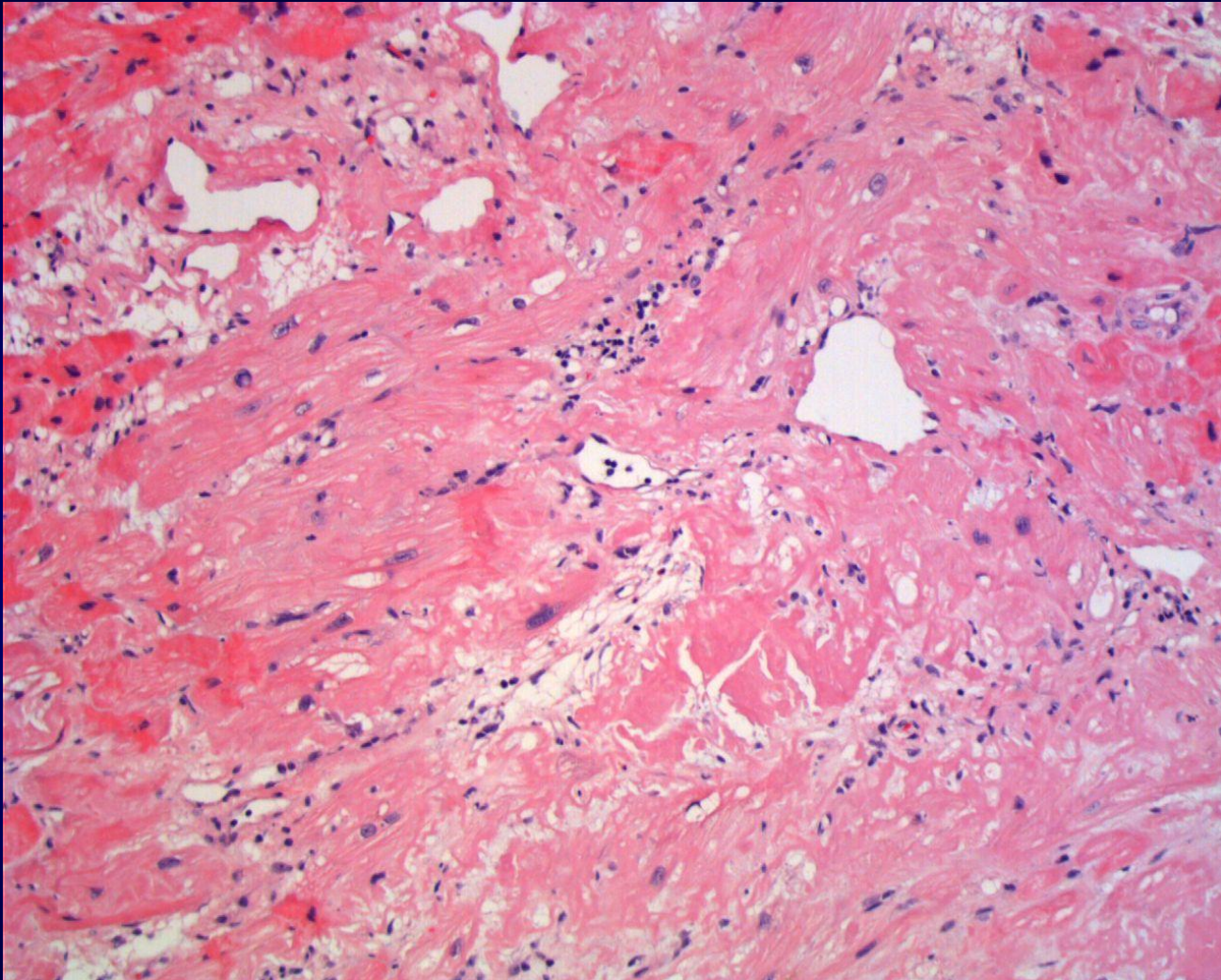
4-chamber



Cine SA-mid



DE SA-mid

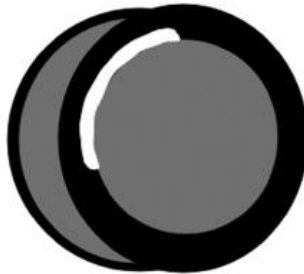


AL amyloidosis. Pt died 3 months after diagnosis

DE Patterns

Ischemic

A. Subendocardial Infarct



B. Transmural Infarct



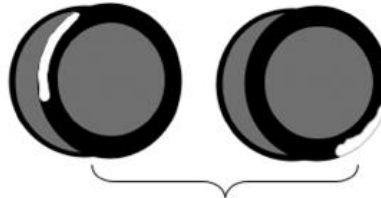
Nonischemic

A. Mid-wall HE



- Idiopathic Dilated Cardiomyopathy
- Myocarditis
- Hypertrophic Cardiomyopathy
- Right ventricular pressure overload (e.g. congenital heart disease, pulmonary HTN)
- Sarcoidosis
- Myocarditis
- Anderson-Fabry
- Chagas Disease

B. Epicardial HE



- Sarcoidosis, Myocarditis, Anderson-Fabry, Chagas Disease

C. Global Endocardial HE



- Amyloidosis, Systemic Sclerosis, Post cardiac transplantation

Mahrholdt, Eur Heart J 2005

Male 25 years

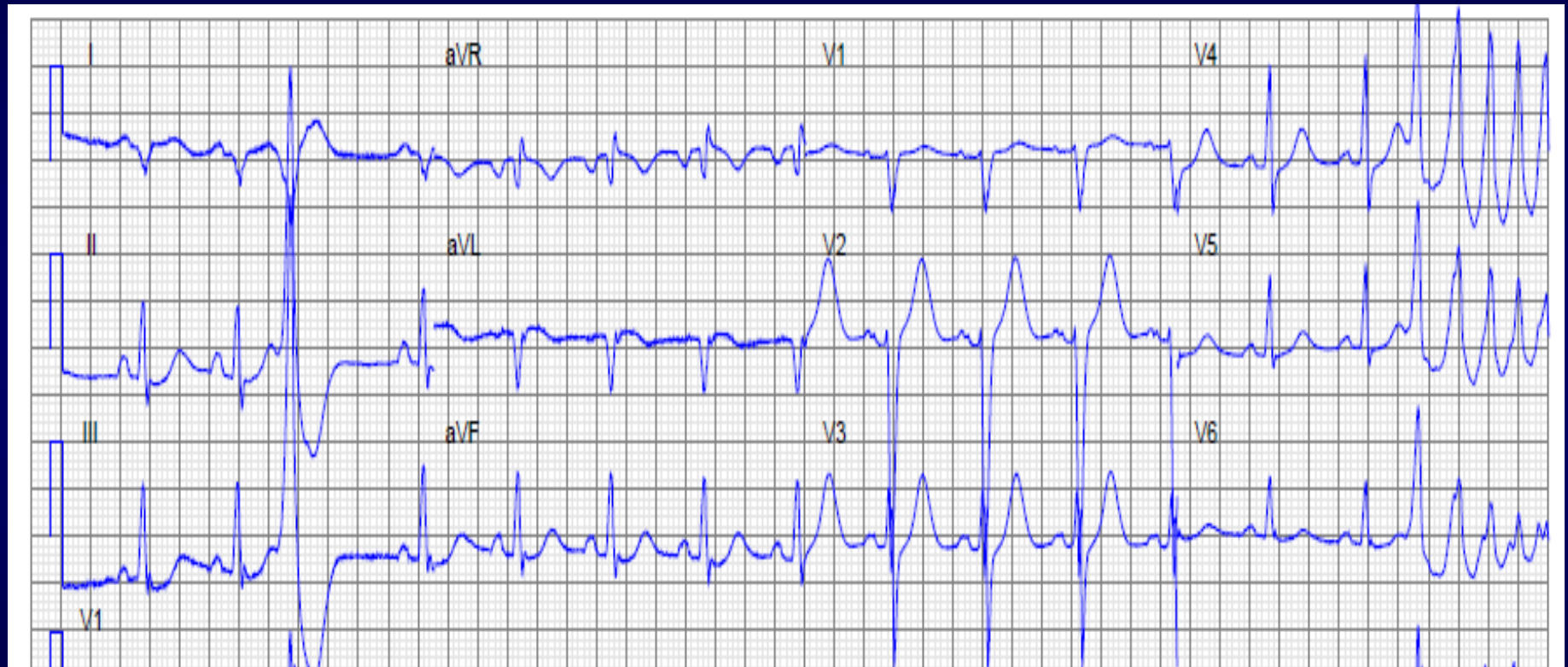
Out of hospital cardiac arrest: ventricular fibrillation

Resuscitation, defibrillation, intubation

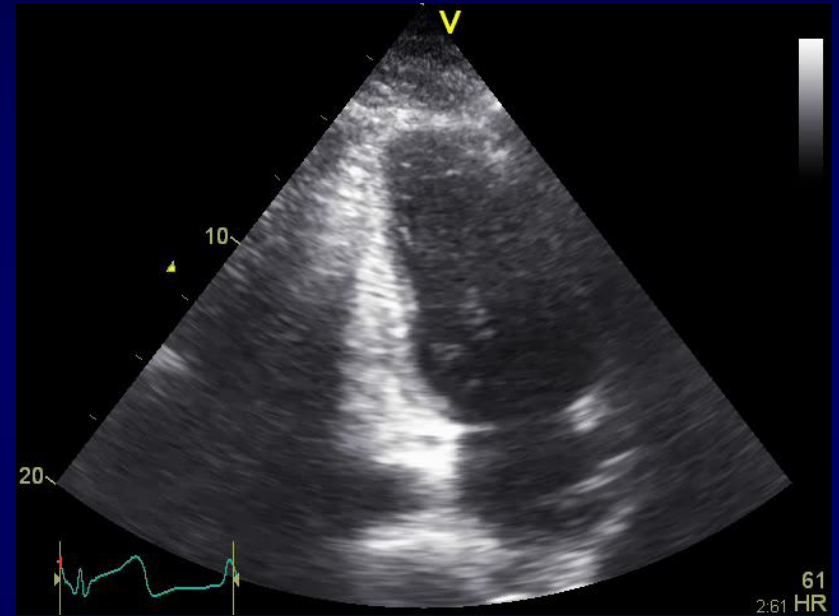
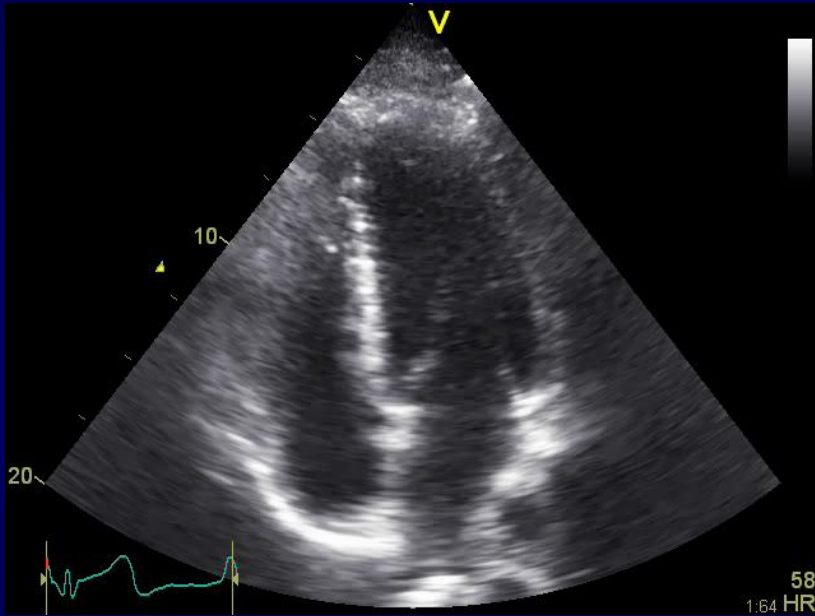
Medical history

- Riskfactor CAD: smoking
- 5-6 days before not feeling well, gastro-enteritis?

ECG at IC



Echocardiography day 1



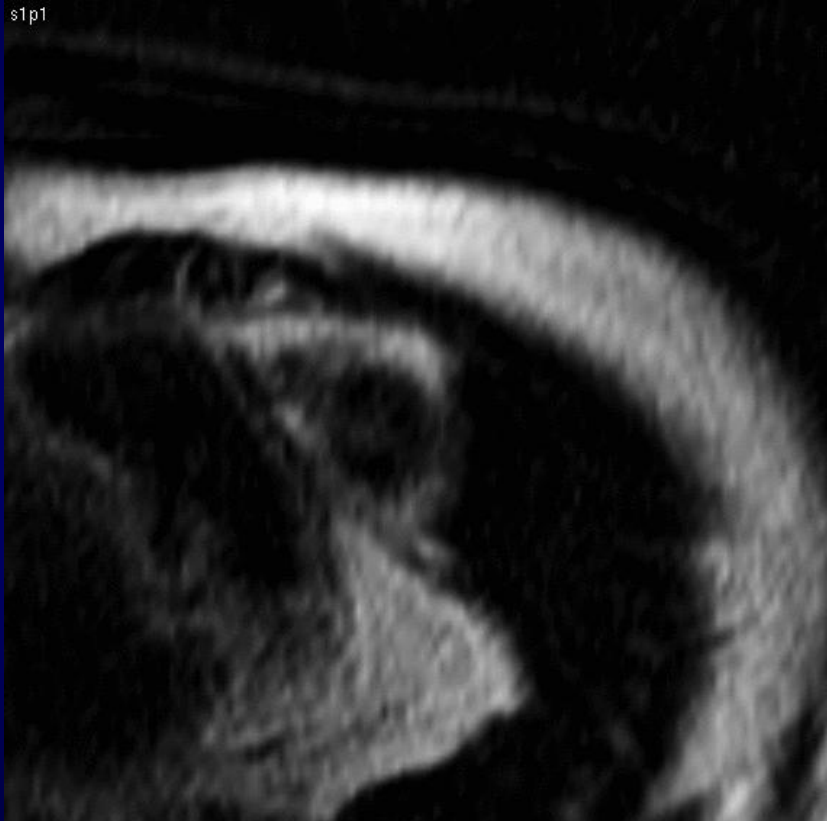
MRI day 5



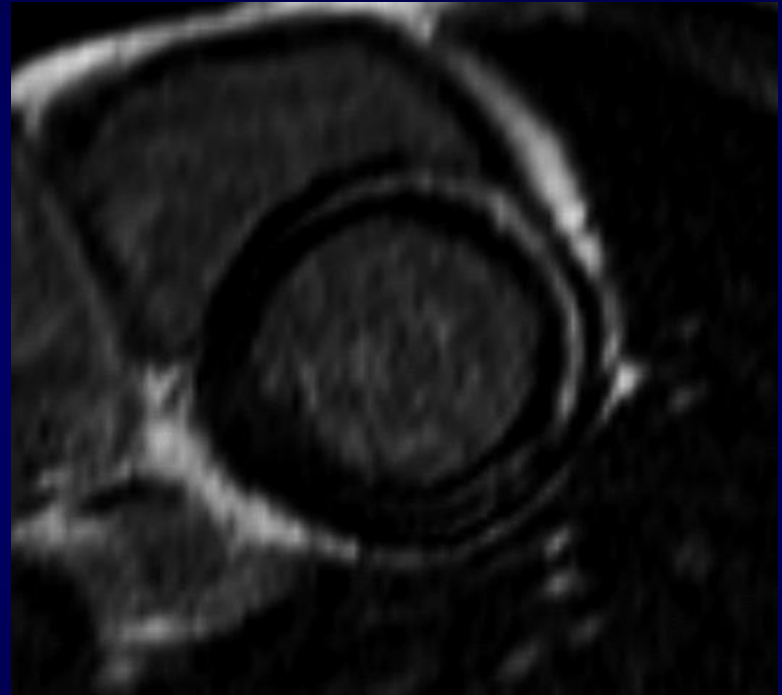
Coronary angiography:

No significant stenosis, 30% stenosis on proximal LAD

MRI DE

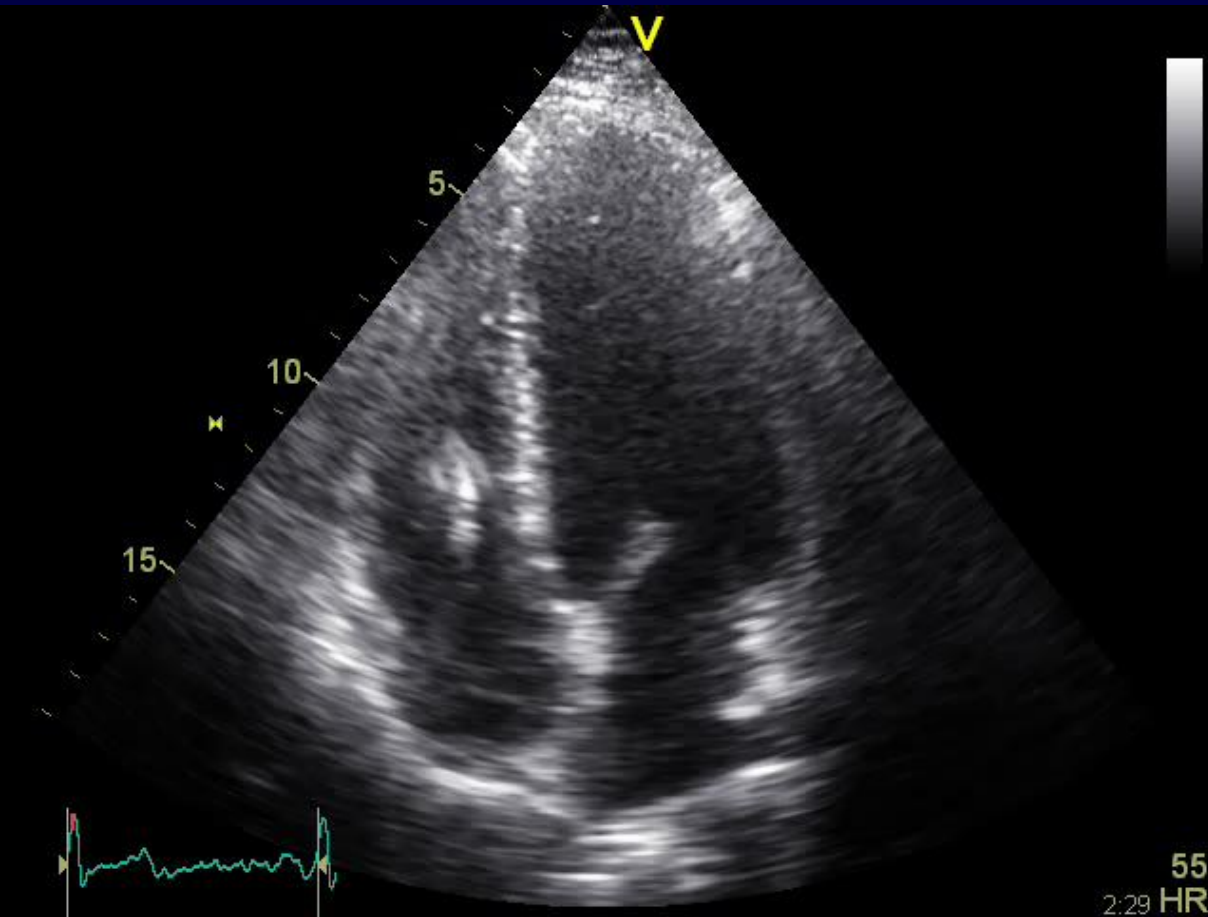


DE SAX



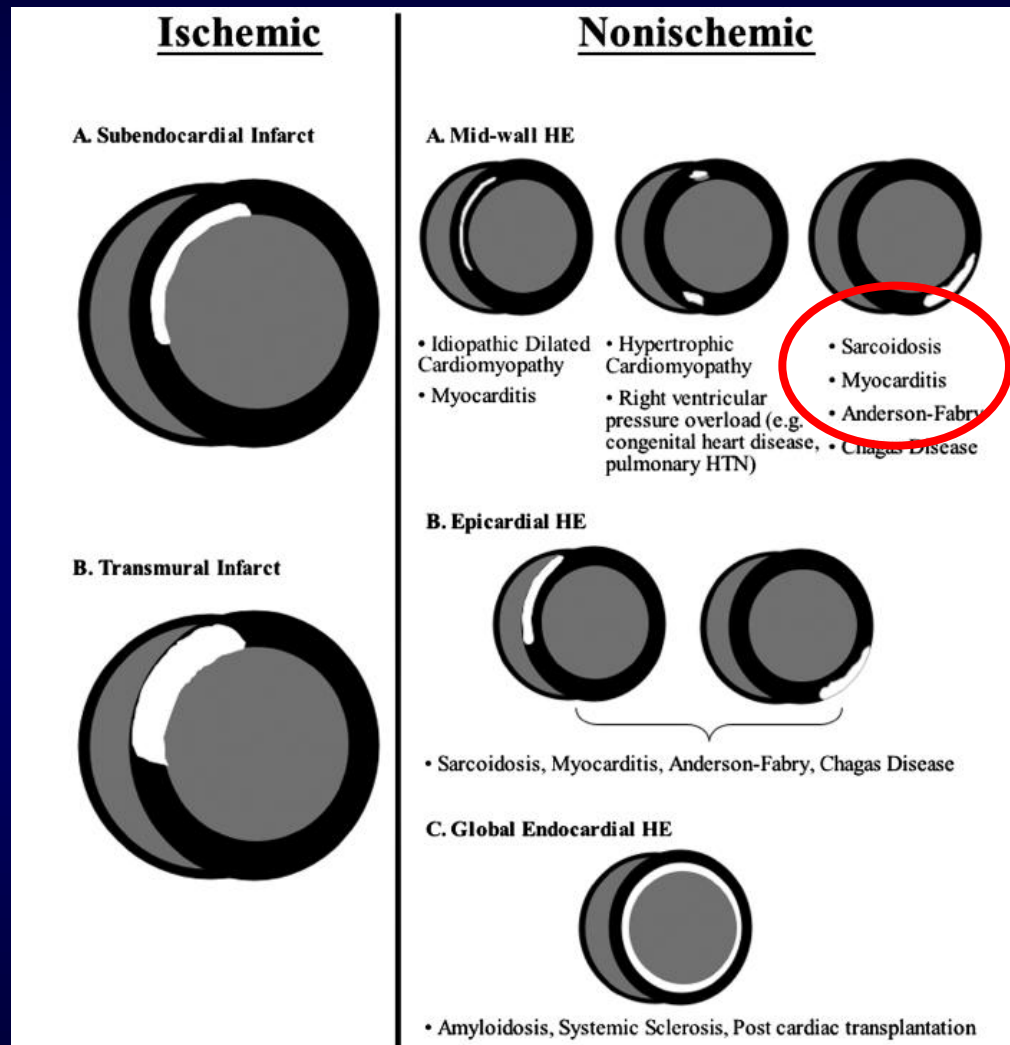
DE SA basal

Echo at 5 months



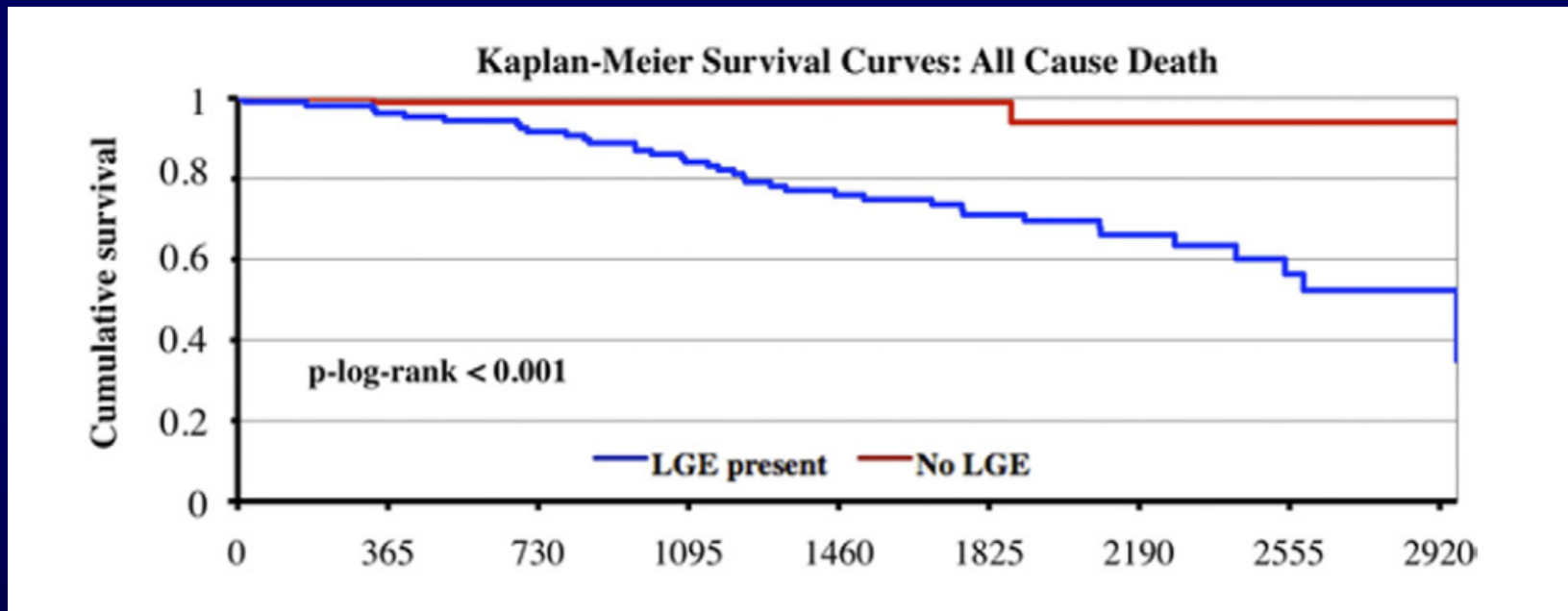
- **Positive IgG and IgM for HHV-6**
(previous gastro-enteritis)
- **No biopsy**

DE Patterns



Prognostic value of LGE-CMR in myocarditis

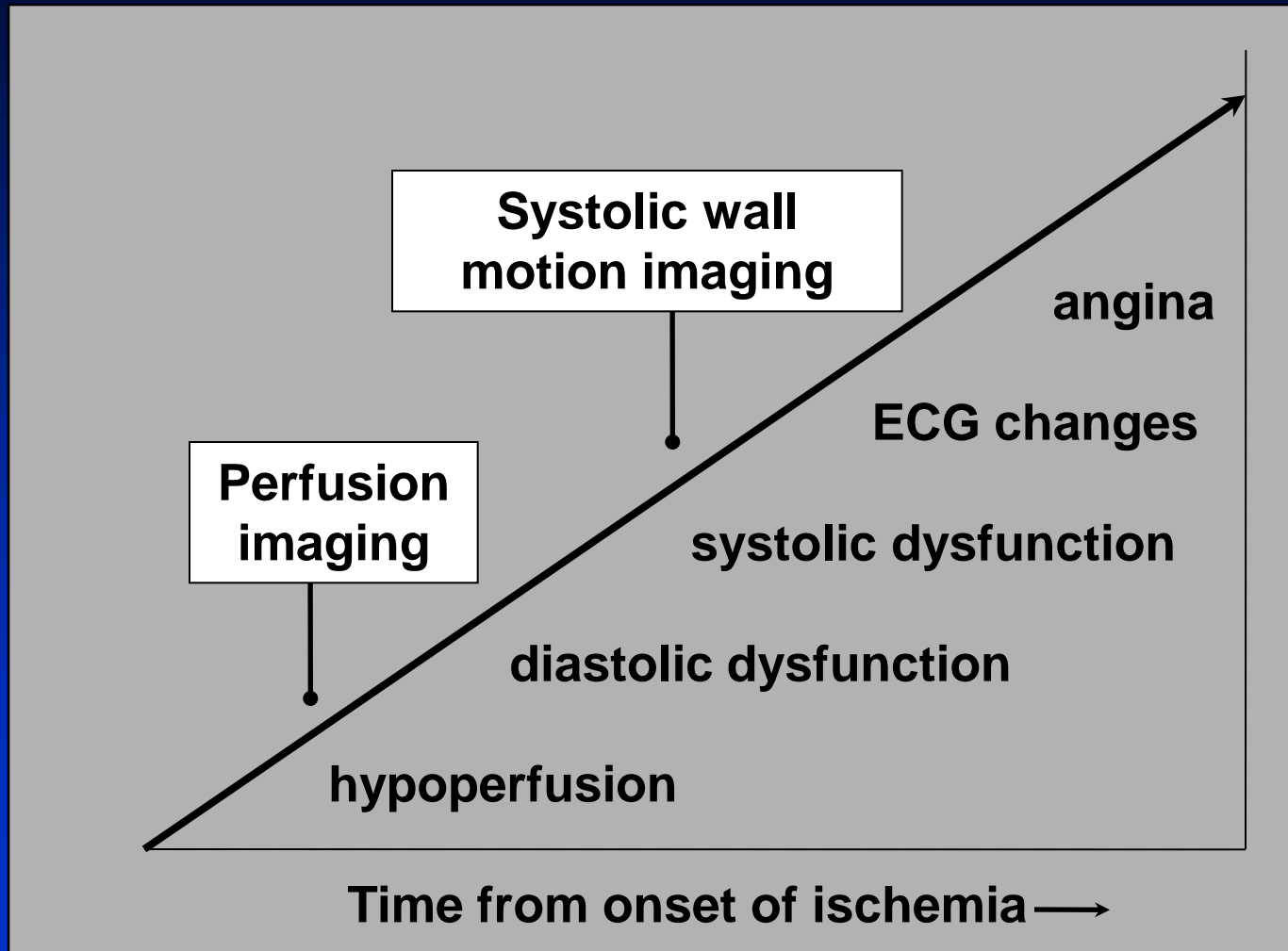
N = 222 patients with biopsy proven myocarditis



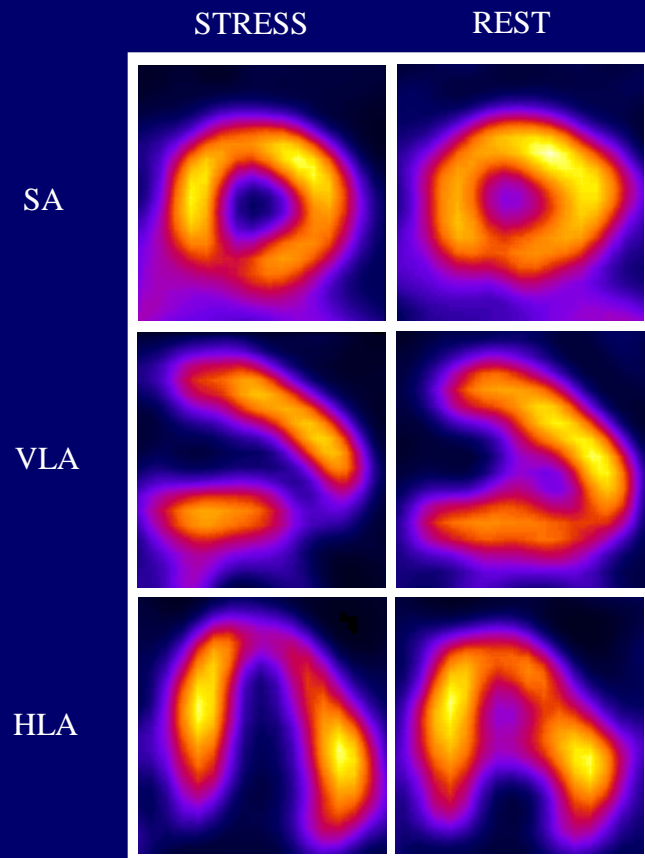
CAD: yes

- We need ischemia demonstration to justify revascularization
- We need viability demonstration to justify revascularization

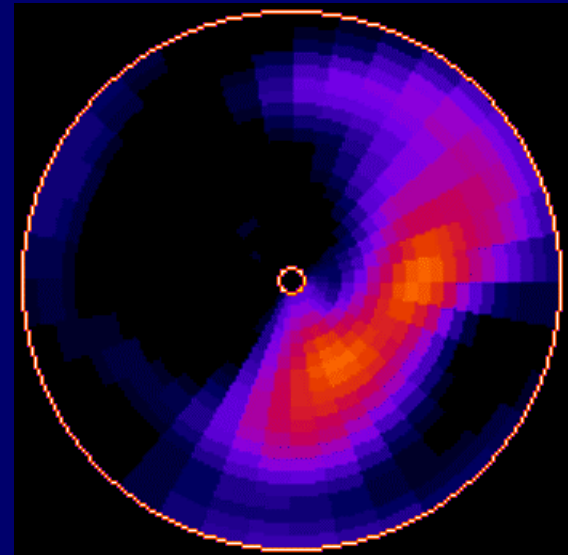
Is there ischemia?



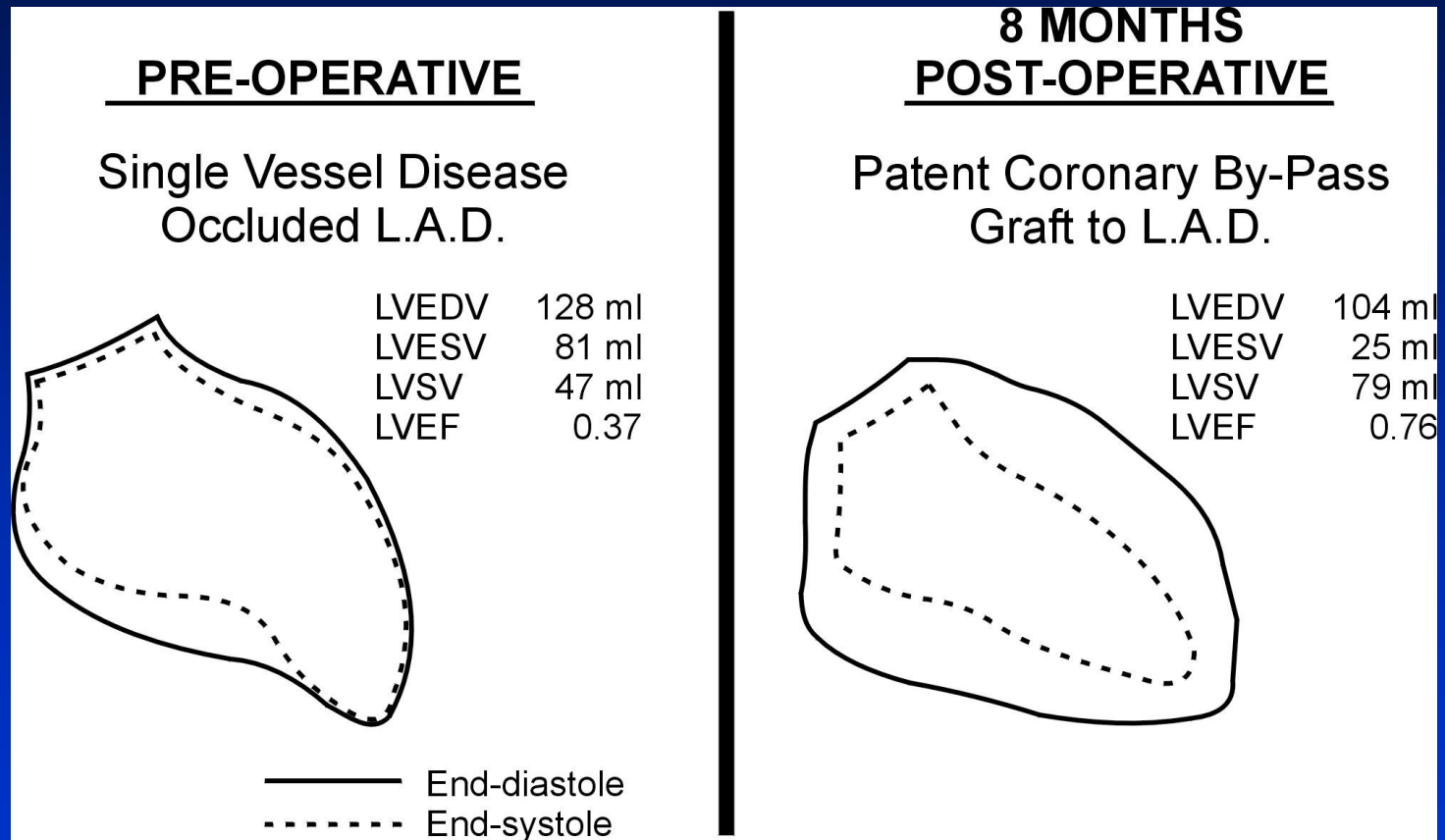
Nuclear perfusion imaging, SPECT



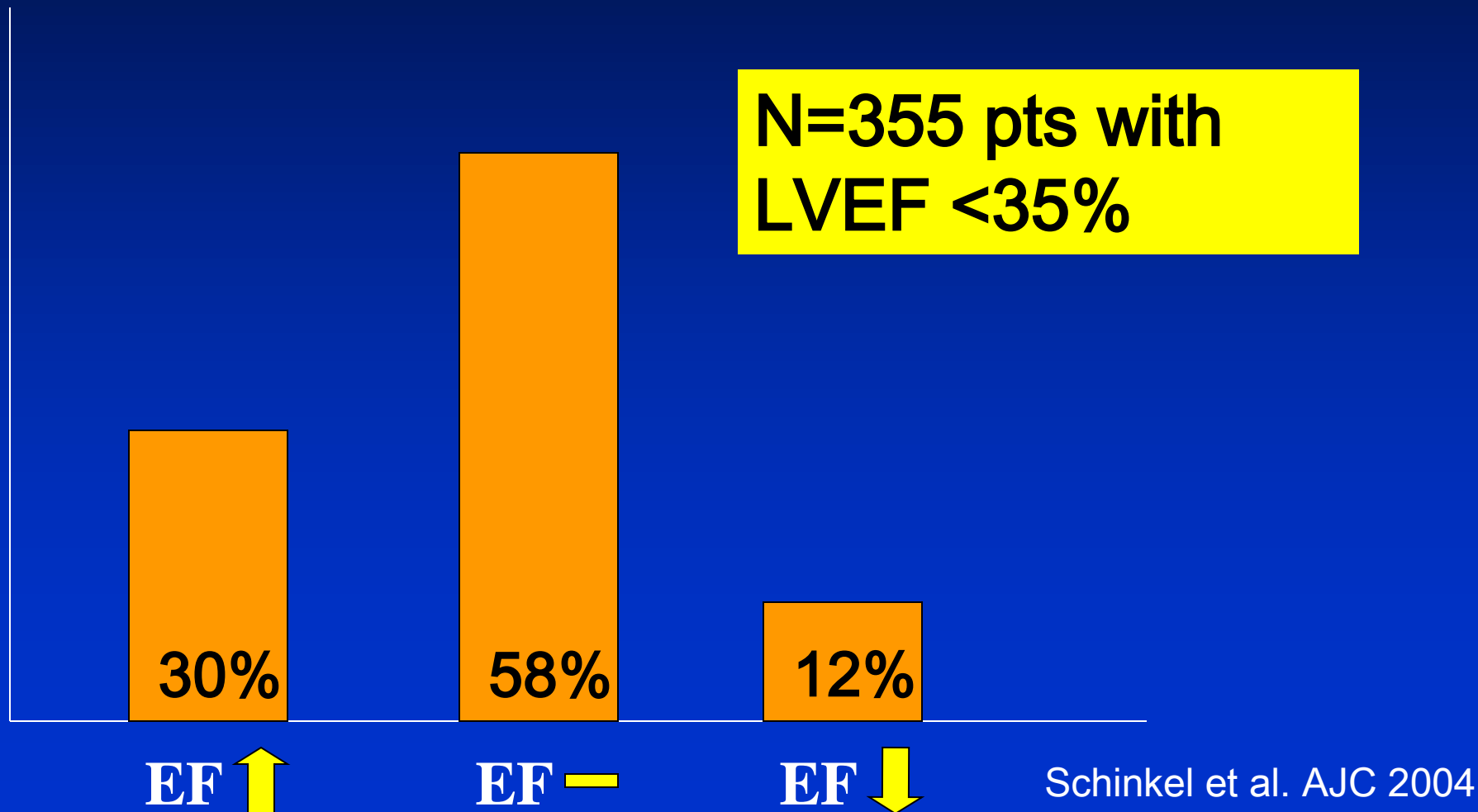
POLAR MAP TO QUANTIFY
EXTENT AND SEVERITY OF ISCHEMIA



Is there viability?



Revascularization versus change in LVEF

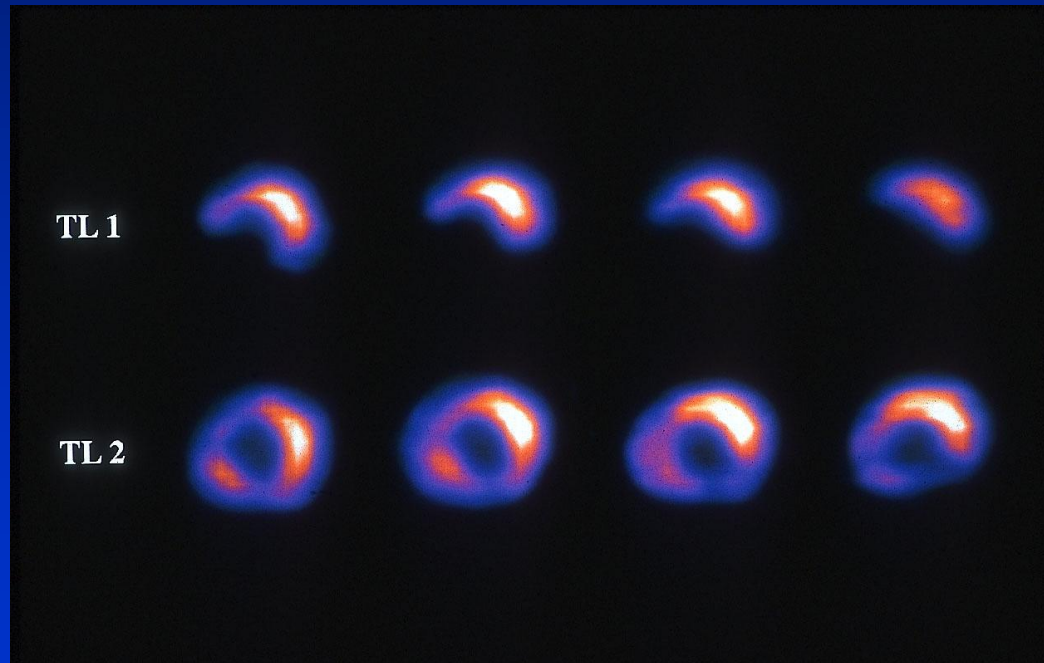


Is there viability?

- Clinical goal:
 - identify patients:
 - with dysfunctional but viable tissue
 - with potential to recover function
 - to justify enhanced surgical risk

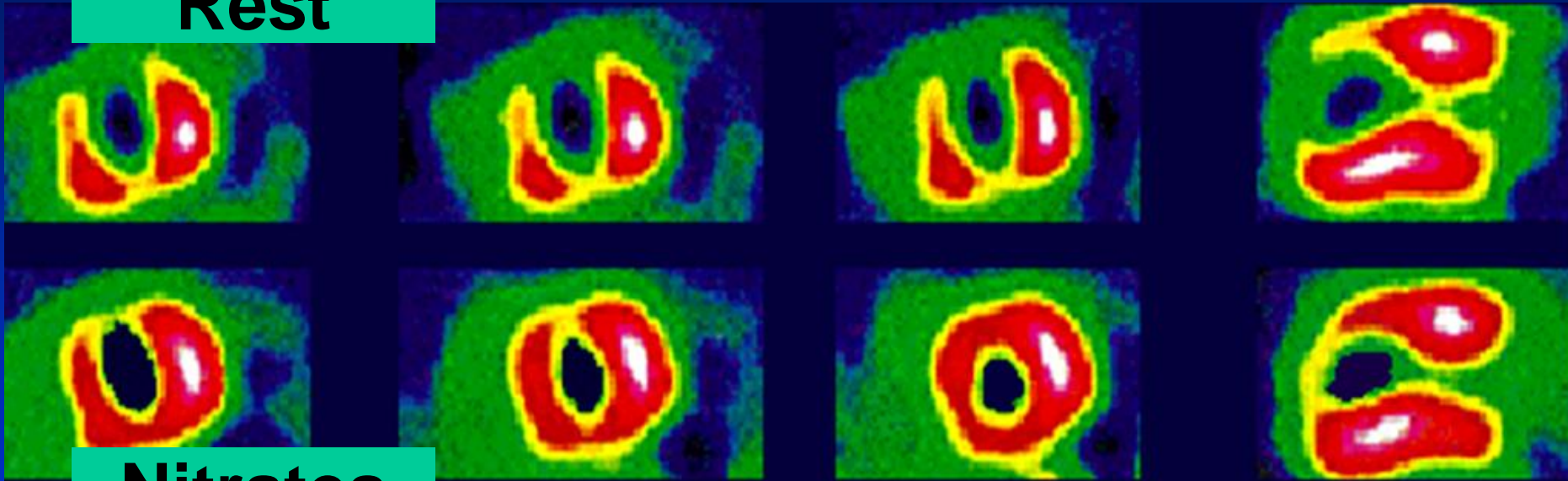
Nuclear: thallium-201

- Early uptake is perfusion
- Late uptake is cellmembrane integrity



Nuclear: MIBI

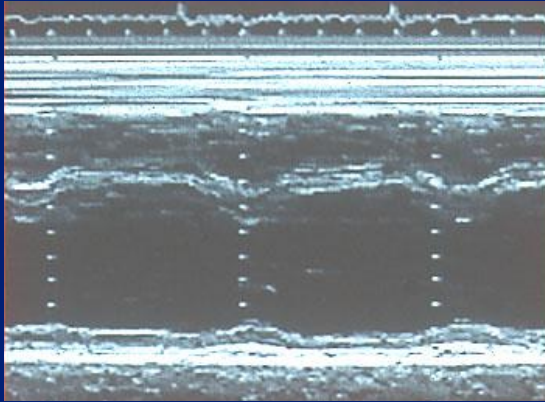
Rest



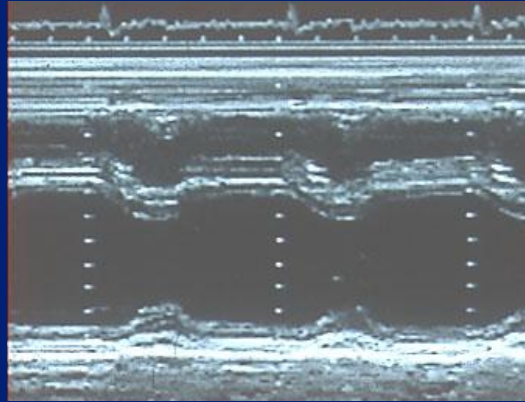
Nitrates

Courtesy A Cuocolo

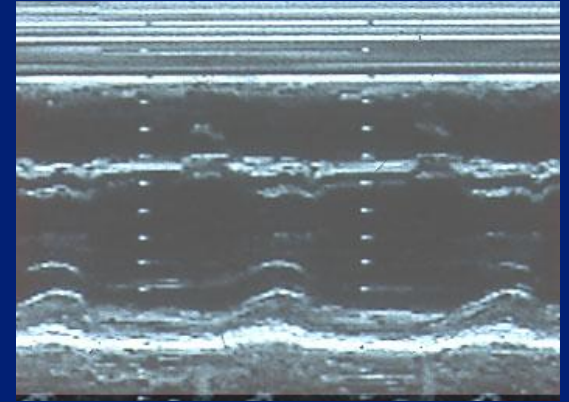
Echo: low-dose dobutamine



rest



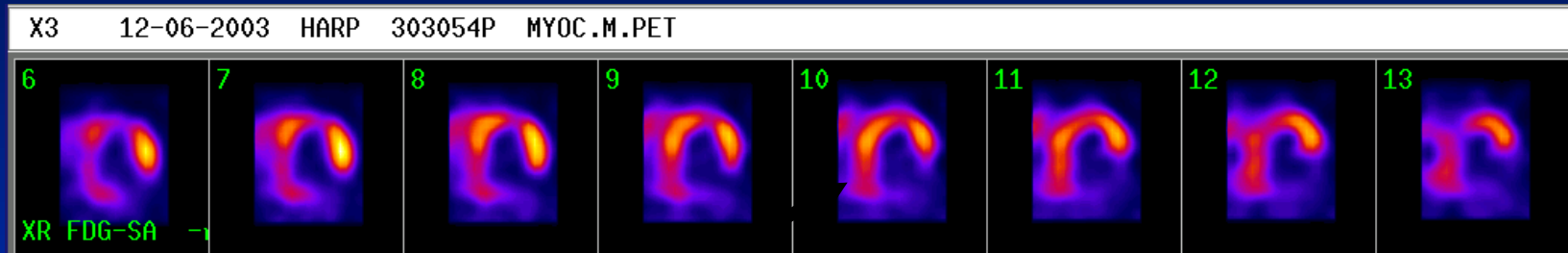
low-dose



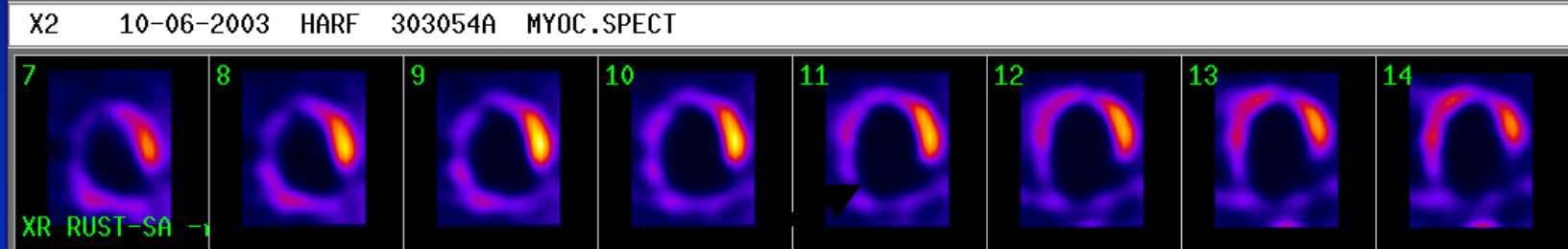
post-revasc

Nuclear: FDG

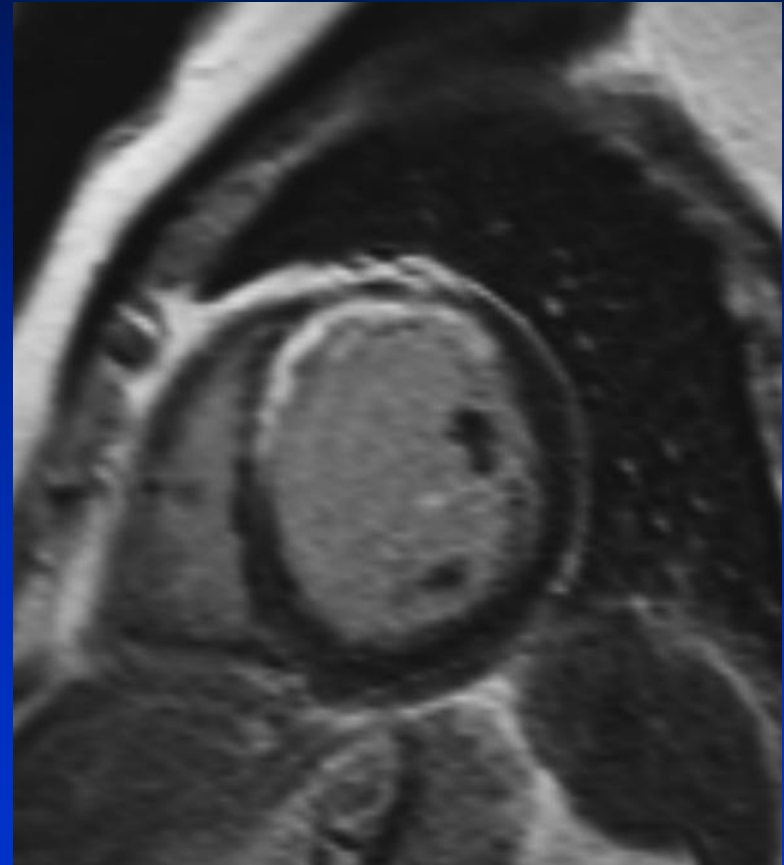
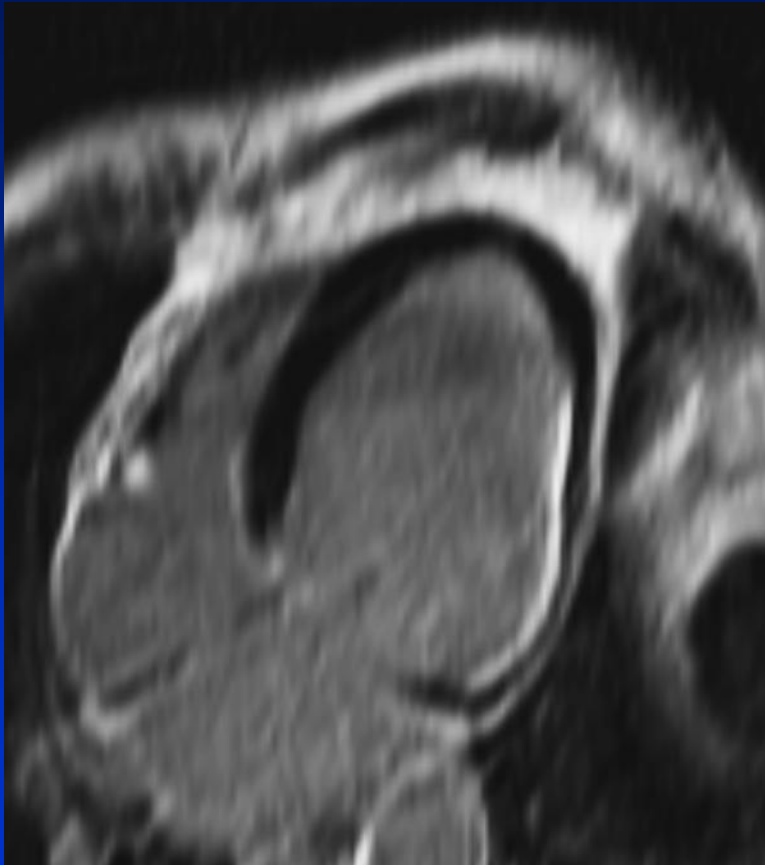
FDG



Perf



MRI: DE ---- scar!



Myocardial revascularisation in chronic heart failure (CHF)

Recommendations for patients with CHF and systolic LV dysfunction (EF < 35%), presenting predominantly with HF symptoms (no or mild angina: CCS 1-2)

	Class	Level
LV aneurysmectomy during CABG is indicated in patients with a large LV aneurysm.	I	C
➡ CABG should be considered in the presence of viable myocardium, irrespective of LVESV.	IIa	B
CABG with SVR may be considered in patients with a scarred LAD territory.	IIb	B
PCI may be considered if anatomy is suitable, in the presence of viable myocardium.	IIb	C
➡ Revascularisation in the absence of evidence of myocardial viability is not recommended.	III	B

SVR: surgical ventricular reconstruction.

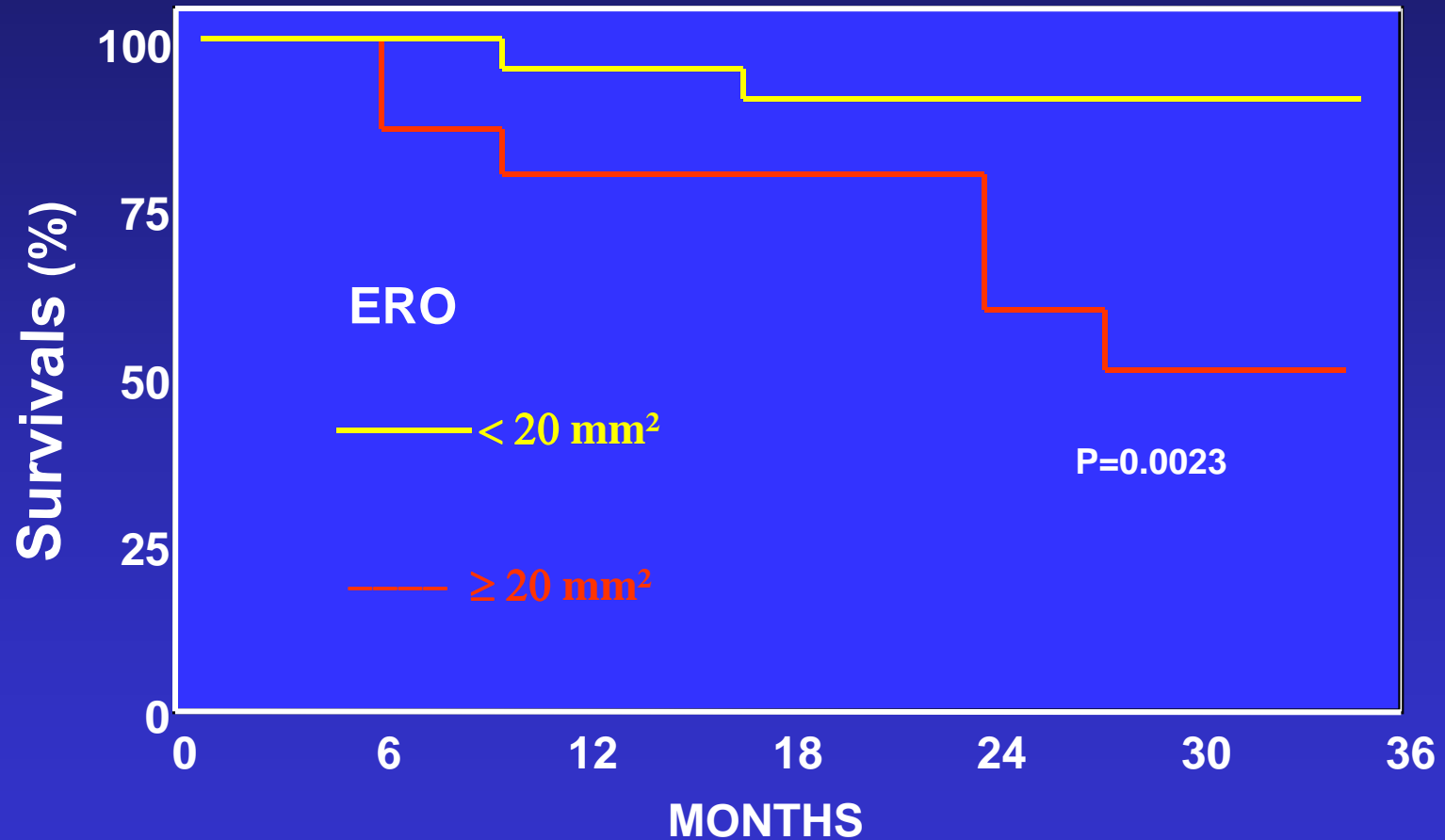
European Heart Journal (2010) 31, 2501–2555
European Journal of Cardio-thoracic Surgery (2010) 38, S1-S52

Joint 2010 ESC - EACTS Guidelines
on Myocardial Revascularisation

www.escardio.org/guidelines

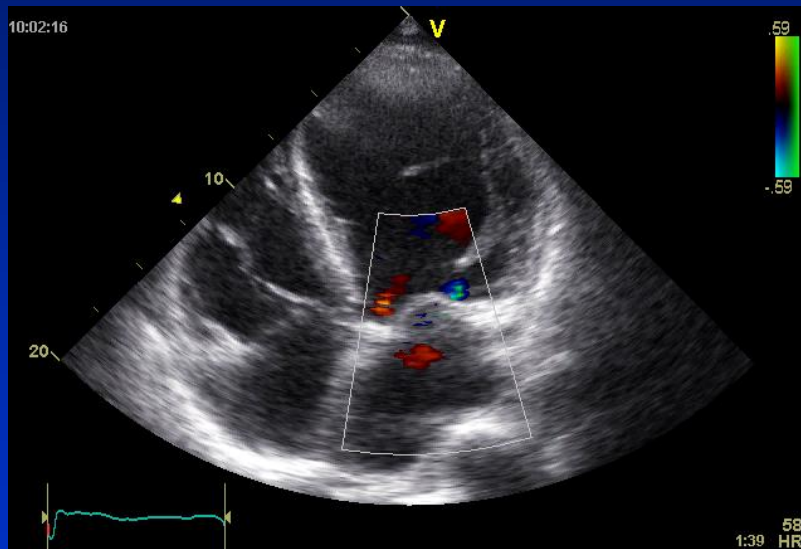


Severe MR?

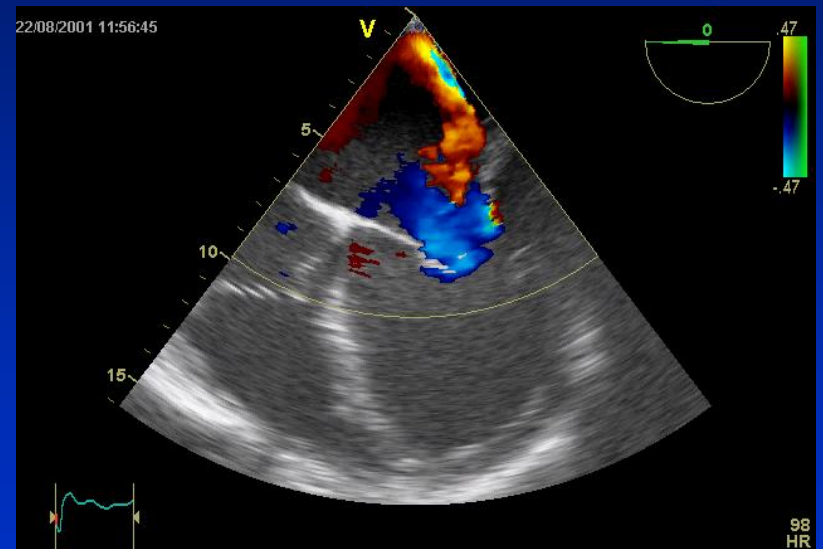


Severe MR?

First choice: echo



TTE

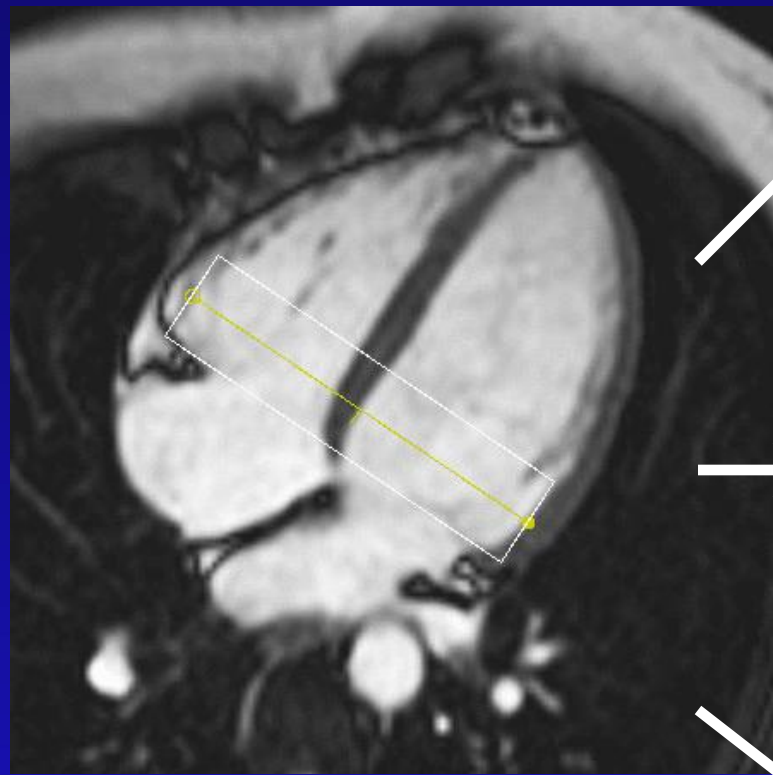


TEE

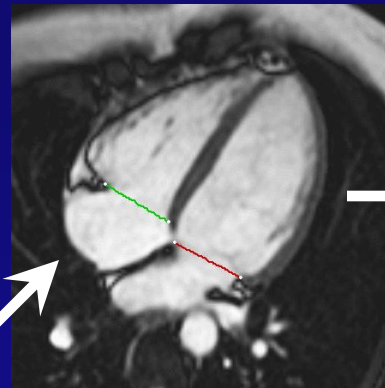
Severe MR?



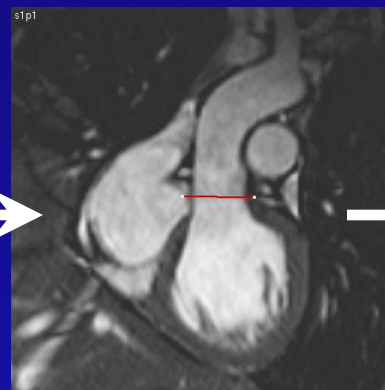
3D Flow Quantification in All Valves



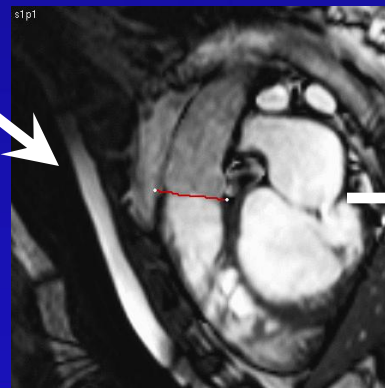
3D volume scan /w 3-dir
velocity encoded MRI



MV & TV



AV

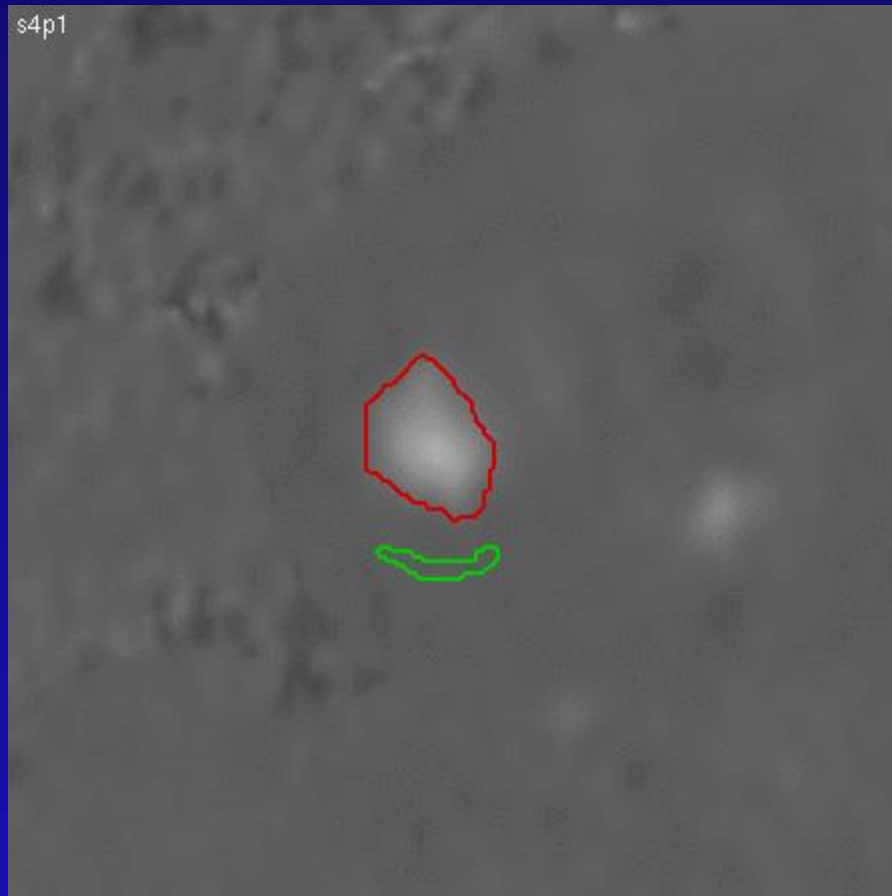


PV

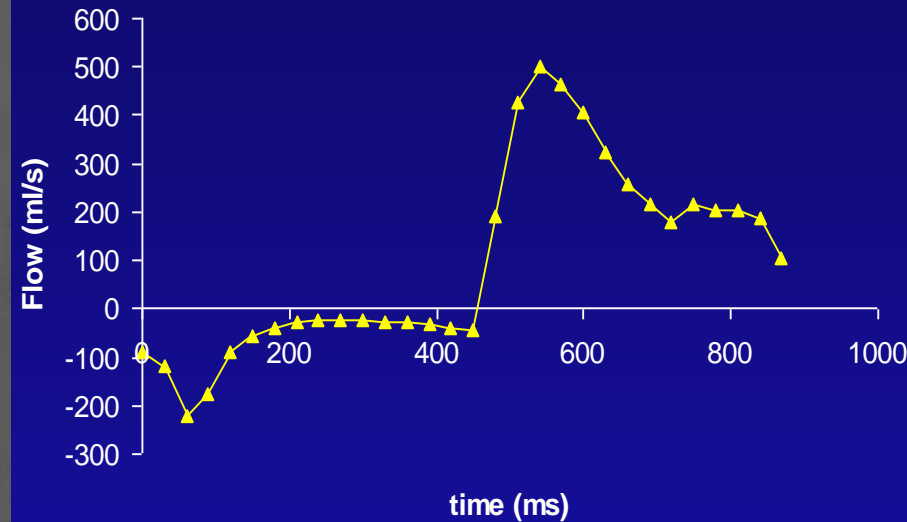


UNKEB

3D Flow Quantification in All Valves



MV flow



$$V_{\text{forward}} = 116 \text{ ml}$$

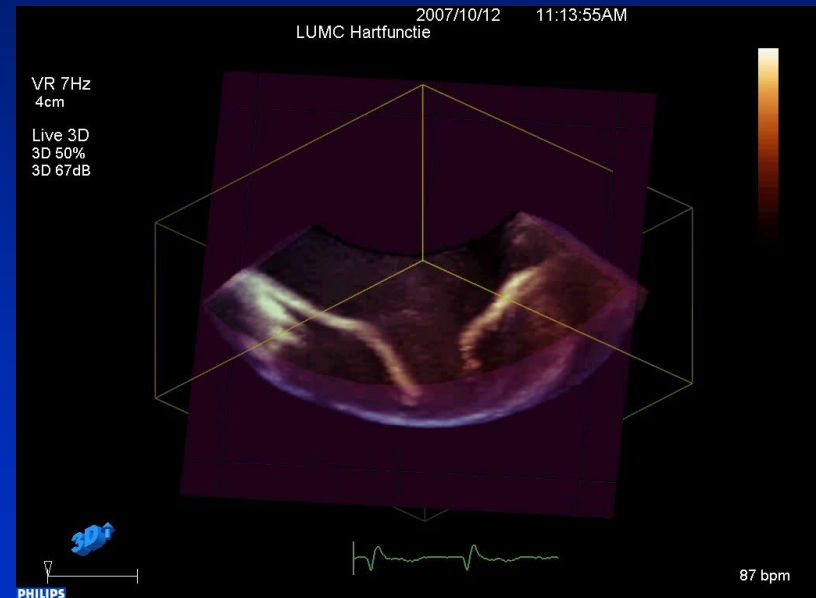
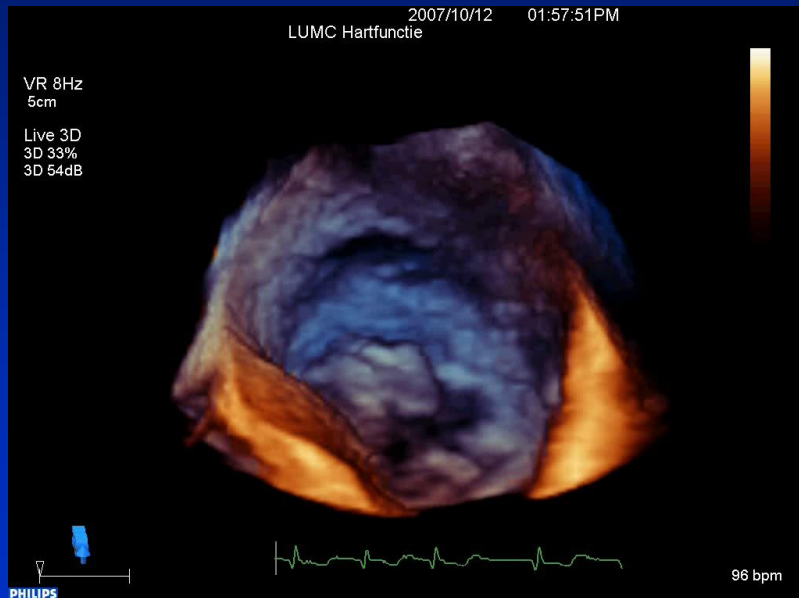
$$V_{\text{back}} = 32 \text{ ml}$$

$$V_{\text{eff}} = 84 \text{ ml}$$

$$\text{Regurg. Fraction} = 27\%$$

Importance of MV anatomy

Is surgical repair feasible?



3D TEE

ICD needed?

ICD shocks in primary prevention

percentage N=720 pts, MADIT II
Follow-up 21 months
Shocks:

100

70

40

10

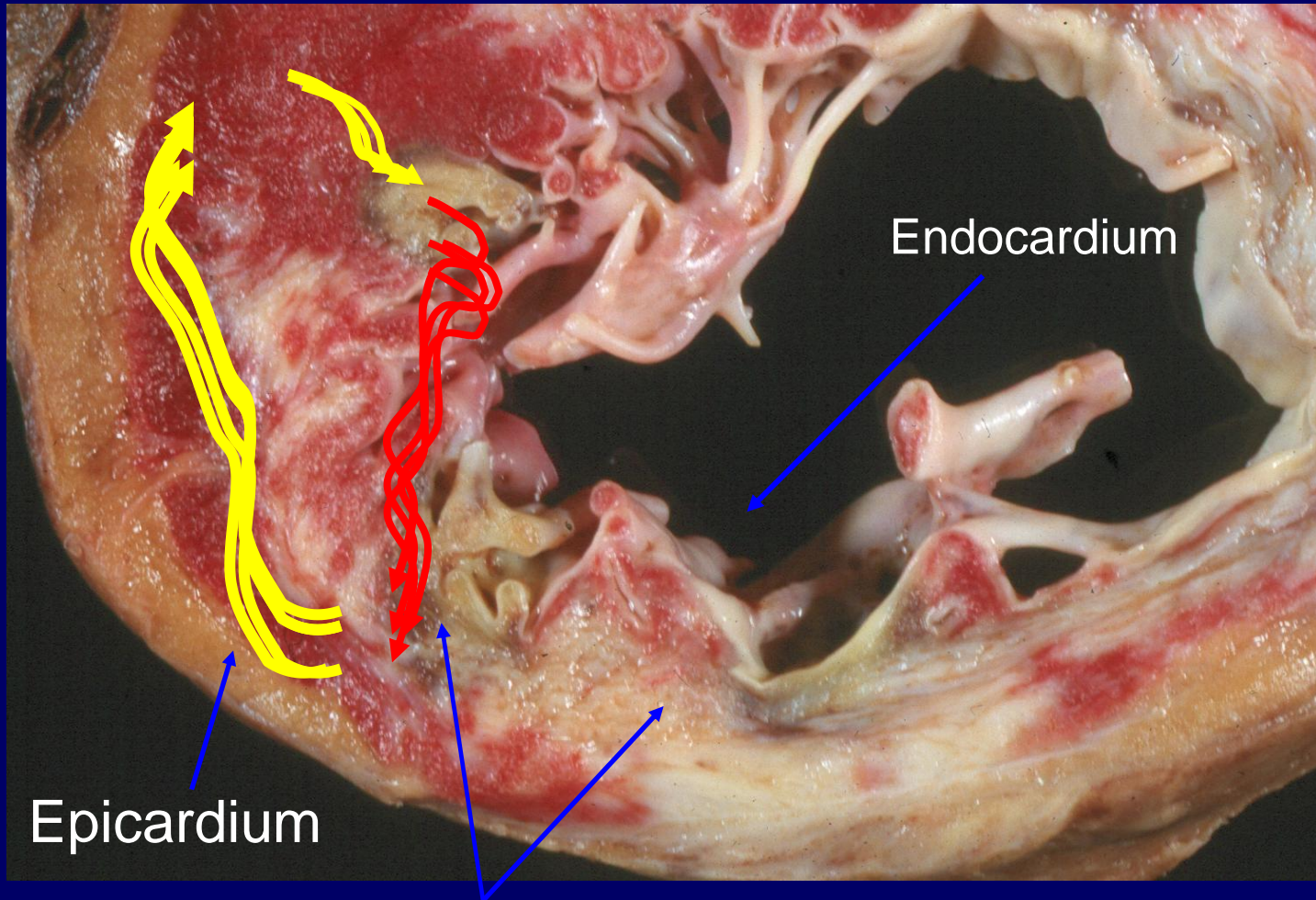
65

35

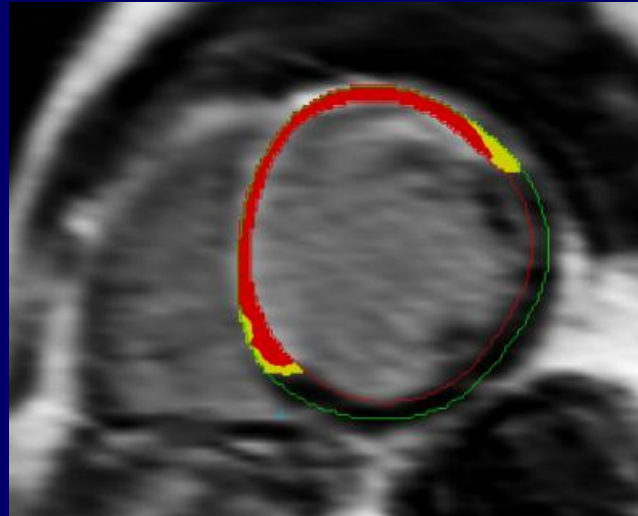
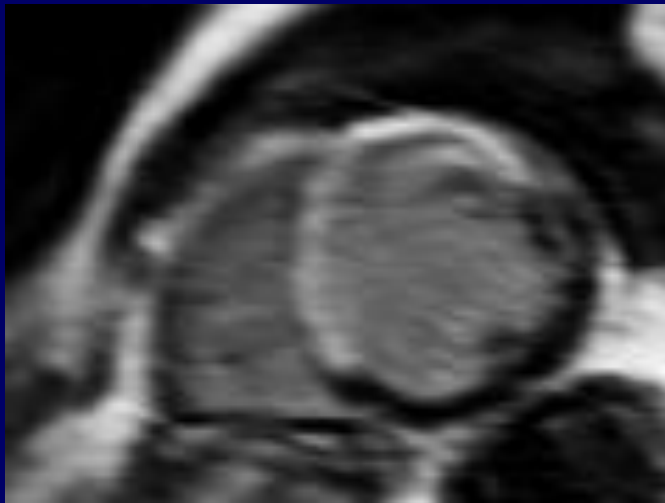
-

+

What is the pathophysiological substrate for SCD in CAD?

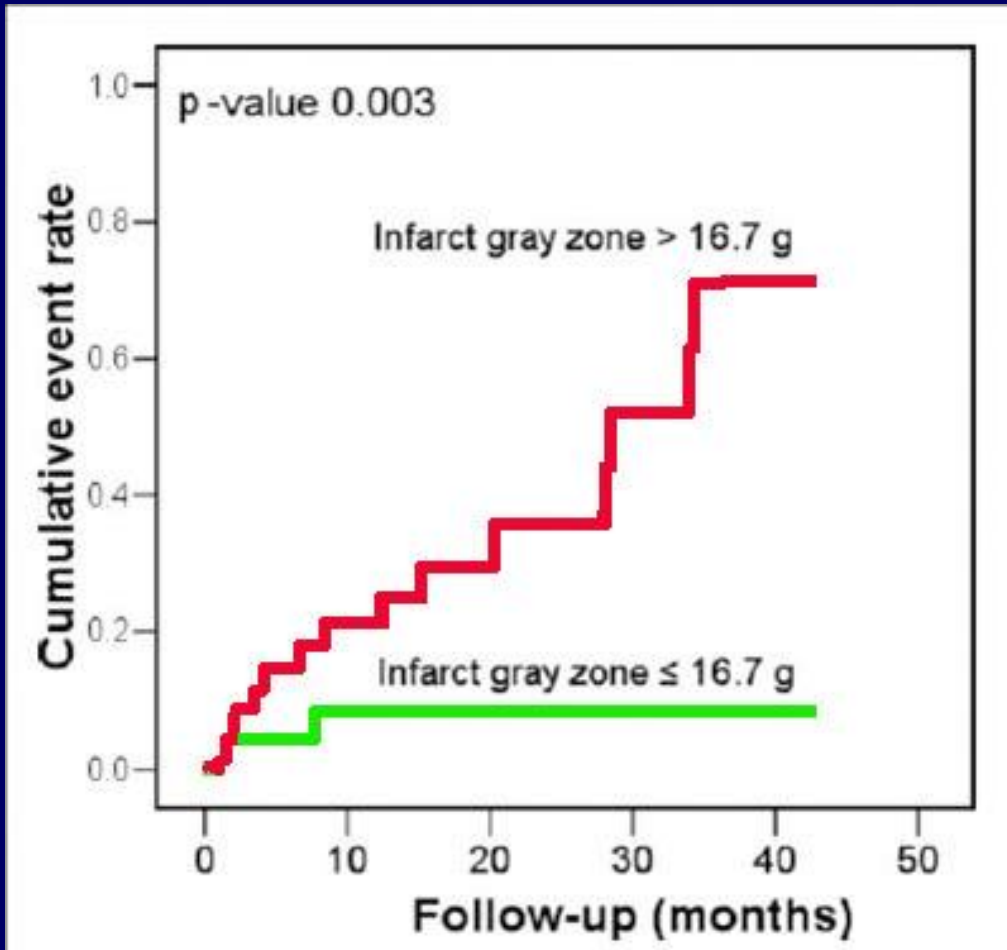


MRI to assess arrhythmogenic substrate:



- Late-gadolinium enhancement: scar area and peri-infarct zone

Value of border zone to predict VTs



HR (95%CI): 1.47 (1.04 to 2.08)
P = 0.003

Severe heart failure patient

Complex information is needed to determine therapy

Can be provided by multi-modality imaging