

# Cardiology Update, February 10 – 15 2013, Davos



## *Lipids: Current practice and future targets: HDL dysfunction and CETP inhibition?*

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Cardiology, Cardiovascular Center,  
University Hospital Zürich, Switzerland



University Hospital  
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Zurich <sup>UZH</sup>

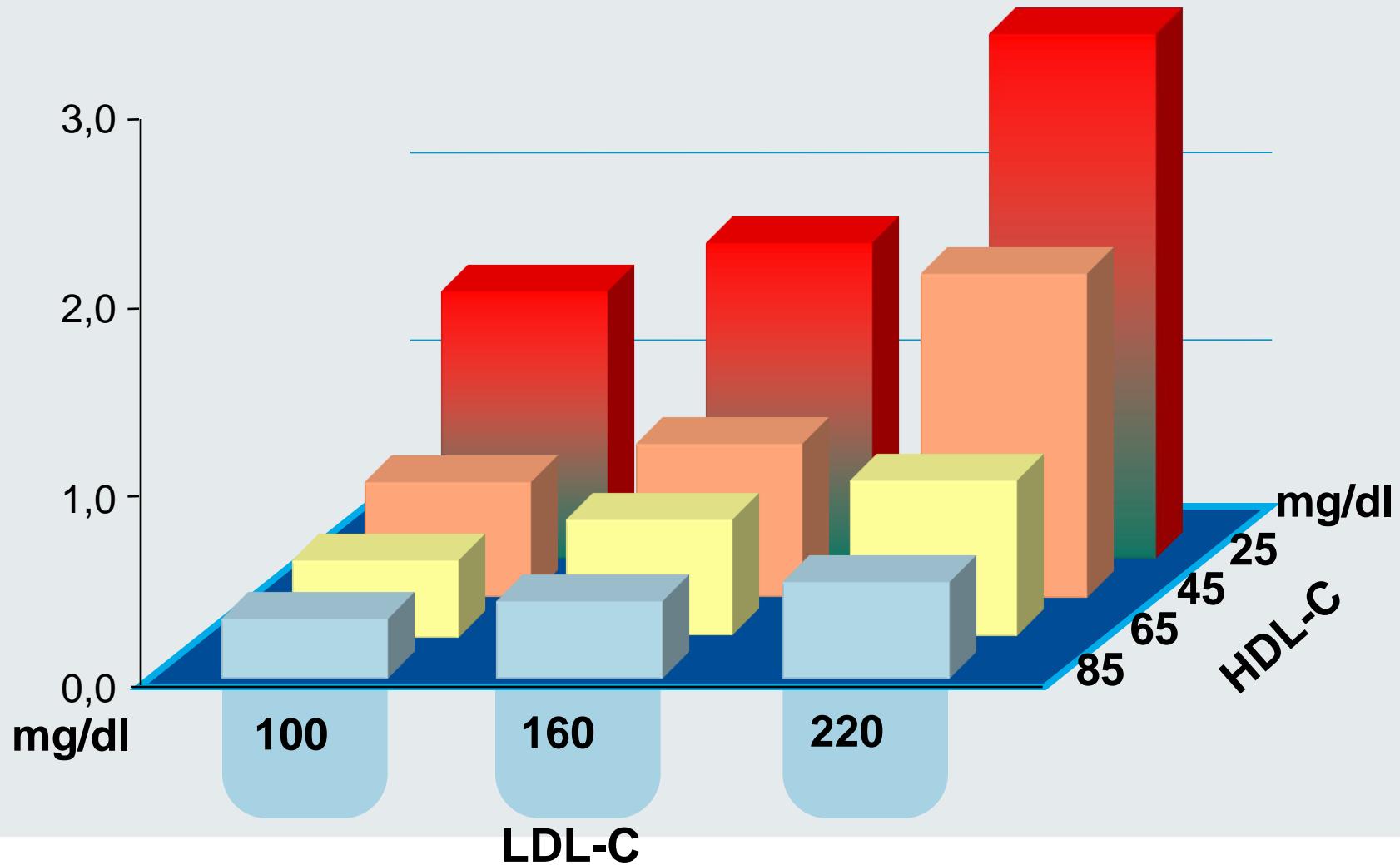
# HDL dysfunction and CETP inhibition ?

**1. The HDL cholesterol hypothesis**

**2. HDL dysfunction**

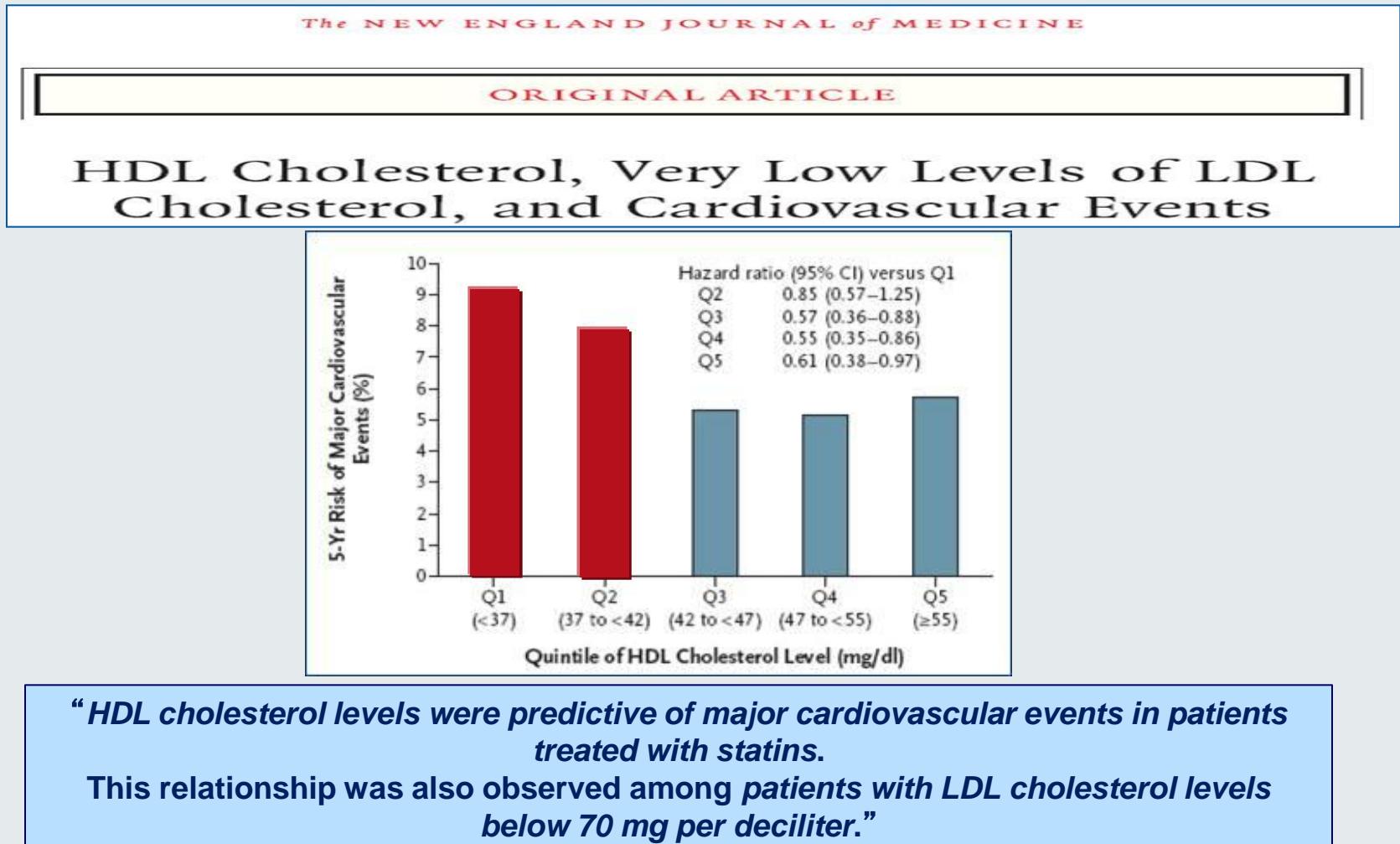
**3. Novel therapeutic interventions - CETP inhibition ?**

# LDL and HDL-Cholesterol and risk of coronary disease: *Framingham Heart Study*

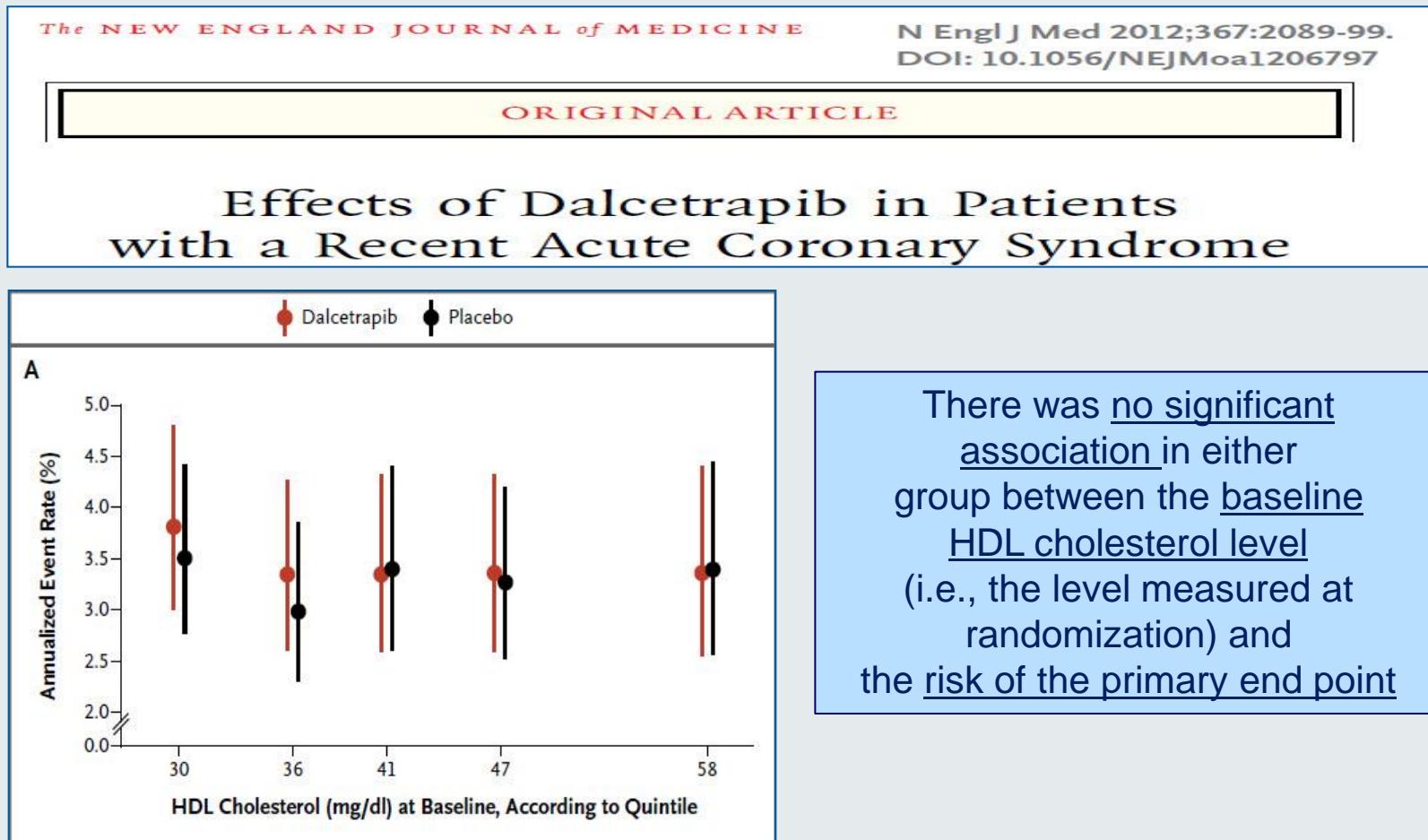


Gordon T et al. Am J Med 1977;62:707-714

# Low HDL as predictor of cardiovascular events in patients with stable CAD and low LDL-C levels on statin therapy ?

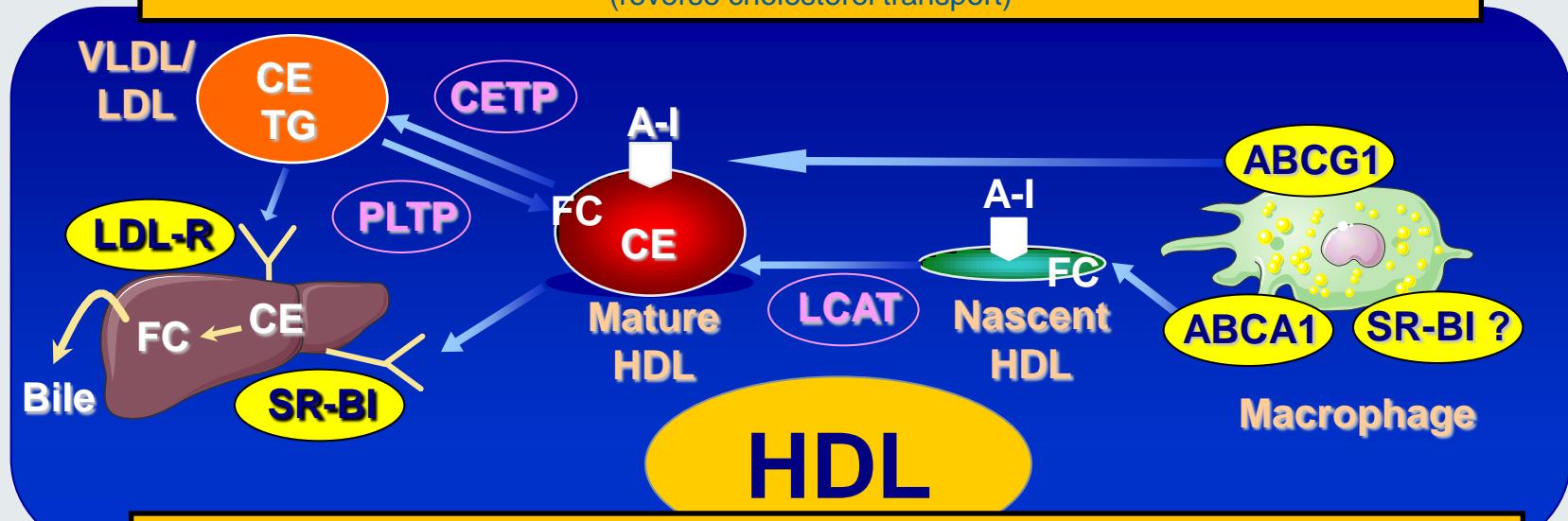


# Association of baseline HDL cholesterol levels and risk of cardiovascular events in patients with a *recent acute coronary syndrome* on statin therapy ?



# HDL: proposed anti-atherogenic effects

## 1. HDL-mediated promotion of RCT (reverse cholesterol transport)



## 2. Direct HDL-mediated endothelial-protective potential anti-atherogenic effects

Endothelial anti-apoptotic effects

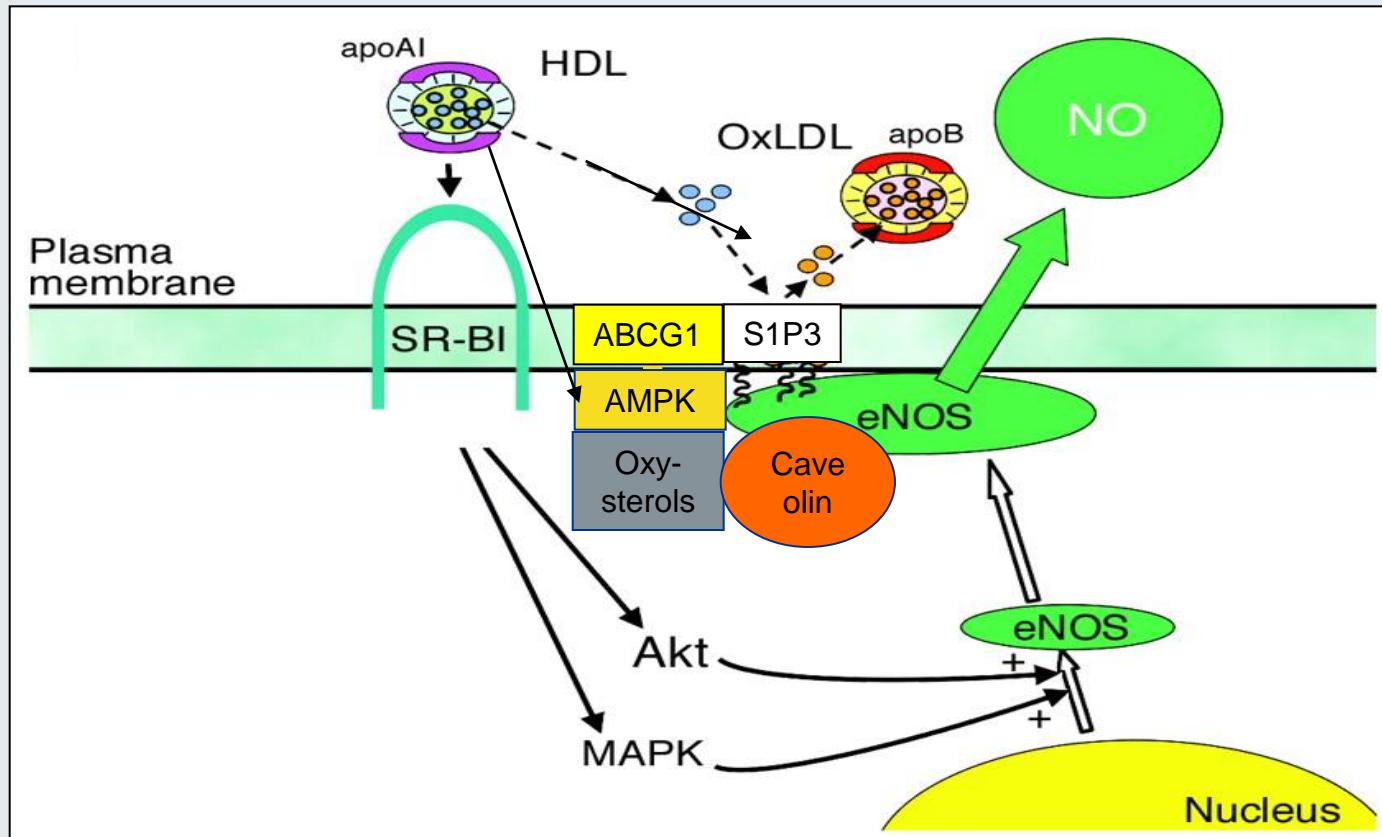
Anti-inflammatory effects

Endothelial NO production

Anti-thrombotic effects

Promotion of endothelial repair

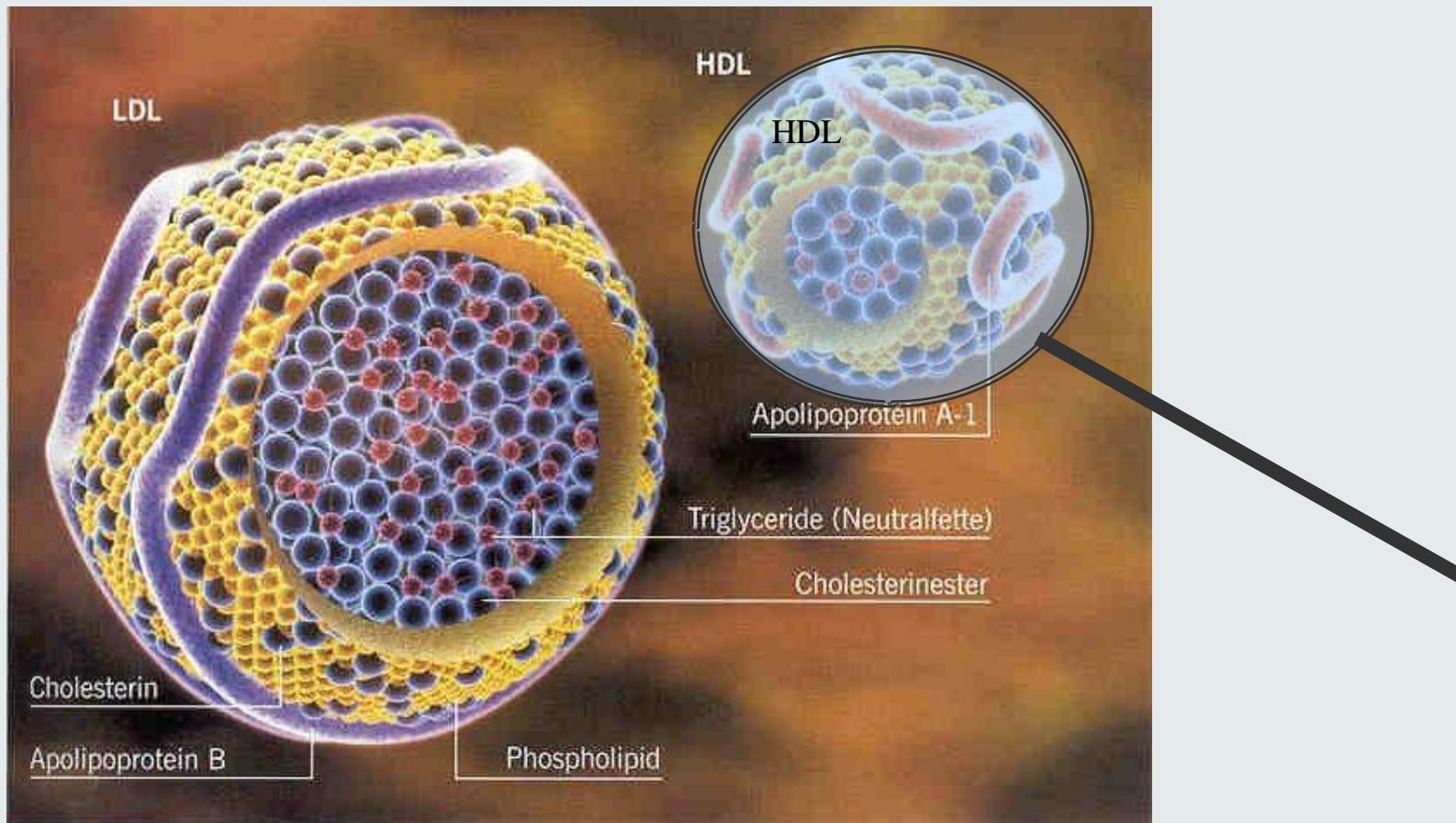
# Mechanisms of vasoprotective effects of HDL: Endothelial cell nitric oxide (NO) production



Yuhanna IS et al.; *Nat Med* 2001  
 Mineo e al.; *J Biol Chem.* 2003  
 Nofer et al.; *J. Clin. Invest.* 2004

Terasaka N et al.; *J. Clin. Invest.* 2008  
 Terasaka N et al.; *Arterioscler Thromb Vasc Biol.* 2010  
 Li D et al. *Arterioscler Thromb Vasc Biol.* 2010

# HDL - a therapeutic target in cardiovascular prevention ?



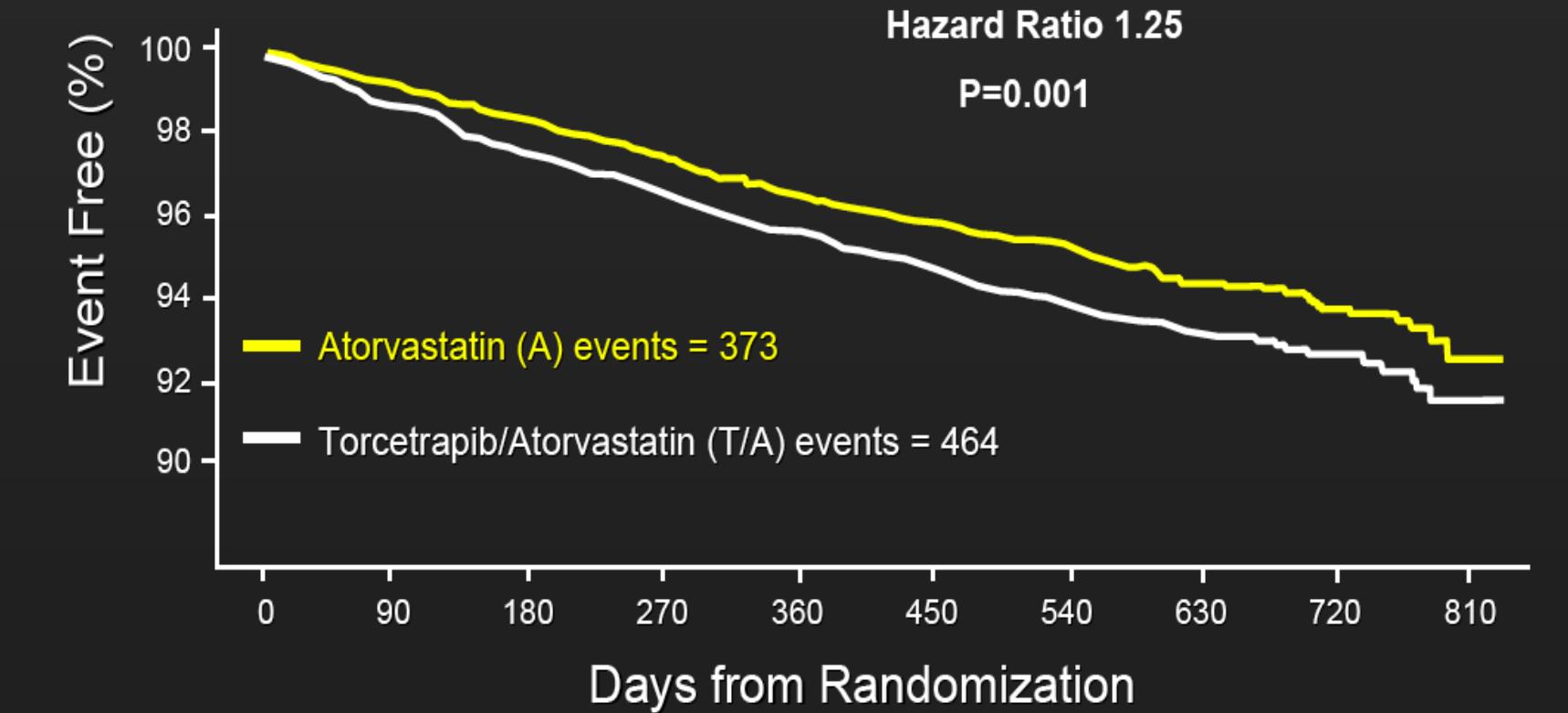
**Should we raise the “good“ cholesterol ?**

# CETP-Inhibition with Torcetrapib: lipid changes

	Change at 12 Months		
	Atorvastatin Only	Torcetrapib plus Atorvastatin	P Value
<b>Lipids (percent change) — %</b>			
Cholesterol			
Total	+2.2±14.5	+7.0±17.7	<0.001
High-density lipoprotein	+1.8±14.0	+72.1±34.7	<0.001
Low-density lipoprotein	+3.0±23.7	-24.9±28.5	<0.001
Triglycerides			
Median	+1	-9	<0.001
Interquartile range	-18 to 25	-27 to 13	

# CETP-Inhibitor - Torcetrapib - Clinical Outcome Study: ILLUMINATE

## Time to First MCV\*<sup>E</sup>: Kaplan-Meier Plot





*Thomas H. Huxley*

**The deepest sin against  
the human mind is to  
believe things without  
evidence.**

Thomas H. Huxley  
(1825 - 1895)

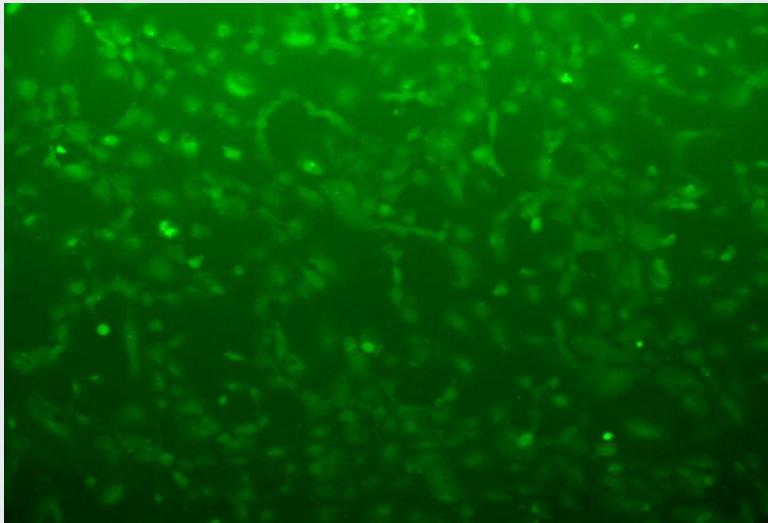
# HDL dysfunction and CETP inhibition?

**1. The HDL cholesterol hypothesis**

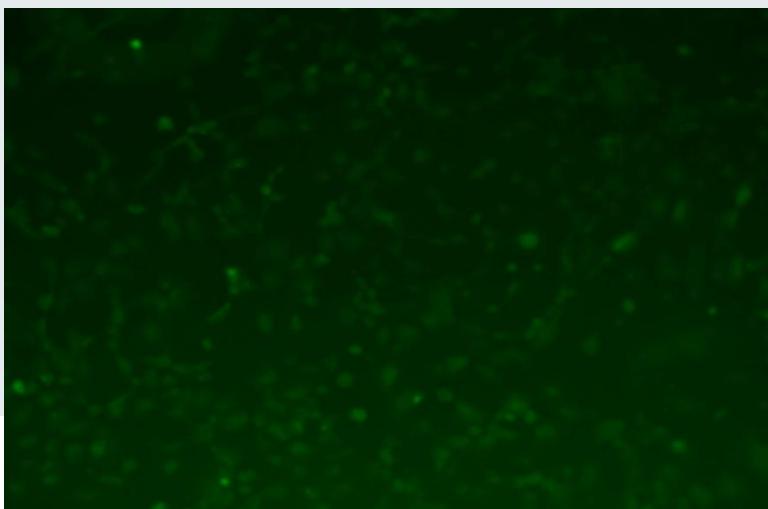
**2. HDL dysfunction**

**3. Novel therapeutic interventions - CETP inhibition ?**

# Effect of HDL on endothelial cell nitric oxide production in coronary disease ?



HDL from  
Healthy subject



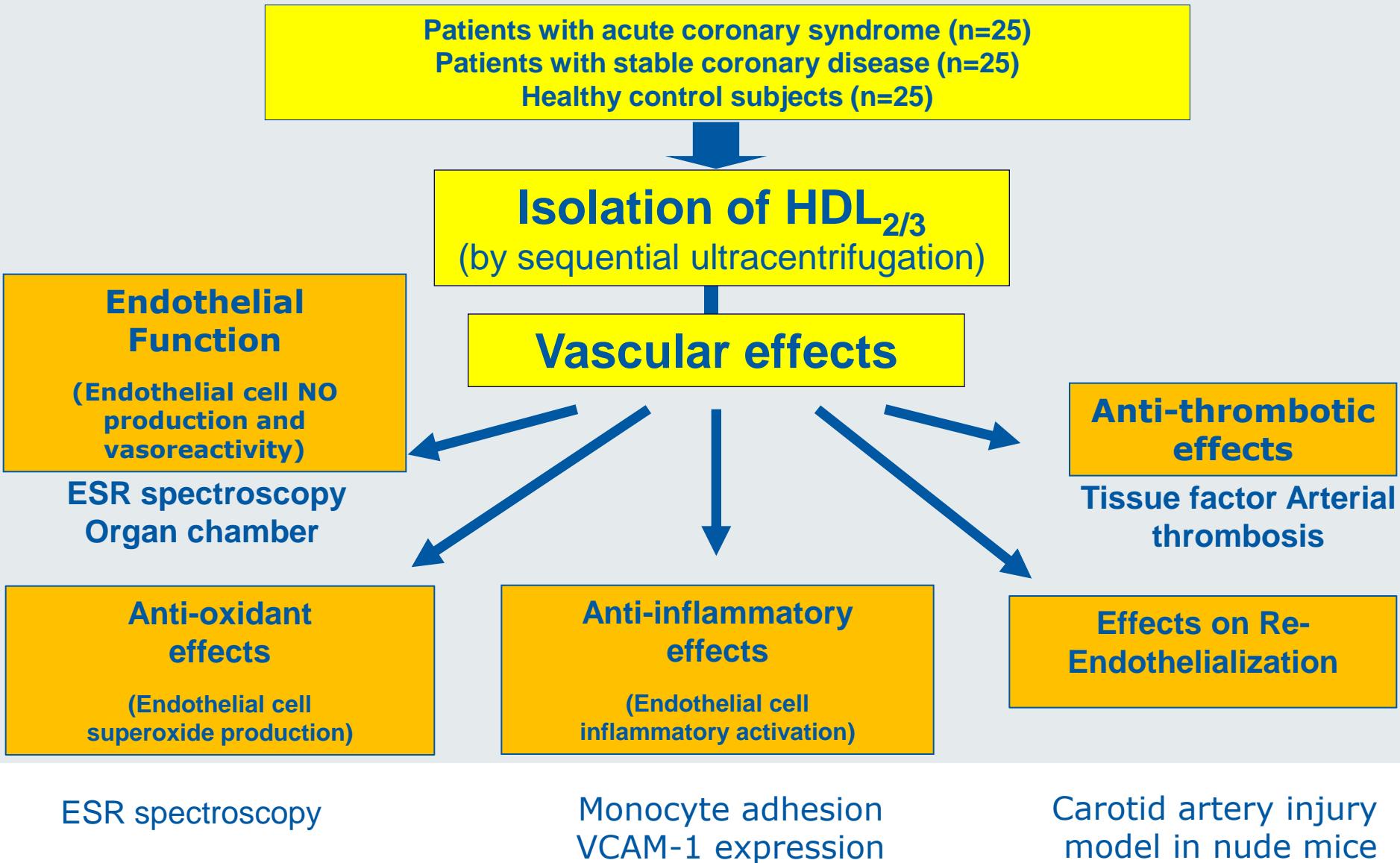
HDL from  
CAD patient

30 minutes

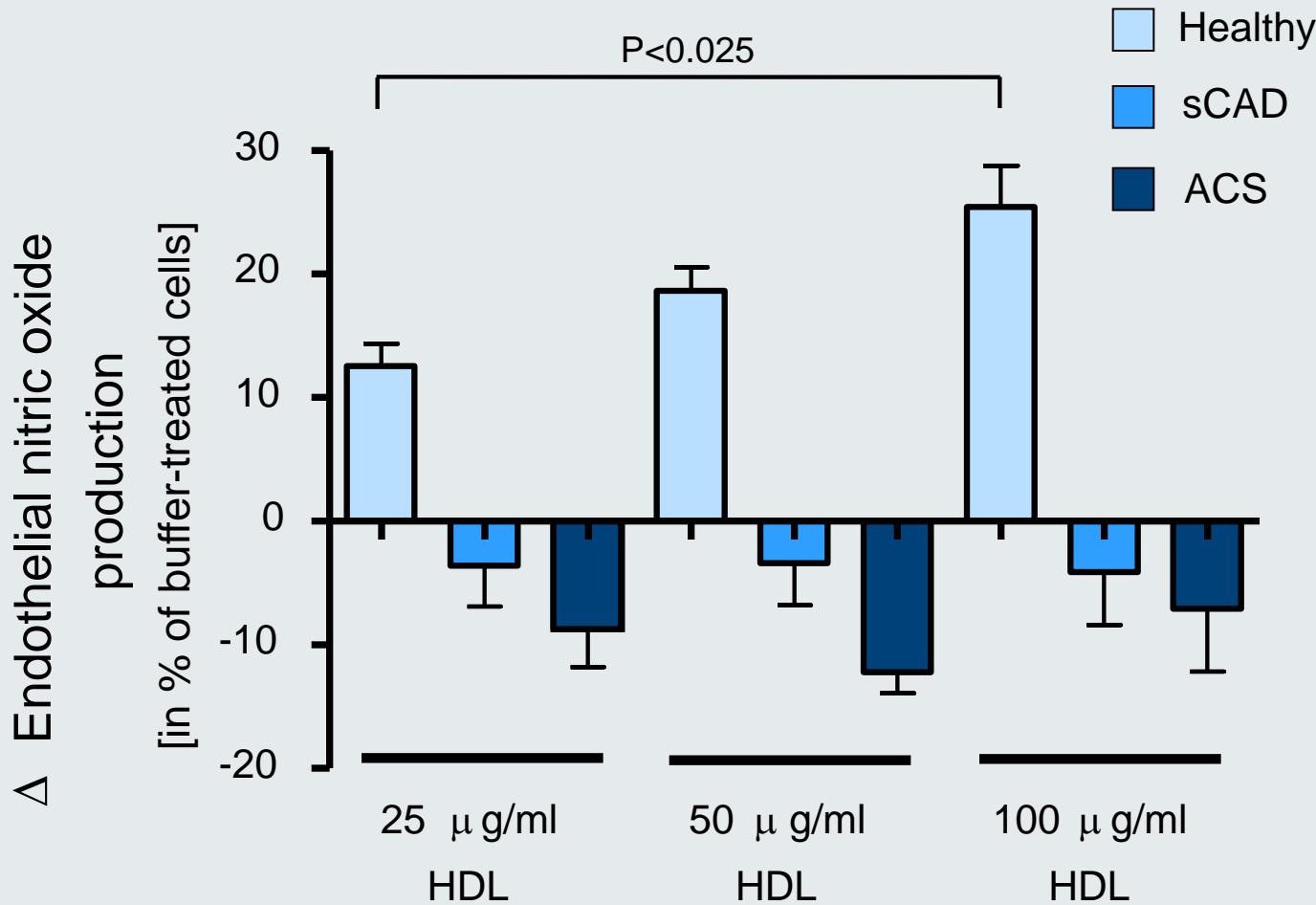
**Vascular effects of HDL in  
patients with stable coronary  
disease or  
acute coronary syndrome as  
compared to healthy subjects ?**

# Study design:

## Endothelial effects of HDL - endothelial bioassays

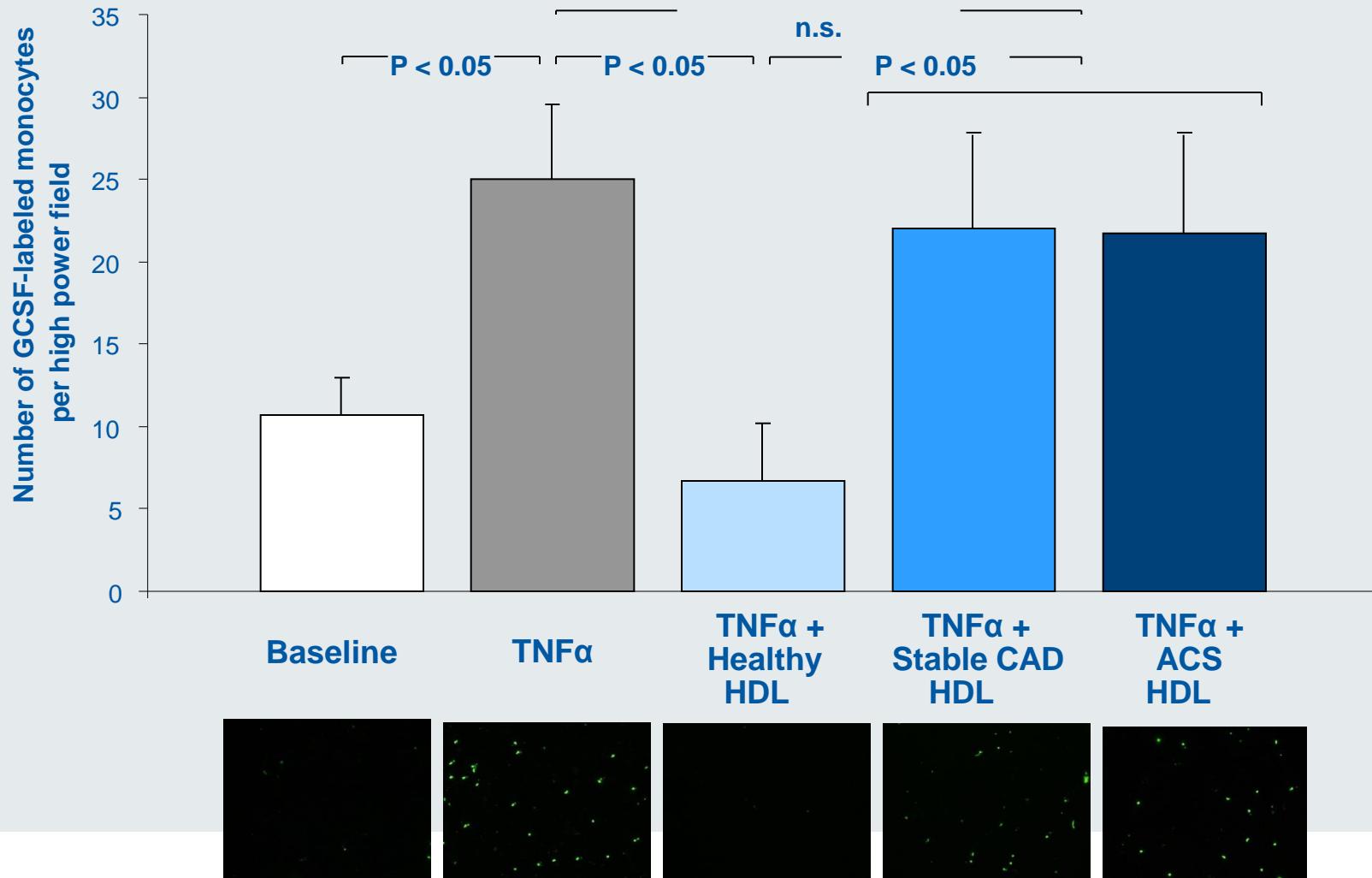


# HDL –effects on endothelial cell nitric oxide production in patients with CAD



Besler C et al. & Lüscher T, Landmesser U. *J Clin Invest* 2011;121(7):2693-708

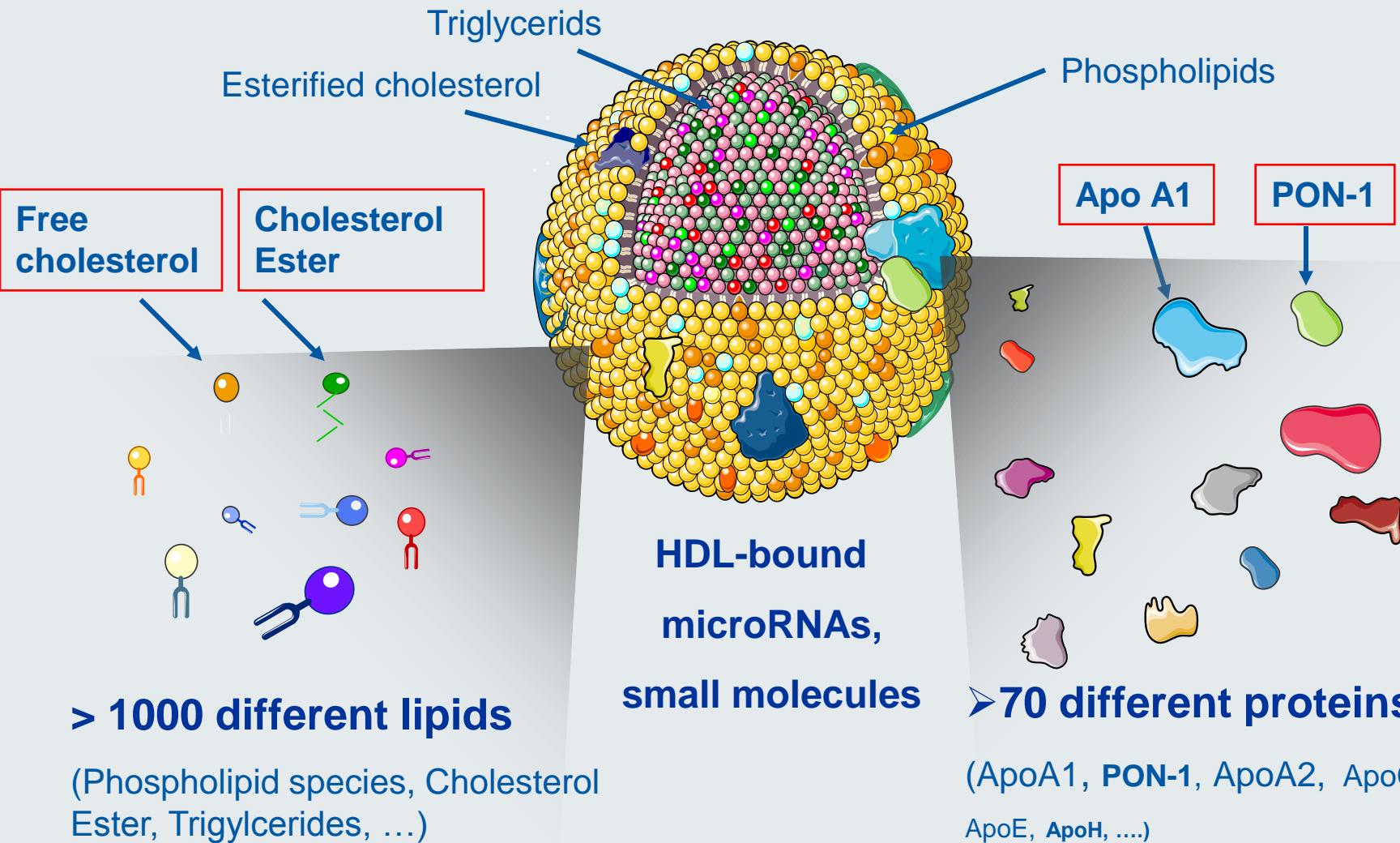
# Effects of HDL on vascular inflammation: *Monocyte adhesion on TNF $\alpha$ -stimulated endothelial cells*



# HDL function (vascular effects)

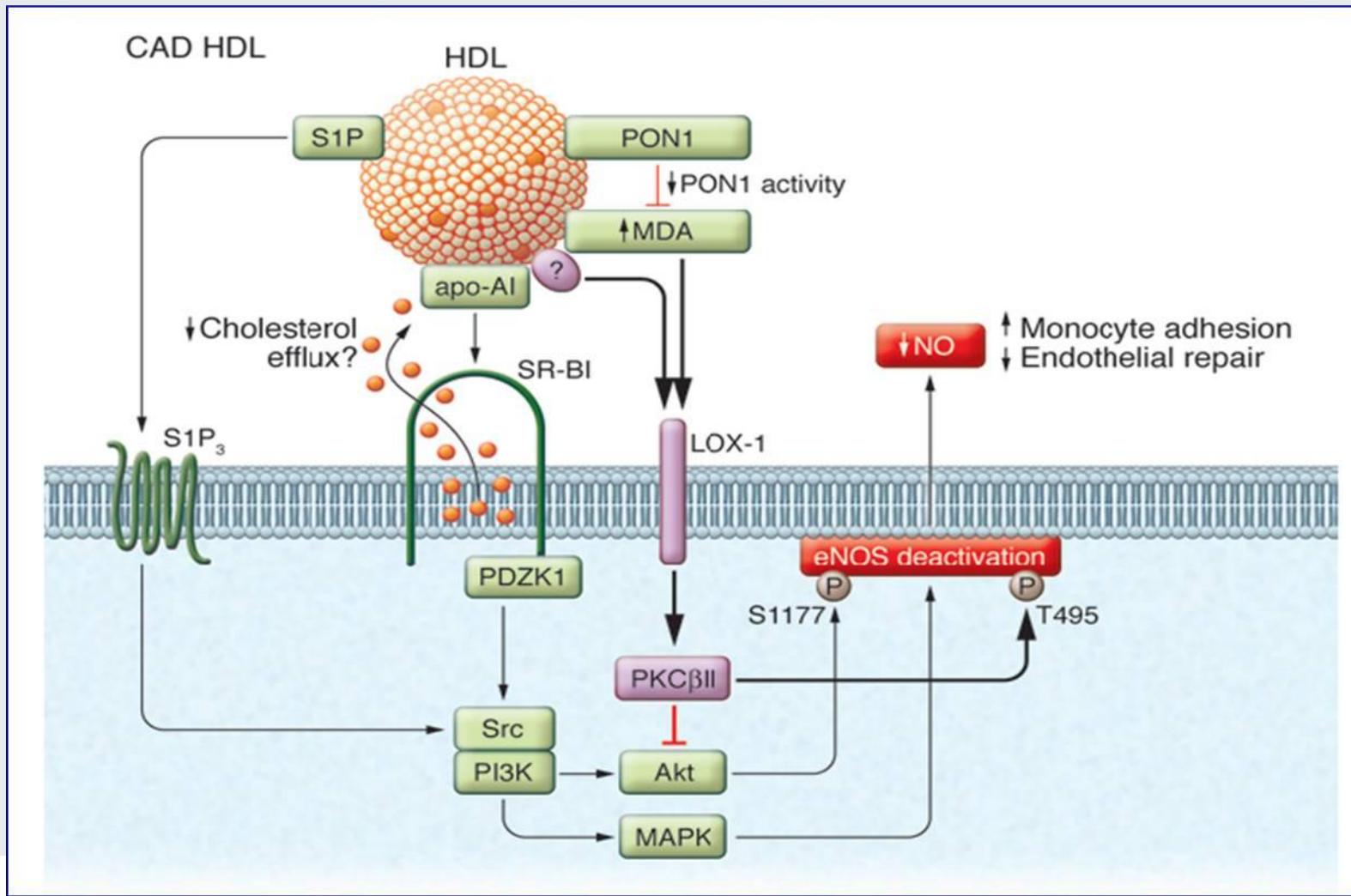
**Which changes of HDL are mediating differences in HDL's vascular effects ?**

# The complexity of the HDL-lipoprotein

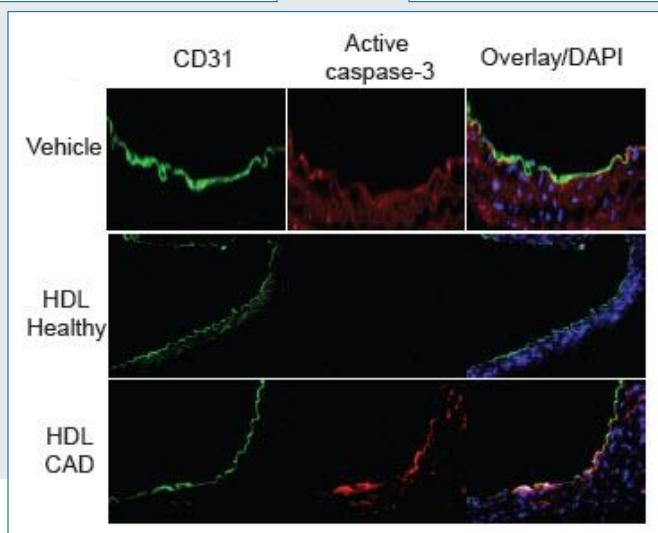
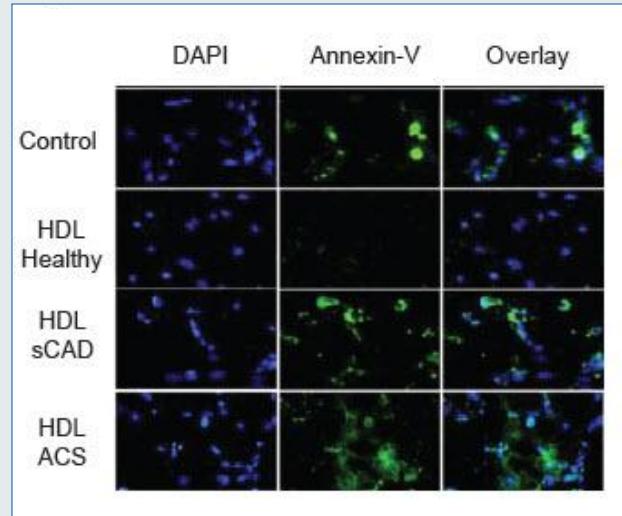
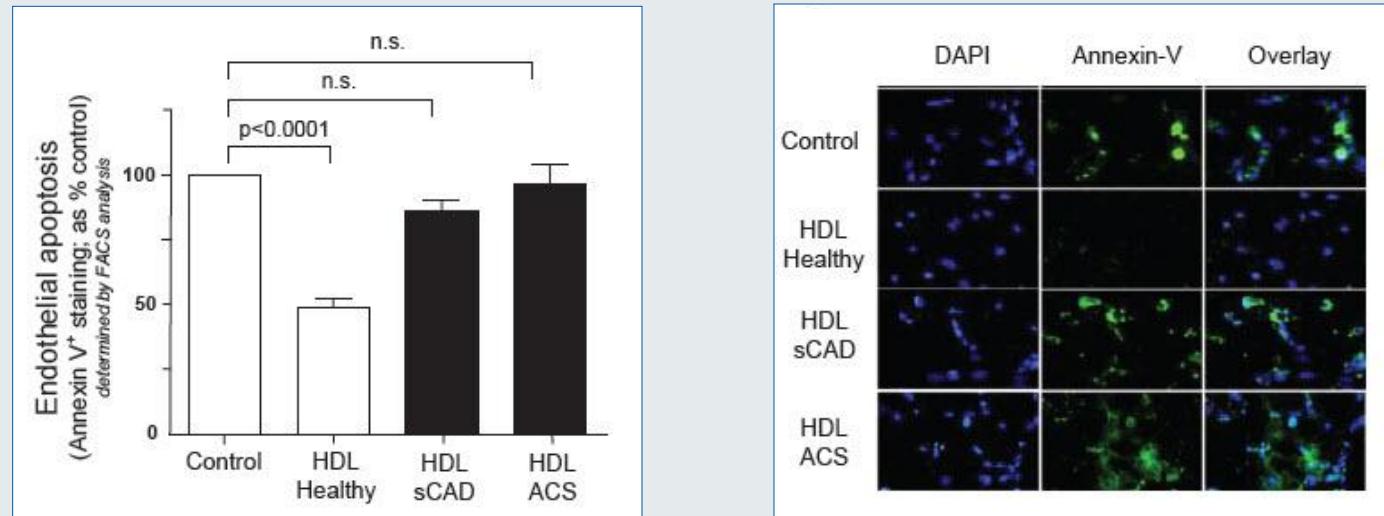


Changes in composition and modification of both, lipids and proteins of HDL in cardiovascular disease results in altered HDL „function“

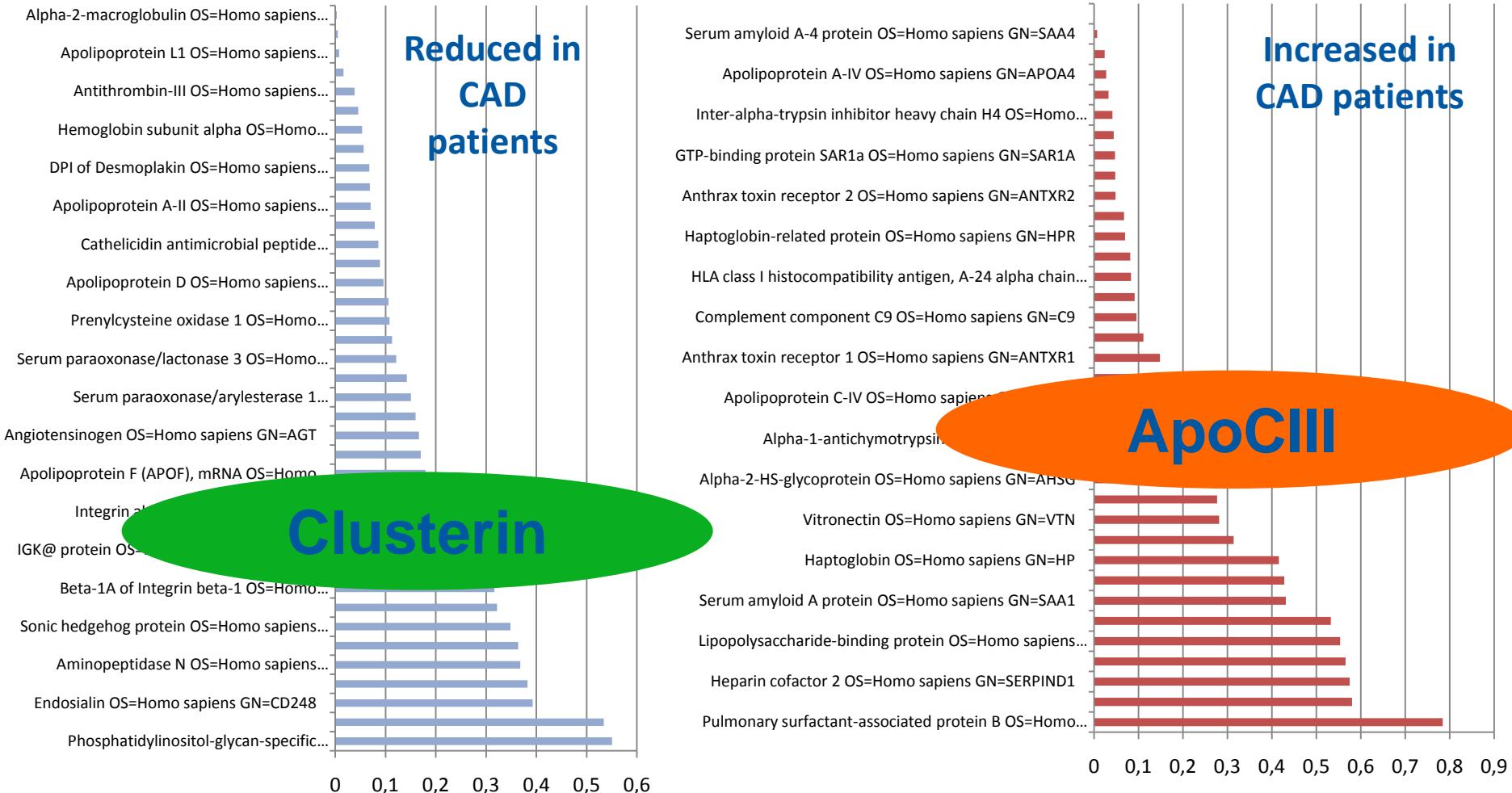
# Mechanisms leading to altered effects of HDL on endothelial nitric oxide availability in CAD



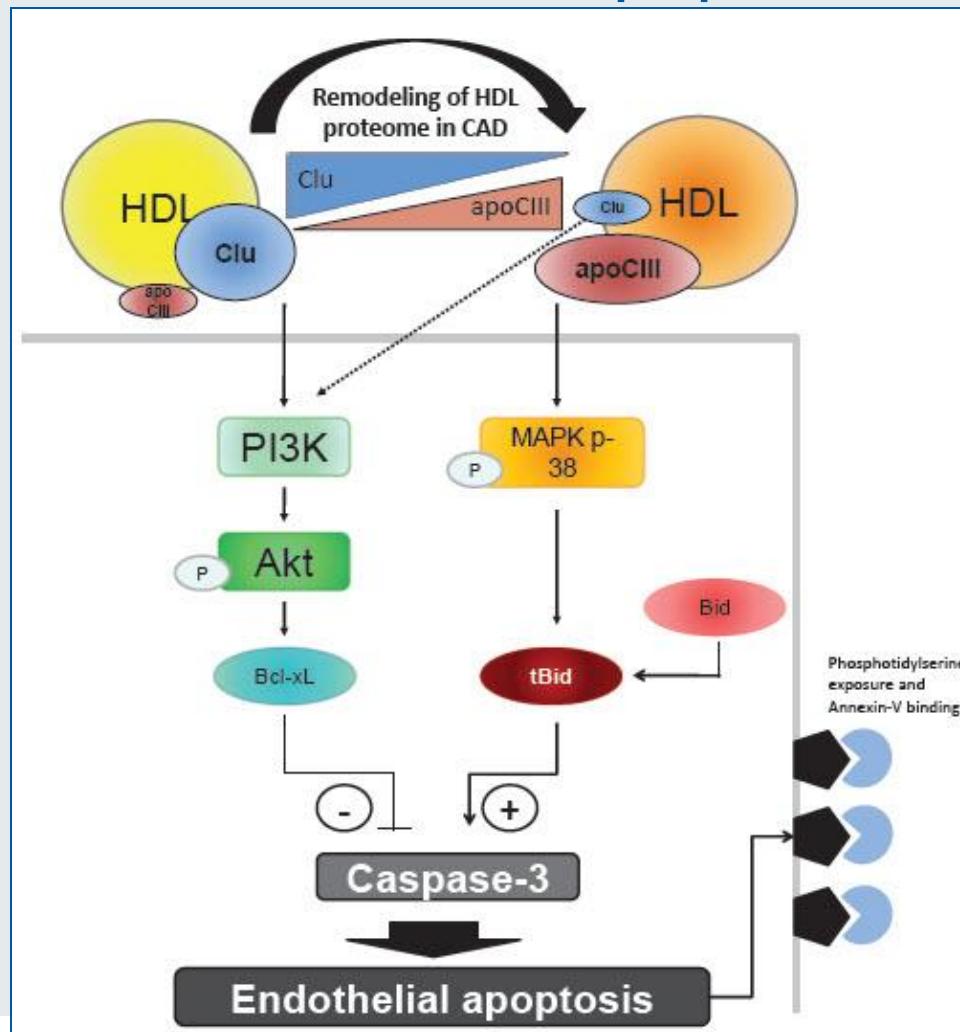
# Effects of HDL<sub>Healthy</sub>, HDL<sub>sCAD</sub> or HDL<sub>ACS</sub> on endothelial apoptosis *in vitro* and *in vivo*



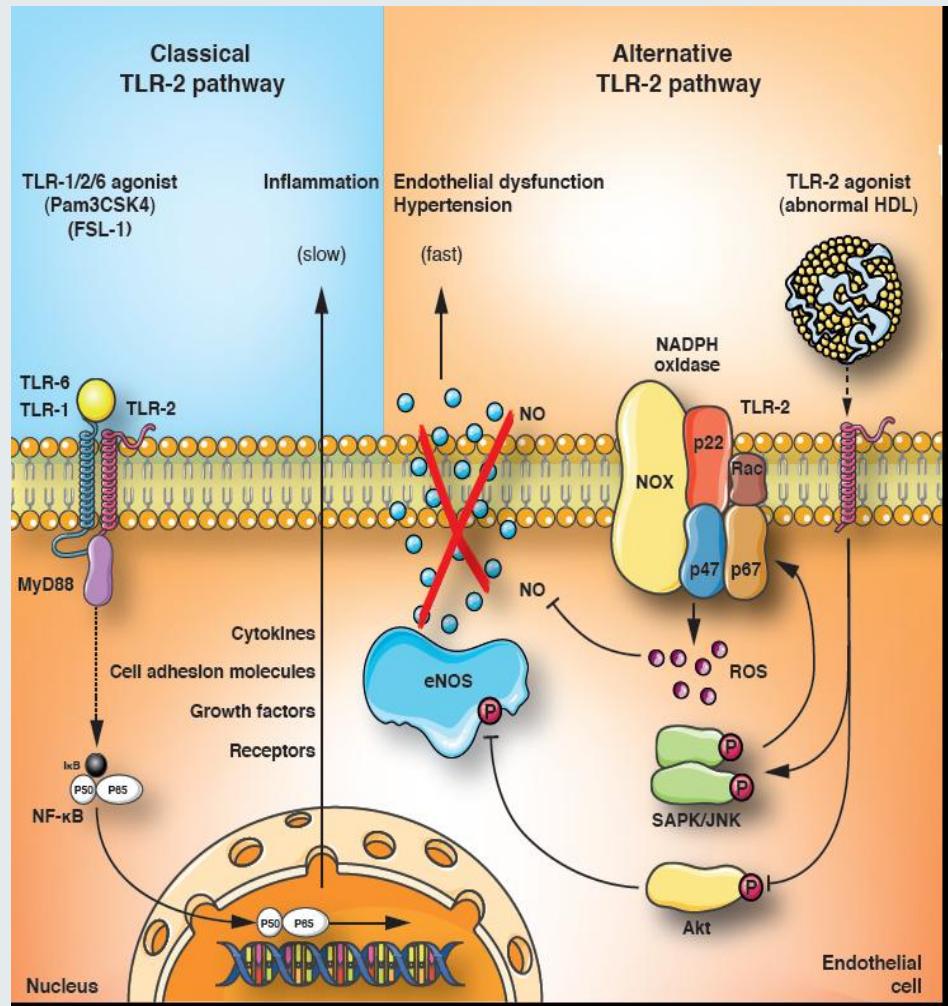
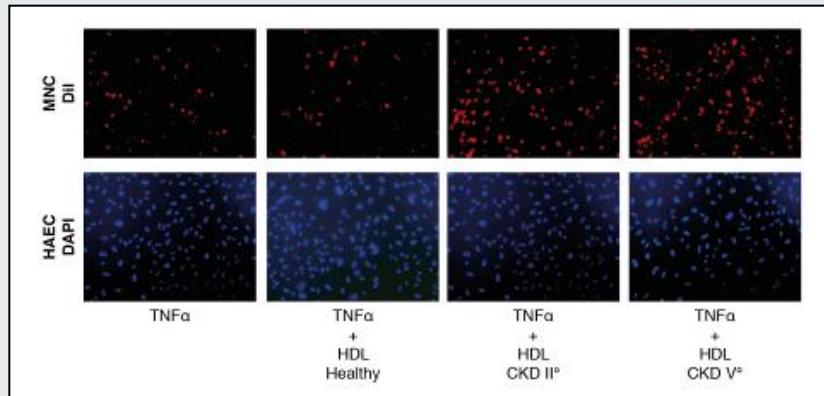
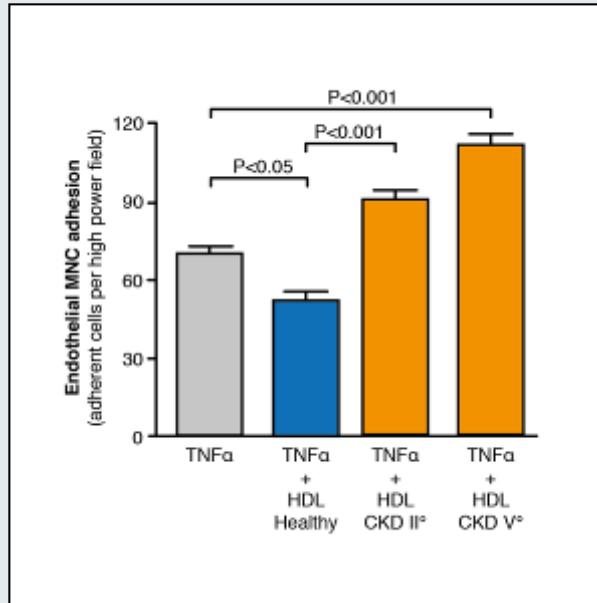
# HDL proteome alterations in patients with coronary disease



# Summary of mechanisms leading to altered effects of HDL on endothelial apoptosis in CAD



# HDL from patients with chronic kidney disease (CKD) promotes endothelial inflammatory activation



# HDL dysfunction and CETP inhibition?

1. The HDL cholesterol hypothesis

2. HDL dysfunction

3. Novel therapeutic interventions - CETP inhibition ?

# Niacin (vitamin B3): clinical outcome studies in combination with statin therapy

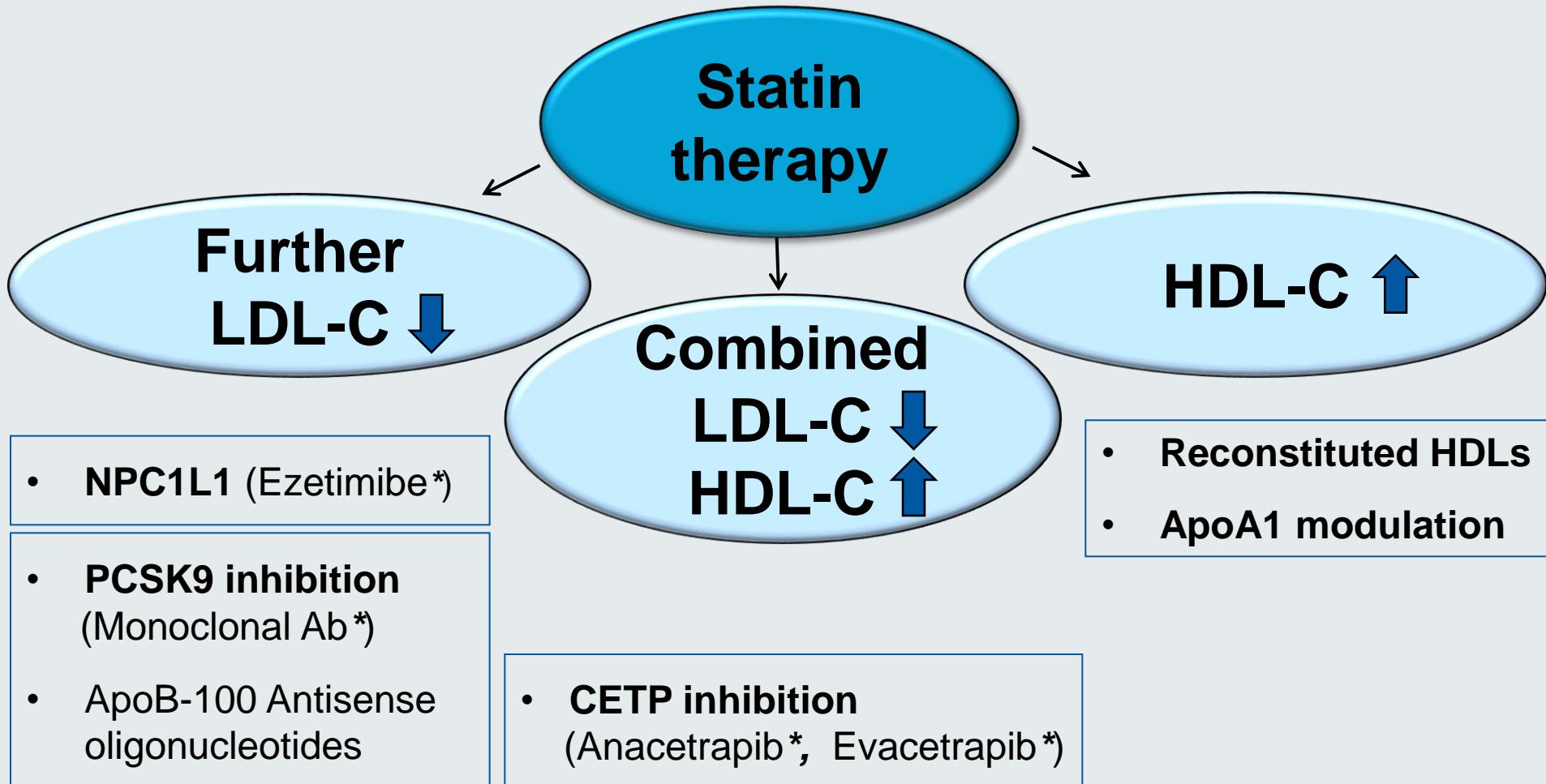
## AIM-HIGH trial

- Pre-randomisation phase with niacin (1.5/2g) → exclusion: 20.1 %
- Aiming to have similarly low LDL-C in both treatment groups (simvastatin 40-80 mg)
  - **LDL: - 5.5 %, HDL: + 13.2 %**
- **Cave: More patients increased statin dose and/or added ezetimibe in control-group**
- Randomization (n): 1718 vs. 1696 patients
- Mean FU - 3 years (556 events)

## HPS2-THRIVE trial

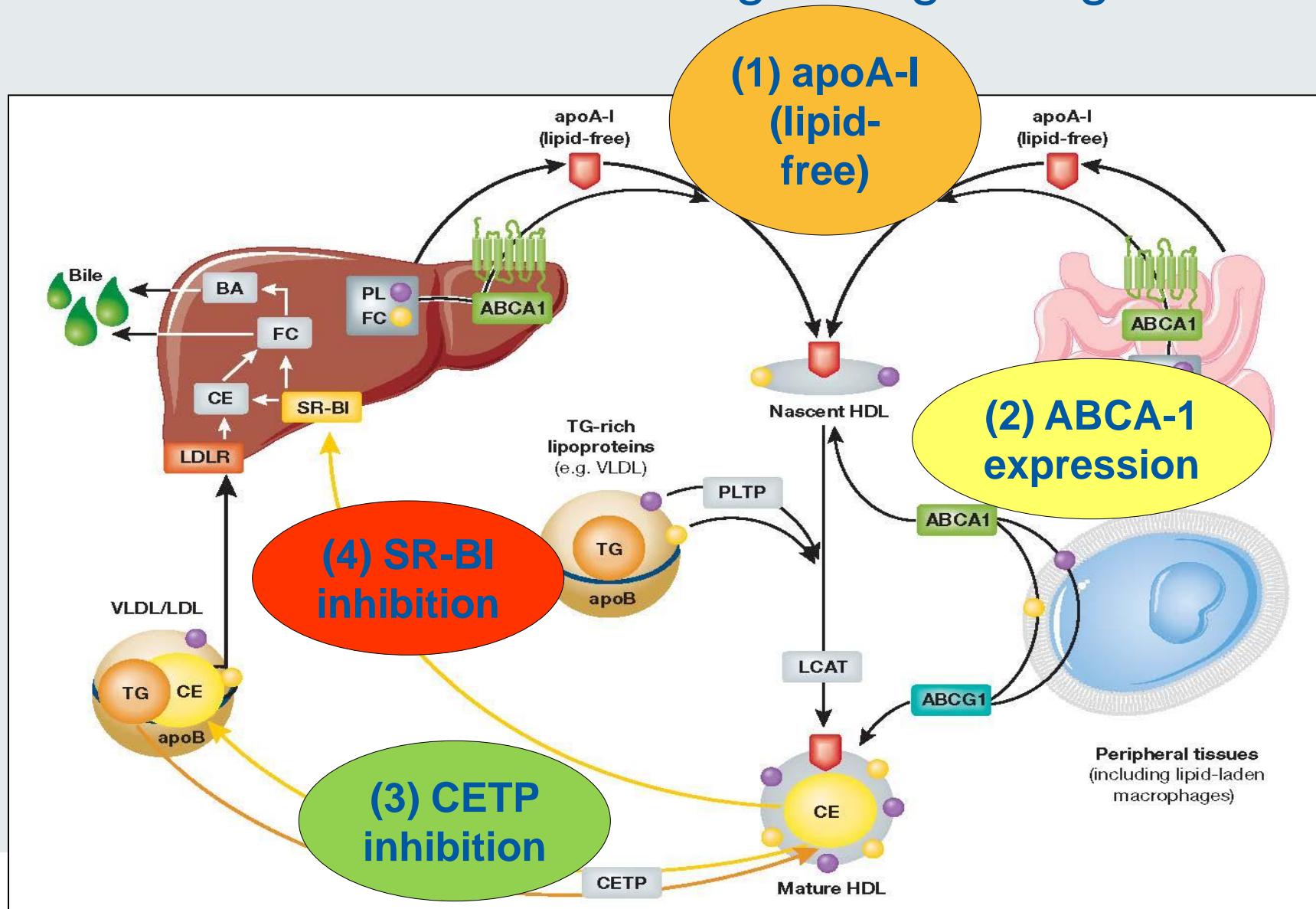
- Pre-randomisation phase with ER-niacin (2g)/ laropiprant (40 mg) → exclusion: 25.4 %
- No further adjustment of LDL-C levels after randomization (simvastatin 40 mg)
  - **LDL: -19.9 %; HDL + 16.9 %**
- **Cave: Cardiovascular effects of PGD<sub>2</sub> receptor DP<sub>1</sub> antagonist laropiprant ?**
- Randomization (n): 12838 vs. 12835 patients
- Mean FU - 4 years (? events)

# Lipid-targeted Therapies - What should be added to statins in patients with high vascular risk ?



\*Clinical outcome trials ongoing

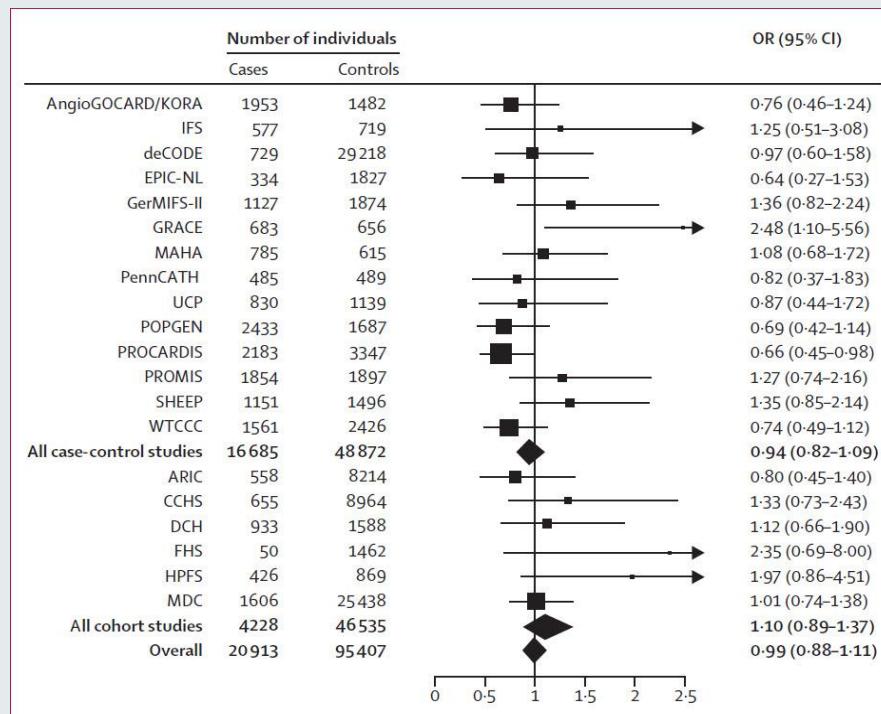
# HDL metabolism – different targets regulating HDL-C



# Genetic link with increased HDL cholesterol (endothelial lipase SNP), but not associated with myocardial infarction

*Lancet* 2012; 380: 572-80

## Plasma HDL cholesterol and risk of myocardial infarction: a mendelian randomisation study

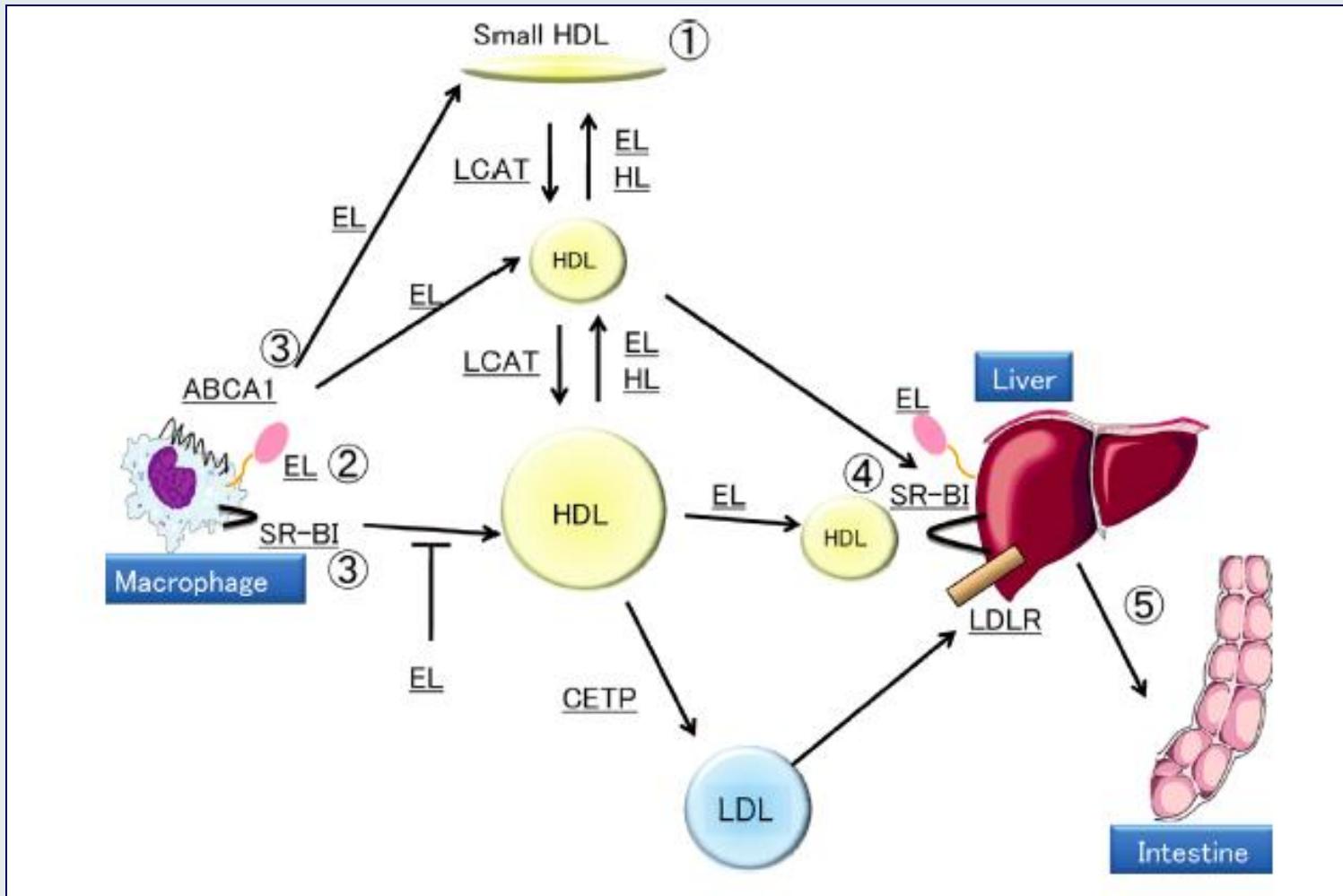


Association of *LIPG* Asn396Ser with myocardial infarction in 116 320 participants from 20 studies

**“Some genetic mechanisms that raise plasma HDL cholesterol do not seem to lower risk of myocardial infarction. These data challenge the concept that raising of plasma HDL cholesterol will uniformly translate into reductions in risk of myocardial infarction.**

*Lancet* 2012; 380: 572-80

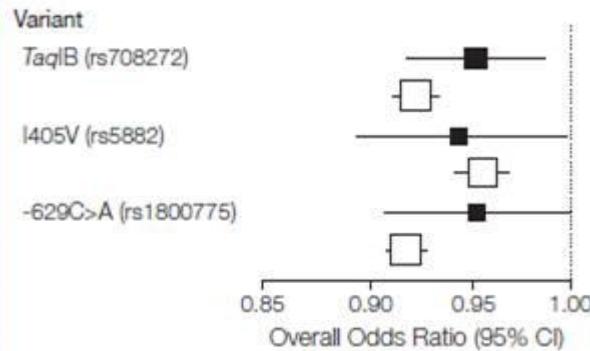
# Endothelial lipase and reverse cholesterol transport



# CETP – genetic association with coronary disease: a meta-analysis

## Association of Cholesteryl Ester Transfer Protein Genotypes With CETP Mass and Activity, Lipid Levels, and Coronary Risk

- Per-allele odds ratio for coronary disease associated with CETP variants in the current analysis<sup>a</sup>
- Odds ratio for observed per-allele increase in HDL-C levels in prospective studies<sup>b</sup>



Odds Ratios for Coronary Disease for  
3 CETP variants

Three CETP genotypes that are associated with moderate inhibition of CETP activity (and higher HDL-C levels) show weakly inverse associations with coronary risk.

46 studies had data on 27,196 coronary cases and 55,338 controls

# CETP – genetic association with ischemic cardiovascular events in Copenhagen City Heart Study

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 Published by Elsevier Inc.

Vol. 60, No. 20, 2012  
 ISSN 0735-1097/\$36.00  
<http://dx.doi.org/10.1016/j.jacc.2012.07.045>

## Cardiometabolic Risk

### Genetic Inhibition of CETP, Ischemic Vascular Disease and Mortality, and Possible Adverse Effects

Trine Holm Johannsen, MD, PhD,\*† Ruth Frikke-Schmidt, MD, DMSc,\*† Jesper Schou, MSc,\*†  
 Børge G. Nordestgaard, MD, DMSc,†‡§ Anne Tybjærg-Hansen, MD, DMSc\*†§

Genotype	Participants (n)	Myocardial Infarction				Ischemic Stroke			
		Events (n)	Incidence rate (95% CI)	Hazard Ratio (95% CI)	P for Trend	Events (n)	Incidence rate (95% CI)	Hazard Ratio (95% CI)	P for Trend
-629	CC	2709	308 47 (42-52)		<0.001	243	36 (32-41)		0.004
	CA	5084	478 39 (35-42)			370	30 (27-33)		
	AA	2468	205 34 (30-39)			178	29 (25-34)		
Taq1B	GG	3203	364 47 (42-52)		<0.001	279	35 (31-40)		0.003
	GA	5057	466 38 (35-41)			375	30 (27-34)		
	AA	2001	161 33 (28-38)			137	28 (23-33)		

# CETP – genetic association with myocardial infarction ?

	Chromosome	Gene(s) of interest within or near associated interval	Major allele, minor allele (minor allele frequency)*	Modelled allele	Effect of modelled allele on plasma HDL cholesterol (mmol/L)*	Effect of modelled allele on plasma triglycerides (mmol/L)*	Effect of modelled allele on plasma LDL cholesterol (mmol/L)*	Sample size (MI cases/MI-free controls)	For modelled allele, observed change in MI risk (%; 95% CI)	For modelled allele, p value for association with MI
rs17482753	8p21	LPL†	G, T (0.10)	T	0.08	-0.24	..	19139/50 812	-12% (-16 to -7)	4x10 <sup>-7</sup> †
rs17321515	8q24	TRIB1†	A, G (0.45)	G	0.02	-0.11	-0.05	19139/50 812	-7% (-9 to -4)	2x10 <sup>-8</sup> †
rs6589566	11q23	APOA1-APOC3-APOA4-APOA5†	A, G (0.07)	A	0.05	-0.27	-0.09	18310/49 897	-10% (-15 to -5)	8x10 <sup>-3</sup> †
rs4846914	1q42	GALNT2†	A, G (0.40)	A	0.02	-0.03	..	19139/50 812	-3% (-6 to -1)	0.02†
rs2967605	19p13	ANGPTL4†	C, T (0.16)	C	0.05	-0.07	..	13595/16 423	-5% (-10 to -1)	0.03†
rs3764261	16q13	CETP†	C, A (0.32)	A	0.10	..	-0.03	16 503/46 576	-4% (-7 to 0)	0.04†
	rs61755018 (Asn396Ser)	18q21 LIPG	A, G (0.015)	G	0.14‡	..	..	17 165/49 077	-6% (-18 to 9)	0.41
	rs17145738	7q11 MLXIPL	C, T (0.11)	T	0.03	-0.15	..	19139/50 812	-1% (-4 to 3)	0.61
	rs3890182	9q31 ABCA1	G, A (0.14)	G	0.03	..	0.05	19139/50 812	-1% (-5 to 4)	0.76
	rs2338104	12q24 MMAB, MVK	G, C (0.46)	G	0.03	..	..	19139/50 812	0% (-3 to 3)	0.85
	rs471364	9p22 TTC39B	T, C (0.12)	T	0.03	..	..	15 693/47 098	0% (-5 to 5)	0.97
	rs2271293	16q22 LCAT	G, A (0.11)	A	0.03	..	..	19139/50 812	4% (-1 to 8)	0.10
	rs174547	11q12 FADS1-FADS2-FADS3	T, C (0.33)	T	0.03	-0.06	..	19139/50 812	3% (-1 to 6)	0.11
	rs1800588	15q22 LIPC	C, T (0.22)	T	0.05	0.07	..	17 917/49 514	4% (0 to 7)	0.04
	rs16988929	20q13 HNF4A	C, T (0.01)	T	0.01	..	..	17 041/20 137	31% (12 to 54)	9x10 <sup>-4</sup>

\*Data presented from a meta-analysis of seven cohorts (n up to 19 840) as presented in reference 16; the effect of each SNP on a lipid trait was modelled if the association of the SNP with a plasma lipid trait exceeded nominal significance ( $p < 0.05$ ). †Loci and SNPs that exceeded nominal significance ( $p < 0.05$ ) for association of modelled allele with MI; all modelled alleles increased HDL cholesterol. ‡Effect size presented is from the Atherosclerosis Risk in Communities Study.

Table 2: Association of myocardial infarction (MI) with single nucleotide polymorphisms (SNPs) previously found to relate to plasma HDL cholesterol

# CETP – genetic association with longevity and reduced dementia

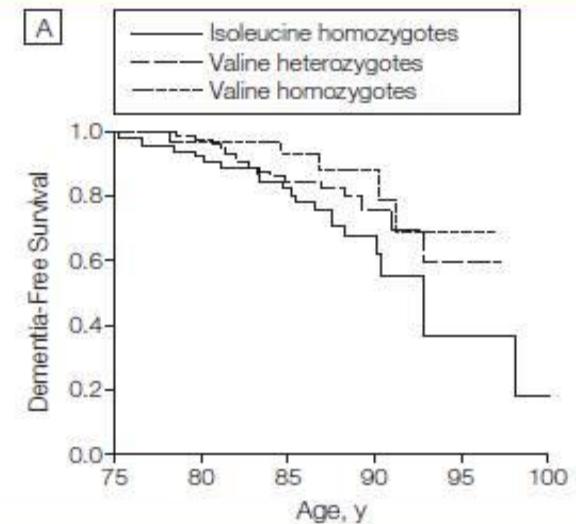
## Unique Lipoprotein Phenotype and Genotype Associated With Exceptional Longevity

Barzilai N et al. *JAMA* 2003 Oct 15;290(15):2030-40

**CETP Valine homozygosity occurred in 24.8% of centenarians compared with 8.6% among controls**

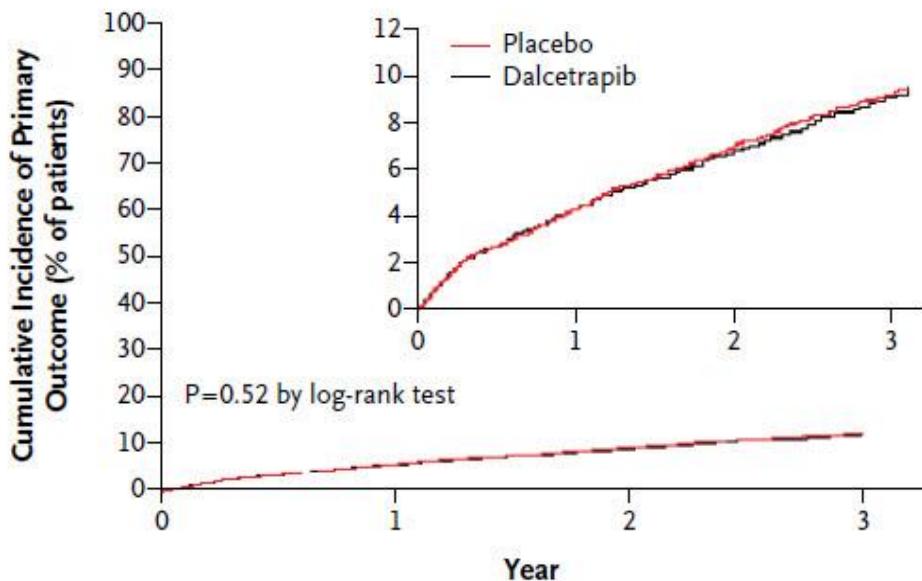
## Association of a Functional Polymorphism in the Cholesteryl Ester Transfer Protein (CETP) Gene With Memory Decline and Incidence of Dementia

Sanders AE et al., *JAMA* 2010; 303(2):150-8



## ORIGINAL ARTICLE

## Effects of Dalteparin in Patients with a Recent Acute Coronary Syndrome

**No. at Risk**

	Placebo	7933	7386	6551	1743
	Dalteparib	7938	7372	6495	1736

**Incidence of the Primary Efficacy End Point.**

# Summary and conclusion

1. The HDL-cholesterol hypothesis is derived largely from epidemiological studies in primary prevention and experimental studies using HDL from healthy subjects.
2. Vascular effects of HDL are heterogenous and are altered in patients with coronary disease (i.e. HDL dysfunction). One may speculate that this could lead to divergent effects of HDL-C raising strategies in different patient populations.
3. Therapeutic strategies leading to increased HDL cholesterol levels may have anti- or pro-atherogenic effects. HDL cholesterol alone is therefore not a reliable surrogate marker.
4. Whereas the ILLUMINATE and dal-HEART programm were halted, genetic studies of CETP variants are promising. The results of the ongoing HPS3-TIMI 55 (anacetrapib) and ACCELERATE (evacetrapib) study are expected.

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Aldon Lusis, PhD  
**UCL, London, UK**  
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Marietta Charakida, MD

**Seattle, USA**  
Clem Furlong, PhD

**Cleveland Clinic, USA**  
Stan Hazen, MD, PhD



# Thank you

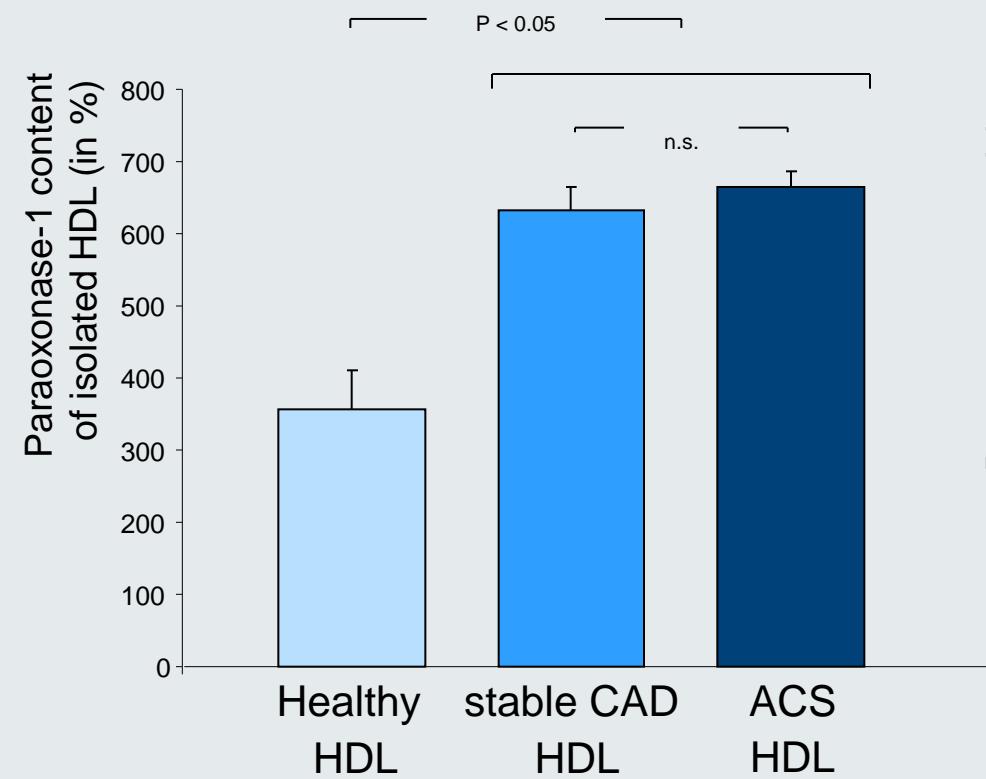


**University of  
Zurich** UZH

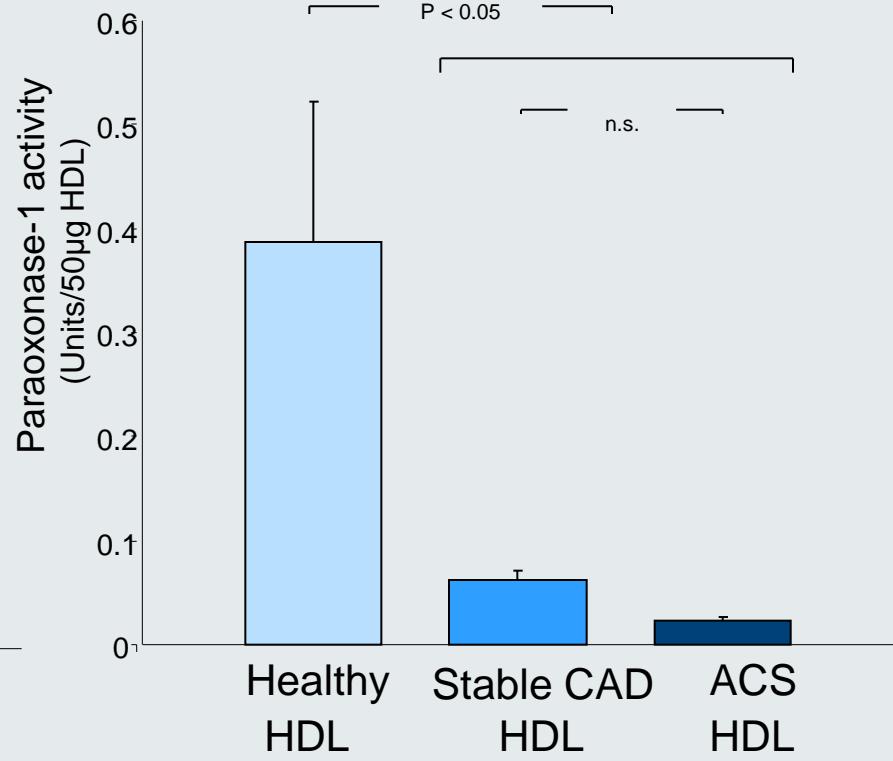


# HDL-associated paraoxonase activity and content

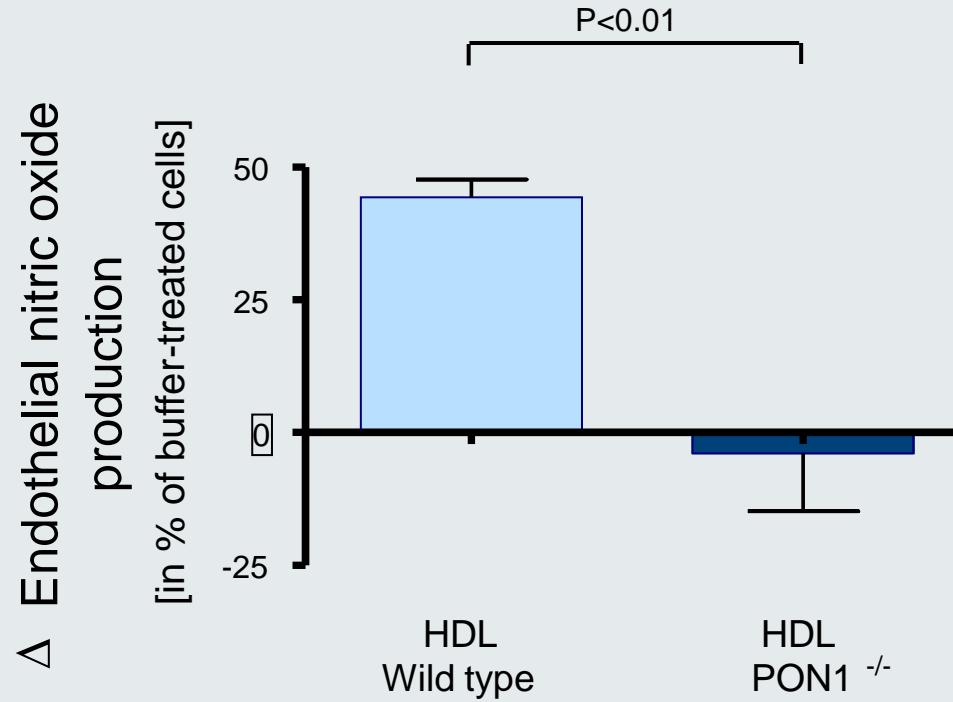
## Paraoxonase-1 content



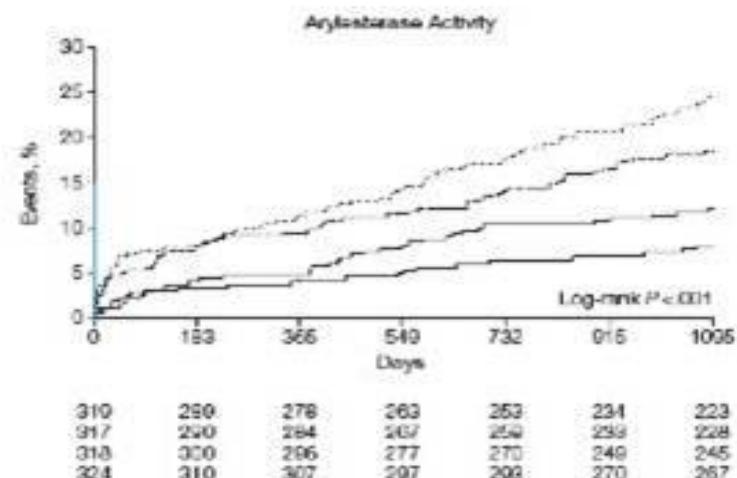
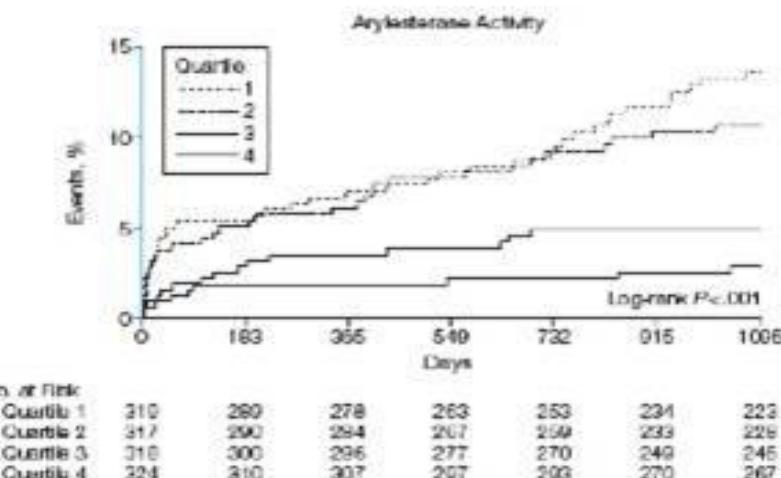
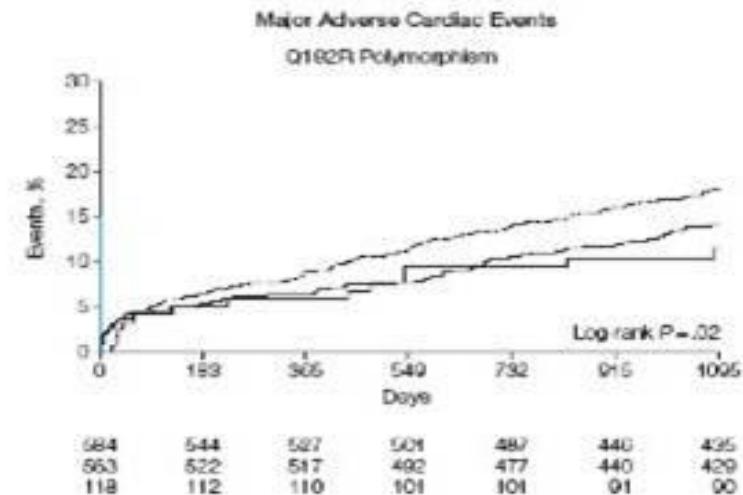
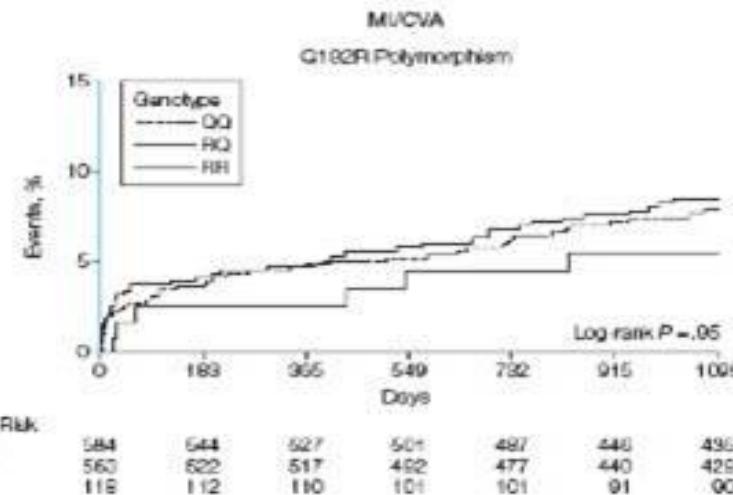
## Paraoxonase activity



# HDL from paraoxonase-1 deficient mice did not stimulate endothelial NO production



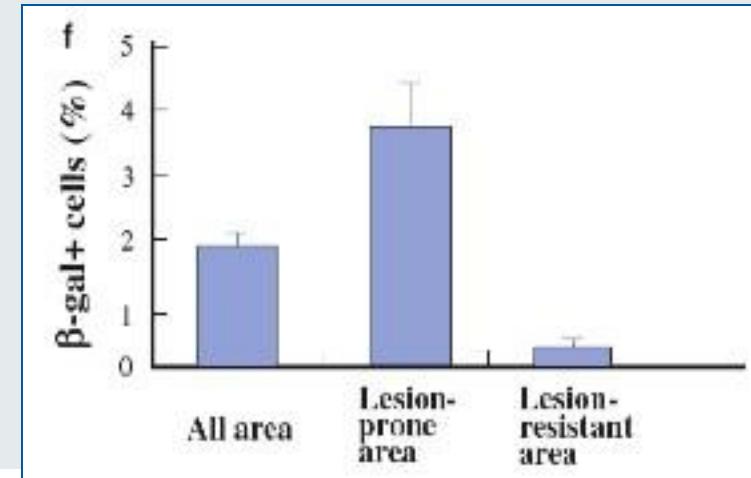
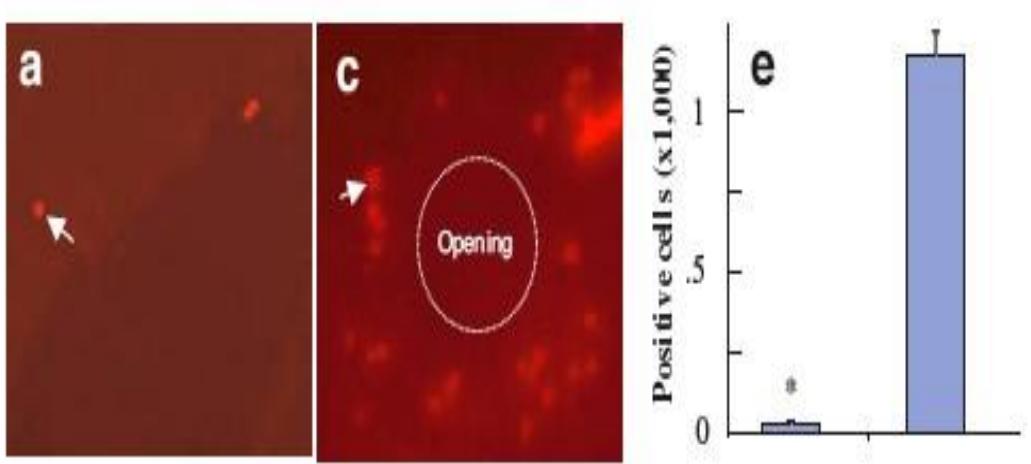
# Paraoxonase gene polymorphisms, functional activity and cardiovascular risk



# High endothelial cell turnover in atherosclerosis - prone areas

## Rapid Endothelial Turnover in Atherosclerosis-Prone Areas Coincides With Stem Cell Repair in Apolipoprotein E-Deficient Mice

Georgios Foteinos, PhD\*; Yanhua Hu, MD\*; Qingzhong Xiao, PhD;  
Bernhard Metzler, MD; Qingbo Xu, MD, PhD

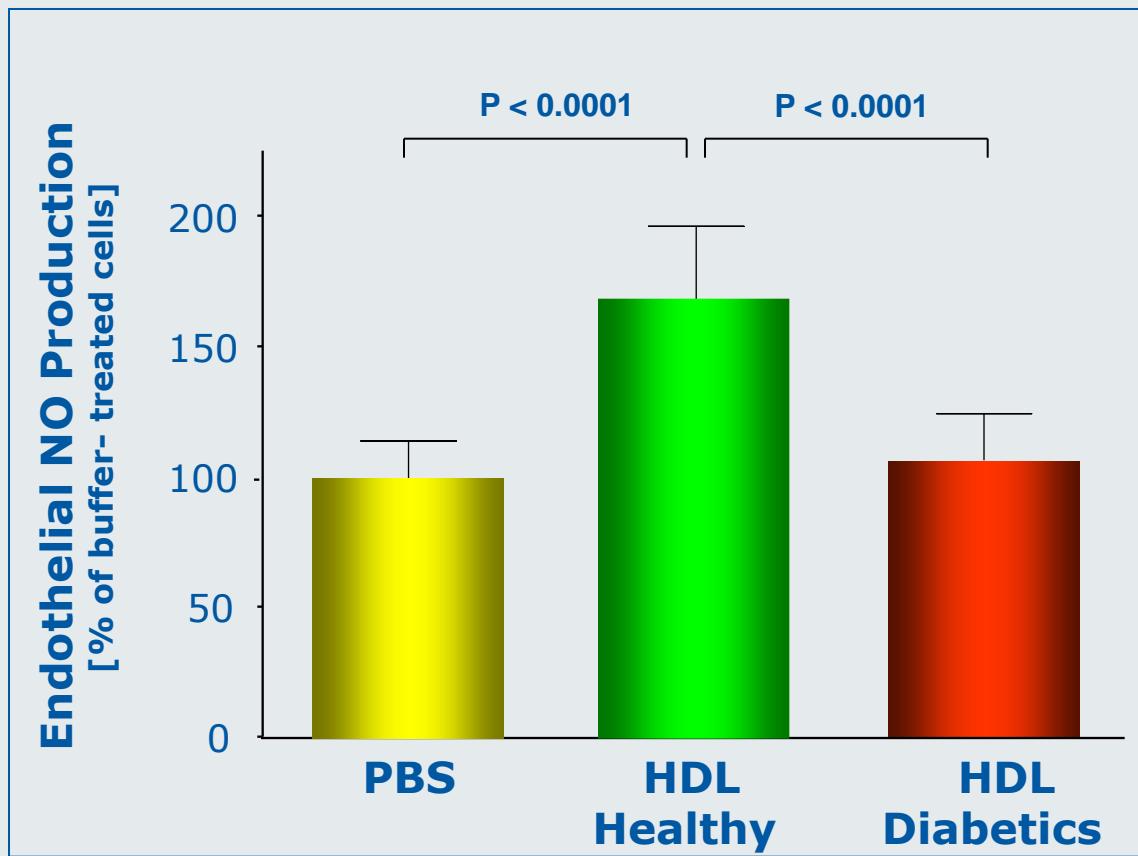


# Characteristics of Type-2 Diabetic Patients and Healthy Subjects

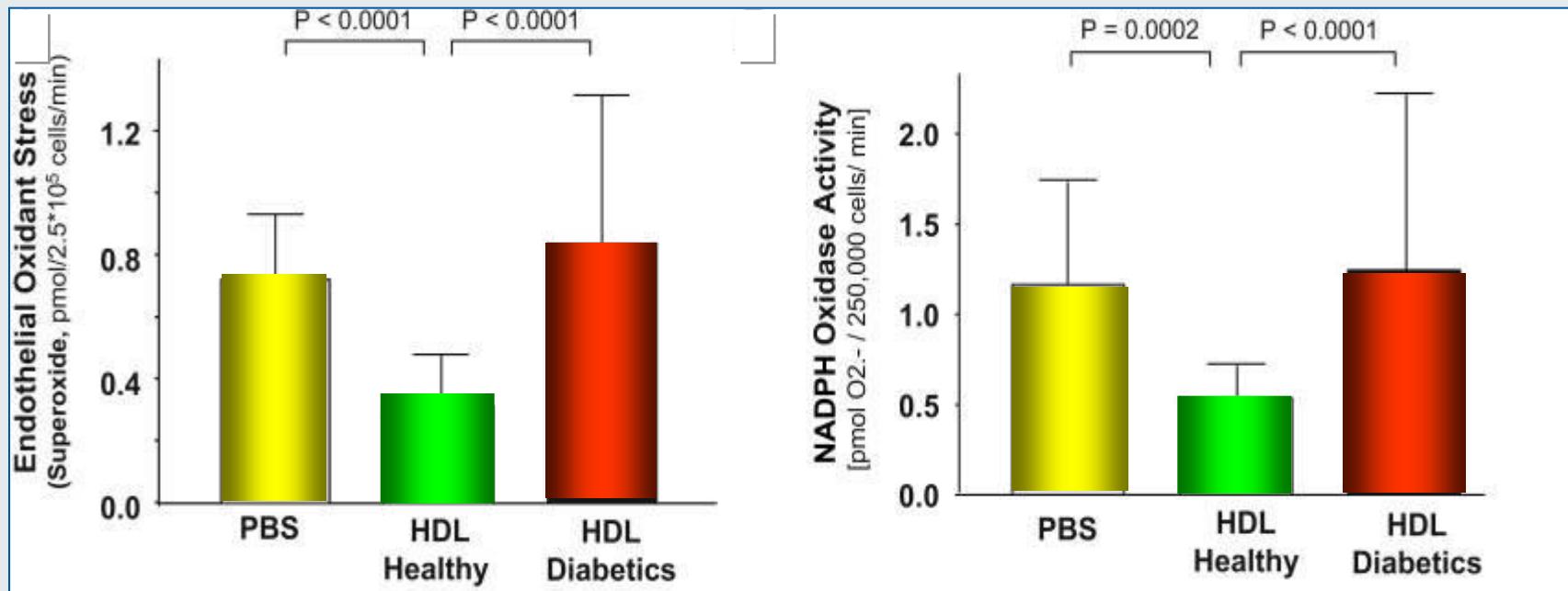
	Healthy Subjects (n=10)	Diabetic Patients (n=33)	P
Age, y	65±10	60±11	0.22
Sex, male/female	8/2	28/5	0.71
Body mass index, kg/m <sup>2</sup>	27±3	33±4	0.0007
Waist circumference, cm	91±11	116±13	<0.0001
Mean arterial pressure, mm Hg (metabolic syndrome under antihypertensive therapy)	95±8	97±10	0.58
Hemoglobin A <sub>1c</sub> , %	5.4±0.5	6.6±1.0	0.0003
Fasting glucose, mg/dL	93±18	128±34	0.009
LDL cholesterol, mg/dL (metabolic syndrome under statin therapy)	145±26	110±27	0.001
HDL cholesterol, mg/dL	53±22	36±6	0.02
Triglycerides, mg/dL	168±94	225±213	0.41
HDL composition			
Cholesterol, mg/dL	20.4±6.3	14.9±7.6	0.05
Triglycerides, mg/dL	2.1±2.9	4.3±3.1	0.07
Protein, mg/dL	65.5±22.1	57.4±12.2	0.22

Values are expressed as mean±SD or number of patients.

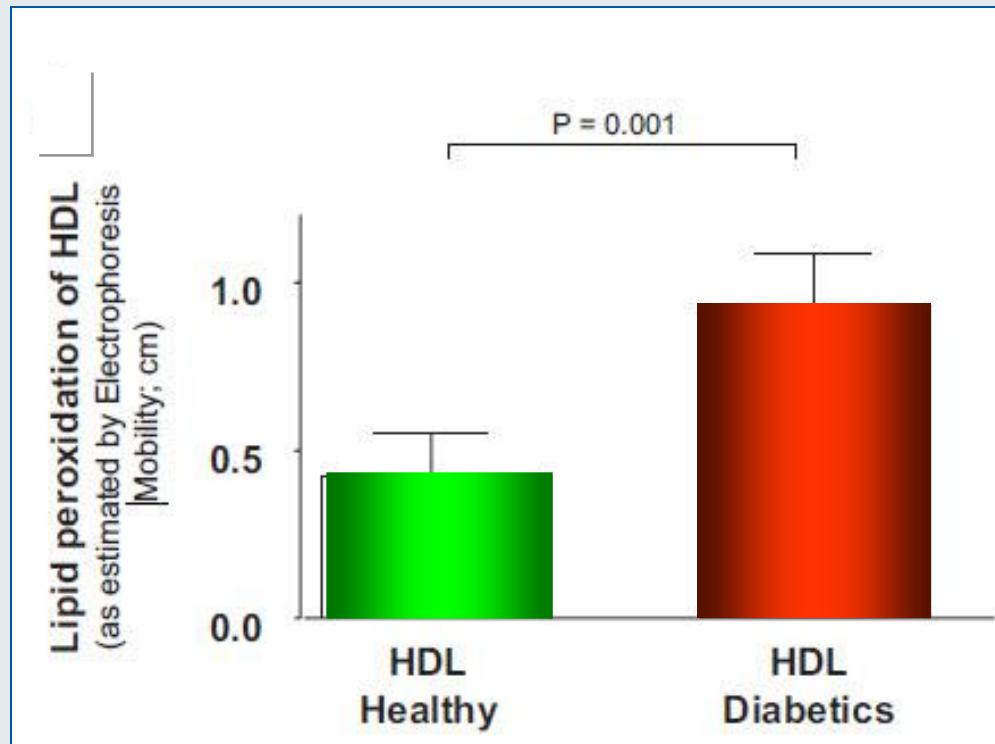
# Effects of HDL from patients with type-2 diabetes on endothelial NO availability



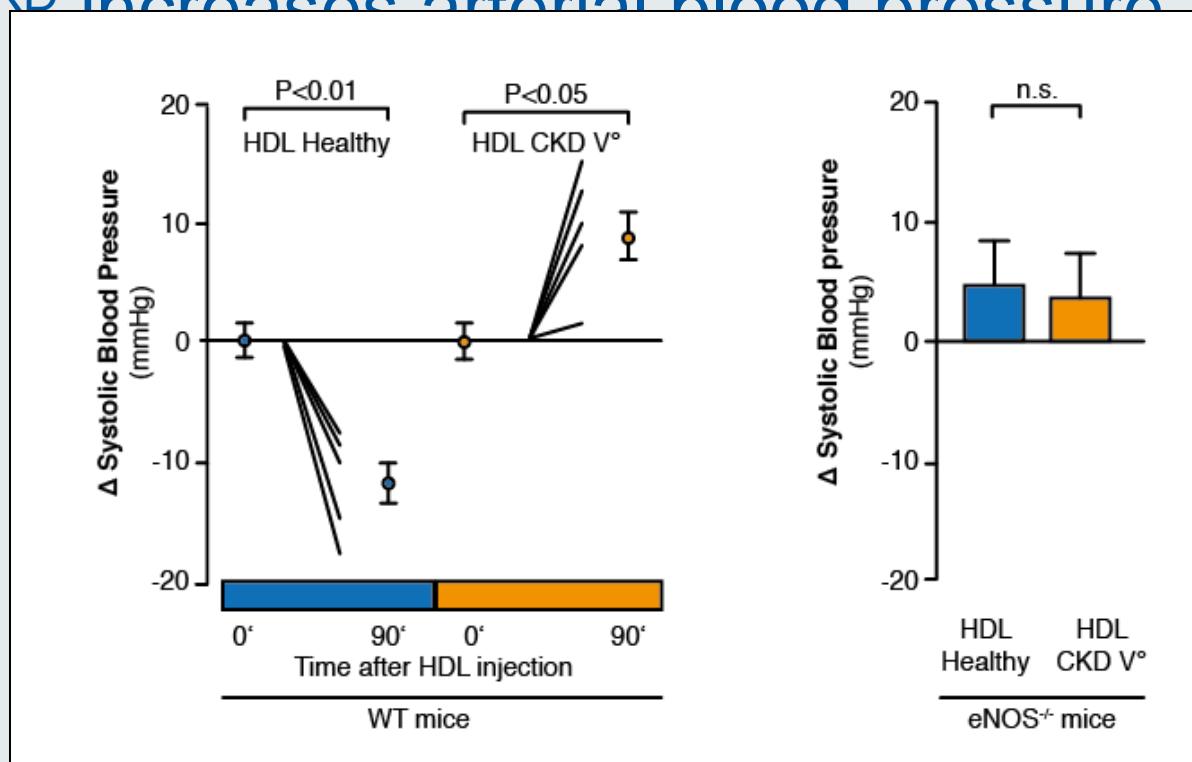
# Effects of HDL from patients with type-2 diabetes on endothelial oxidant stress



# Lipid oxidation of HDL from patients with type-2 diabetes and healthy subjects

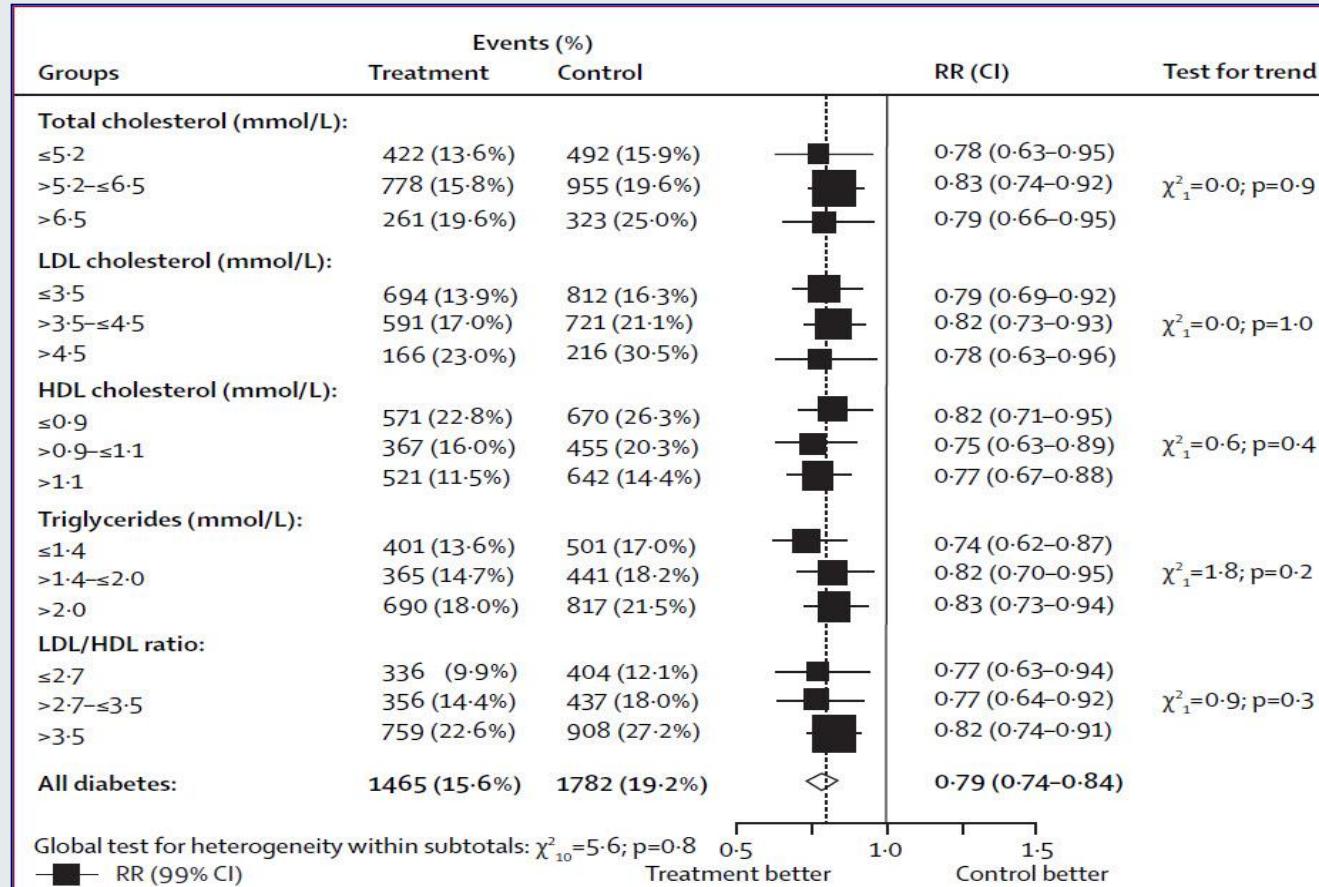


## HDL<sup>CKD</sup> increases arterial blood pressure *in vivo*

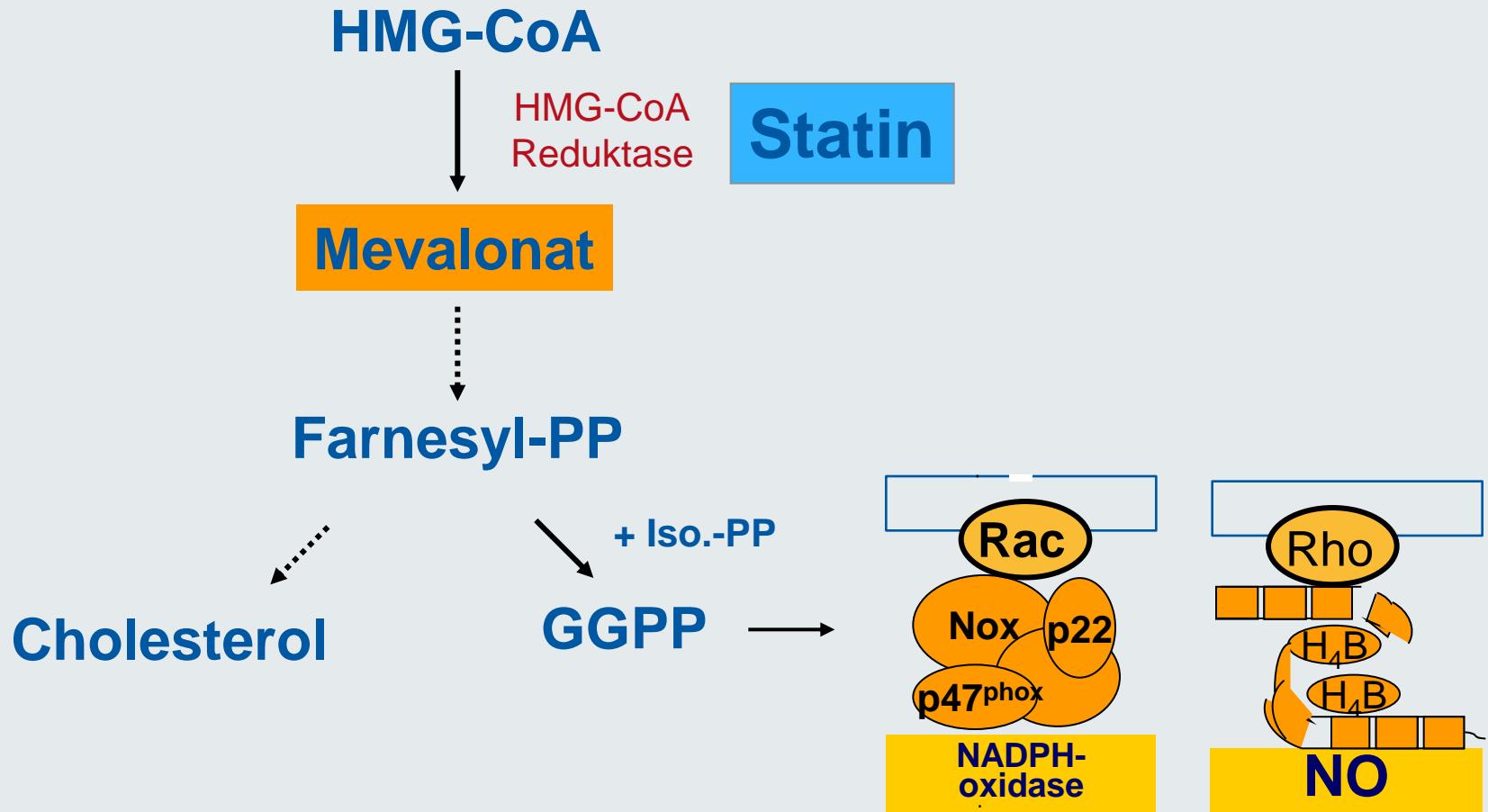


# Efficacy of cholesterol-lowering therapy in 18 686 people with diabetes in 14 randomised trials of statins: a meta-analysis

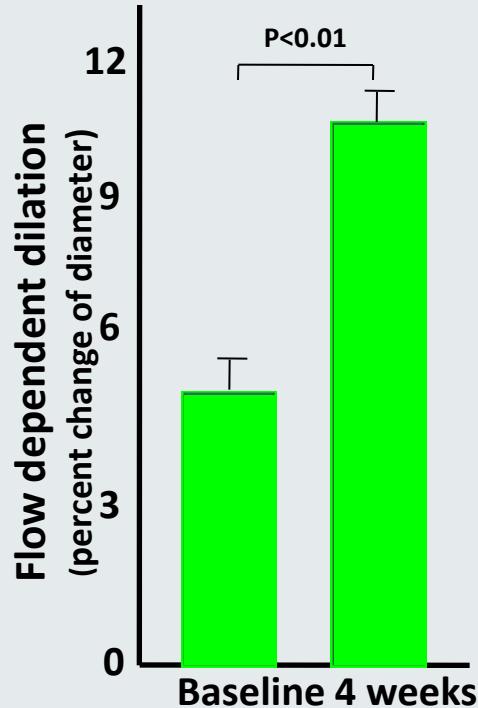
*Cholesterol Treatment Trialists' (CTT) Collaborators\**



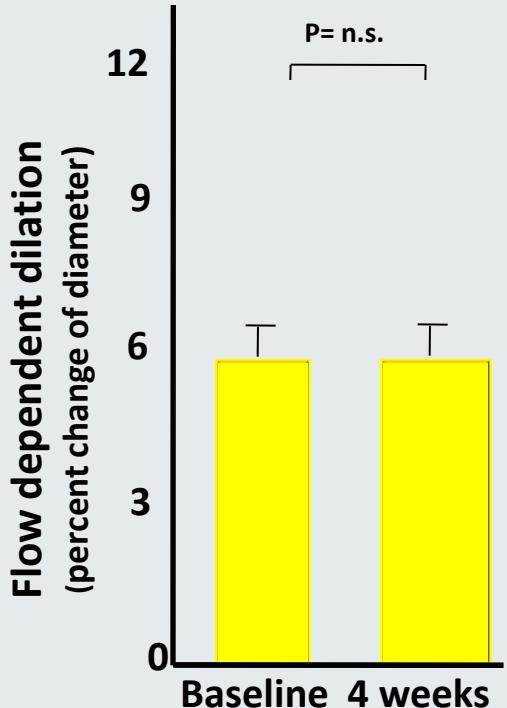
# Statins: pleiotropic endothelial effects



# Statins: pleiotropic effects on endothelial function



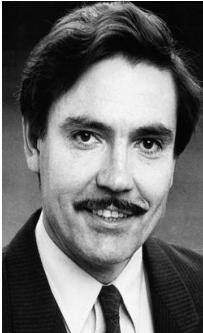
**Simvastatin  
10 mg group**



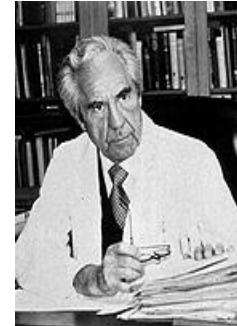
**Ezetimibe  
10 mg group**

LDL-c reduction similar  
in both groups.

Simvastatin: 15.6 %  
Ezetimibe: 15.4%



# The New England Journal of Medicine



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Volume 301

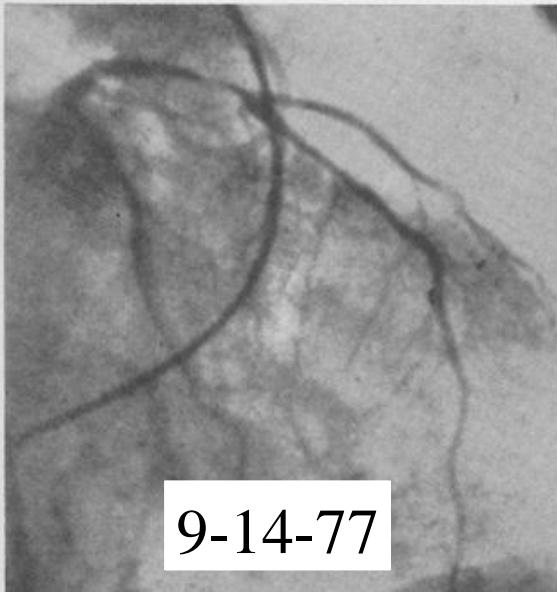
JULY 12, 1979

Number 2

## NONOPERATIVE DILATATION OF CORONARY-ARTERY STENOSIS

### Percutaneous Transluminal Coronary Angioplasty

ANDREAS R. GRÜNTZIG, M.D., ÅKE SENNING, M.D., AND WALTER E. SIEGENTHALER, M.D.



9-14-77



9-16-77



10-20-77

# CASE EXAMPLE – Coronary disease

## Acute coronary syndrome

2 Month later

Plaque in RCA

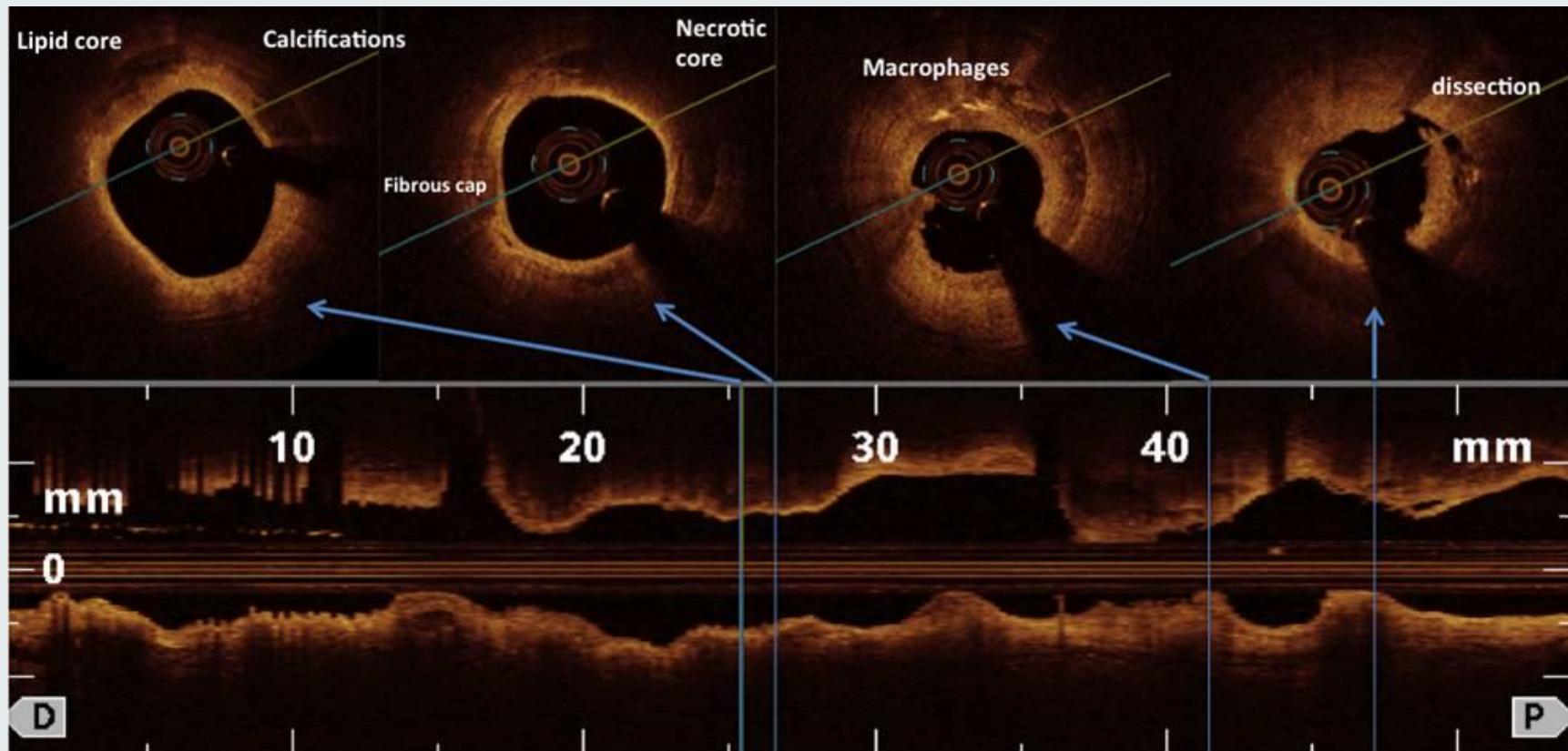


Acute occlusion of RCA



We need to target the underlying  
atherosclerotic vascular disease

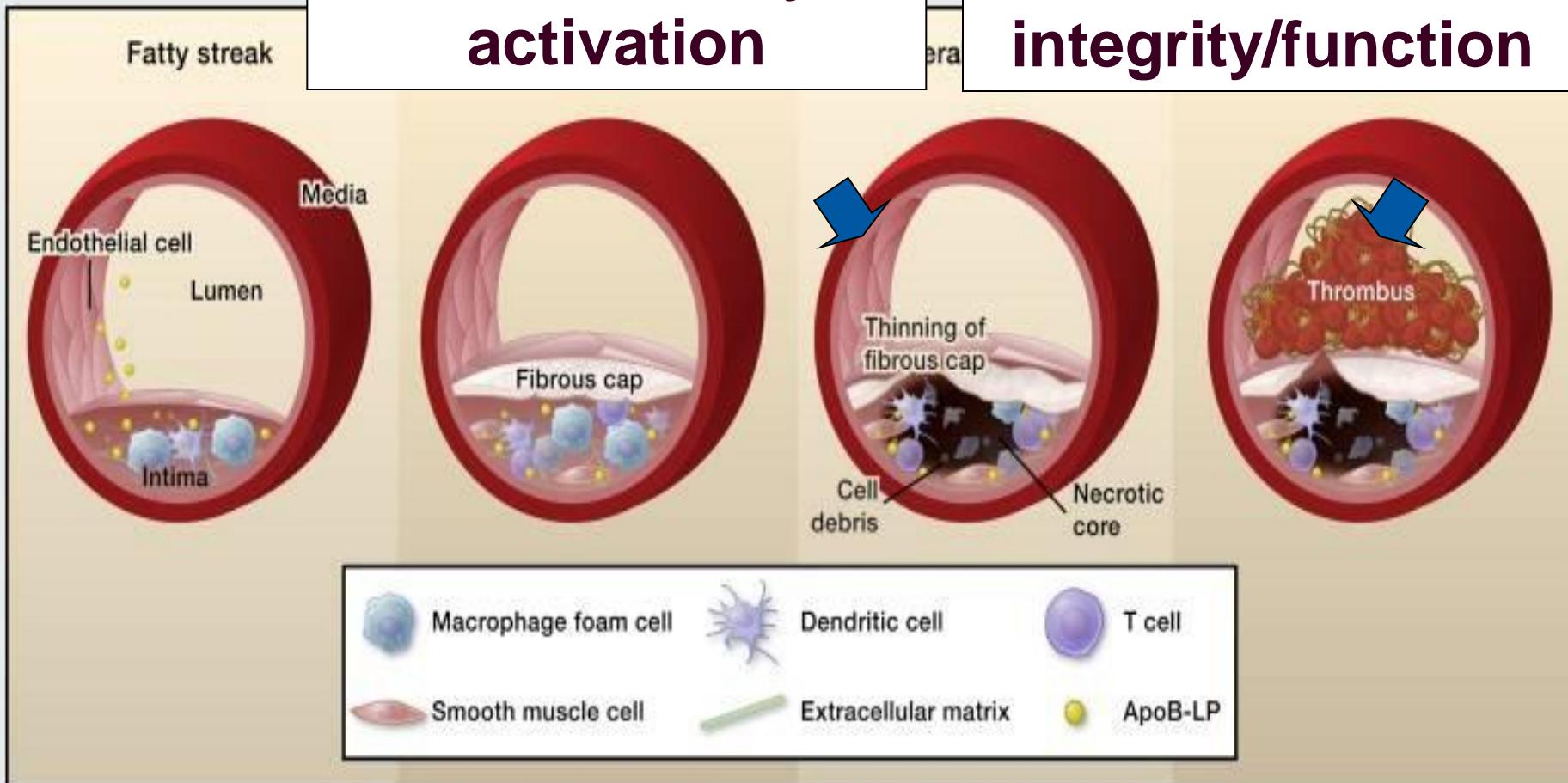
# Coronary atherosclerosis by OFDI imaging: plaque characteristics



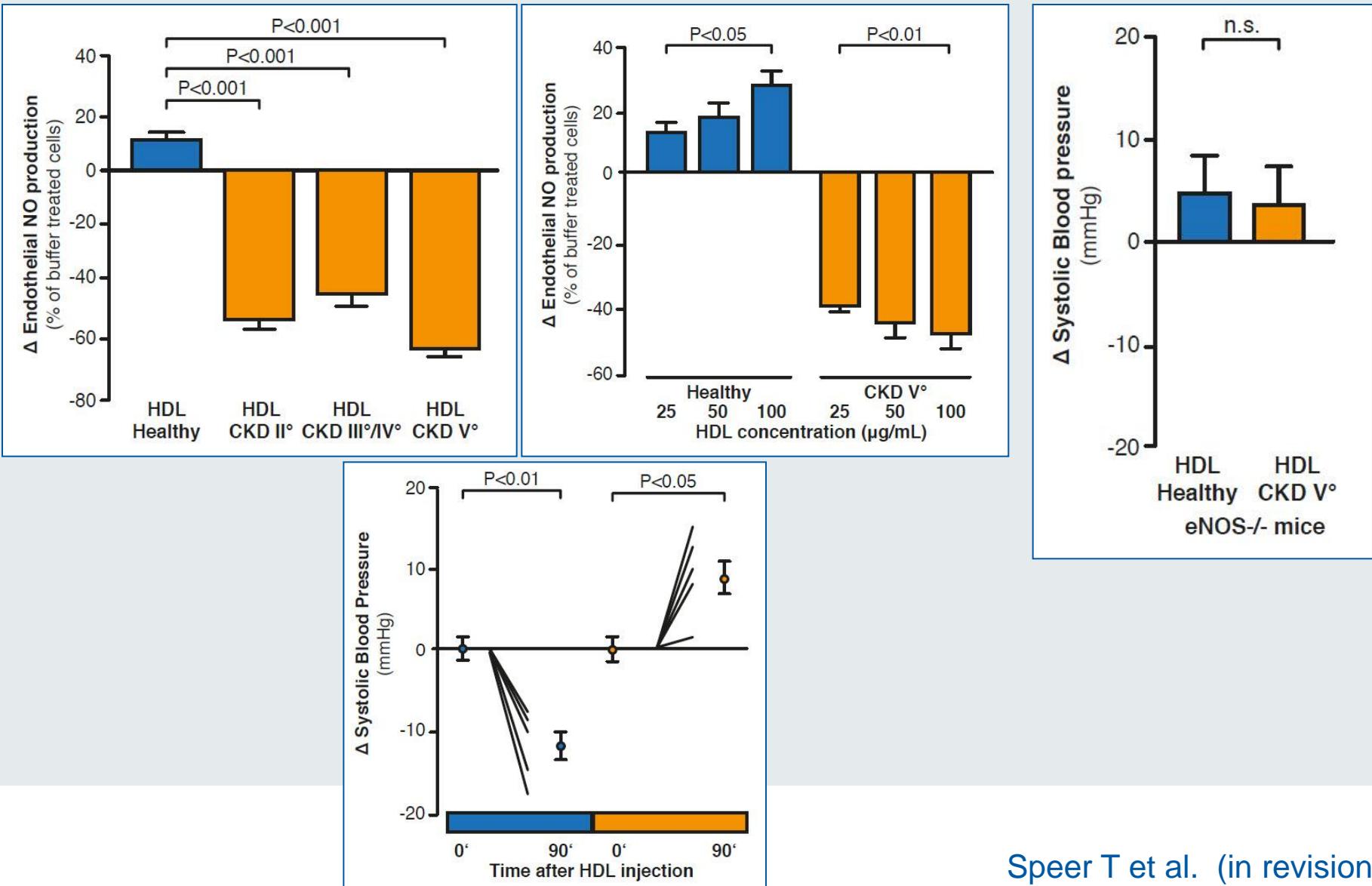
# Atherosclerotic plaque progression

## Inflammatory activation

## Endothelial integrity/function



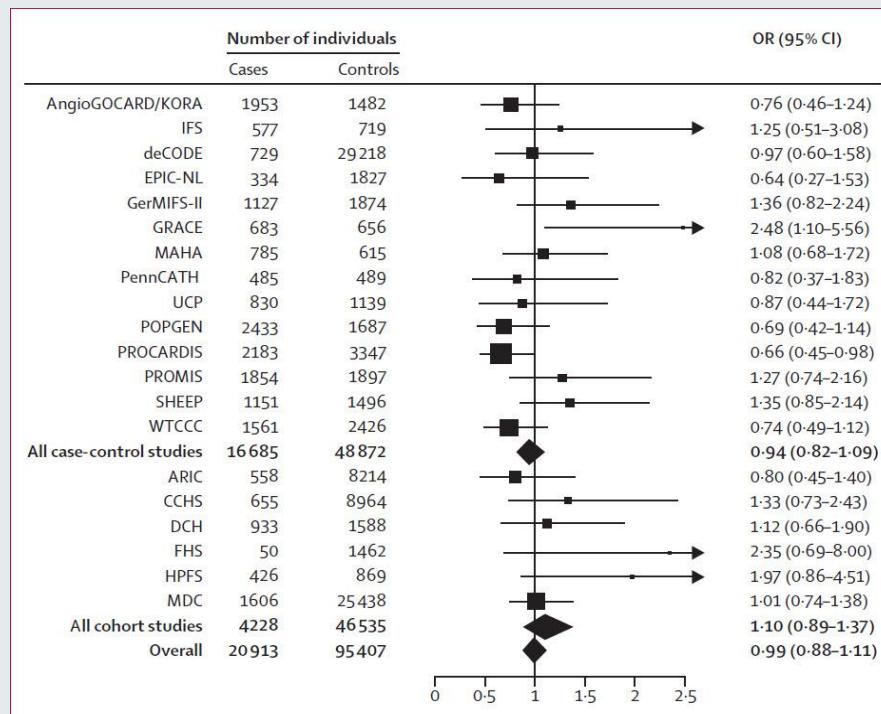
# titel



# Genetic link with increased HDL cholesterol (endothelial lipase SNP) not linked risk of myocardial infarction

*Lancet* 2012; 380: 572-80

## Plasma HDL cholesterol and risk of myocardial infarction: a mendelian randomisation study



Association of *LIPG* Asn396Ser with myocardial infarction in 116 320 participants from 20 studies

**“Some genetic mechanisms that raise plasma HDL cholesterol do not seem to lower risk of myocardial infarction. These data challenge the concept that raising of plasma HDL cholesterol will uniformly translate into reductions in risk of myocardial infarction.**

*Lancet* 2012; 380: 572-80

	Chromosome	Gene(s) of interest within or near associated interval	Major allele, minor allele (minor allele frequency)*	Modelled allele	Effect of modelled allele on plasma HDL cholesterol (mmol/L)*	Effect of modelled allele on plasma triglycerides (mmol/L)*	Effect of modelled allele on plasma LDL cholesterol (mmol/L)*	Sample size (MI cases/MI-free controls)	For modelled allele, observed change in MI risk (%; 95% CI)	For modelled allele, p value for association with MI
rs17482753	8p21	LPL†	G, T (0.10)	T	0.08	-0.24	..	19 139/50 812	-12% (-16 to -7)	4×10 <sup>-7</sup> †
rs17321515	8q24	TRIB1†	A, G (0.45)	G	0.02	-0.11	-0.05	19 139/50 812	-7% (-9 to -4)	2×10 <sup>-6</sup> †
rs6589566	11q23	APOA1-APOC3-APOA4-APOA5†	A, G (0.07)	A	0.05	-0.27	-0.09	18 310/49 897	-10% (-15 to -5)	8×10 <sup>-5</sup> †
rs4846914	1q42	GALNT2†	A, G (0.40)	A	0.02	-0.03	..	19 139/50 812	-3% (-6 to -1)	0.02†
rs2967605	19p13	ANGPTL4†	C, T (0.16)	C	0.05	-0.07	..	13 595/16 423	-5% (-10 to -1)	0.03†
rs3764261	16q13	CETP†	C, A (0.32)	A	0.10	..	-0.03	16 503/46 576	-4% (-7 to 0)	0.04†
rs61755018 (Asn396Ser)	18q21	UPG	A, G (0.015)	G	0.14‡	..	..	17 165/49 077	-6% (-18 to 9)	0.41
rs17145738	7q11	MLXIPL	C, T (0.11)	T	0.03	-0.15	..	19 139/50 812	-1% (-4 to 3)	0.61
rs3890182	9q31	ABCA1	G, A (0.14)	G	0.03	..	0.05	19 139/50 812	-1% (-5 to 4)	0.76
rs2338104	12q24	MMAB, MVK	G, C (0.46)	G	0.03	..	..	19 139/50 812	0% (-3 to 3)	0.85
rs471364	9p22	TTC39B	T, C (0.12)	T	0.03	..	..	15 693/47 098	0% (-5 to 5)	0.97
rs2271293	16q22	LCAT	G, A (0.11)	A	0.03	..	..	19 139/50 812	4% (-1 to 8)	0.10
rs174547	11q12	FADS1-FADS2-FADS3	T, C (0.33)	T	0.03	-0.06	..	19 139/50 812	3% (-1 to 6)	0.11
rs1800588	15q22	LIPC	C, T (0.22)	T	0.05	0.07	..	17 917/49 514	4% (0 to 7)	0.04
rs16988929	20q13	HNF4A	C, T (0.01)	T	0.01	..	..	17 041/20 137	31% (12 to 54)	9×10 <sup>-4</sup>

\*Data presented from a meta-analysis of seven cohorts (n up to 19 840) as presented in reference 16; the effect of each SNP on a lipid trait was modelled if the association of the SNP with a plasma lipid trait exceeded nominal significance ( $p<0.05$ ). †Loci and SNPs that exceeded nominal significance ( $p<0.05$ ) for association of modelled allele with MI; all modelled alleles increased HDL cholesterol. ‡Effect size presented is from the Atherosclerosis Risk in Communities Study.

Table 2: Association of myocardial infarction (MI) with single nucleotide polymorphisms (SNPs) previously found to relate to plasma HDL cholesterol

Odds ratio (95% CI) per SD increase in plasma lipid based on observational epidemiology\*      Odds ratio (95% CI) per SD increase in plasma lipid conferred by genetic score†

LDL cholesterol	1·54 (1·45–1·63)	2·13 (1·69–2·69), $p=2\times 10^{-10}$
HDL cholesterol	0·62 (0·58–0·66)	0·93 (0·68–1·26), $p=0·63$

\*Observational epidemiology estimates derived from more than 25 000 individuals from prospective cohort studies as shown in the appendix p 22. †LDL genetic score consisting of 13 single nucleotide polymorphisms (SNPs) as shown in the appendix p 27; HDL genetic score consisting of 14 SNPs as shown in the appendix p 28.

**Table 4:** Estimate of the association of genetically raised LDL cholesterol or HDL cholesterol and risk of myocardial infarction using multiple genetic variants as instruments

From observational epidemiology, an increase of 1 SD in usual LDL cholesterol was associated with raised risk of myocardial infarction (OR 1·54, 95% CI 1·45–1·63; appendix p 22). In a mendelian randomisation analysis, a 1 SD increase in LDL cholesterol due to genetic score was also associated with risk of myocardial infarction (OR 2·13, 95% CI 1·69–2·69,  $p=2\times 10^{-10}$ ; table 4). From observational epidemiology, a 1 SD rise in usual HDL cholesterol was associated with lowered risk of myocardial infarction (OR 0·62, 95% CI 0·58–0·66; appendix p 22). However, in mendelian randomisation analysis, a 1 SD increase in HDL cholesterol due to genetic score was not associated with risk of myocardial infarction (OR 0·93, 95% CI 0·68–1·26,  $p=0·63$ ; table 4).

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<http://dx.doi.org/10.1016/j.jacc.2012.07.045>

## Cardiometabolic Risk

# Genetic Inhibition of *CETP*, Ischemic Vascular Disease and Mortality, and Possible Adverse Effects

Trine Holm Johannsen, MD, PhD,\*† Ruth Frikke-Schmidt, MD,  
 Børge G. Nordestgaard, MD, DMSc,‡‡§ Anne Tybjærg-Hansen

\*Department of Medicine, Bispebjerg Hospital, Copenhagen, Denmark

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<http://dx.doi.org/10.1016/j.jacc.2012.08.967>

## EDITORIAL COMMENT

# Will Cholesteryl Ester Transfer Protein Inhibition Succeed Primarily by Lowering Low-Density Lipoprotein Cholesterol?

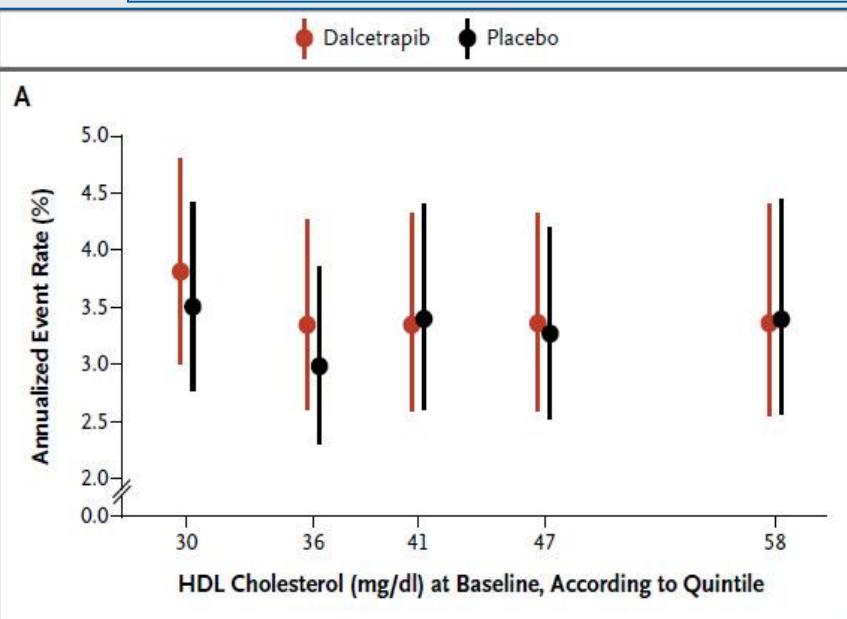
Insights From Human Genetics and Clinical Trials\*

Sekar Kathiresan, MD

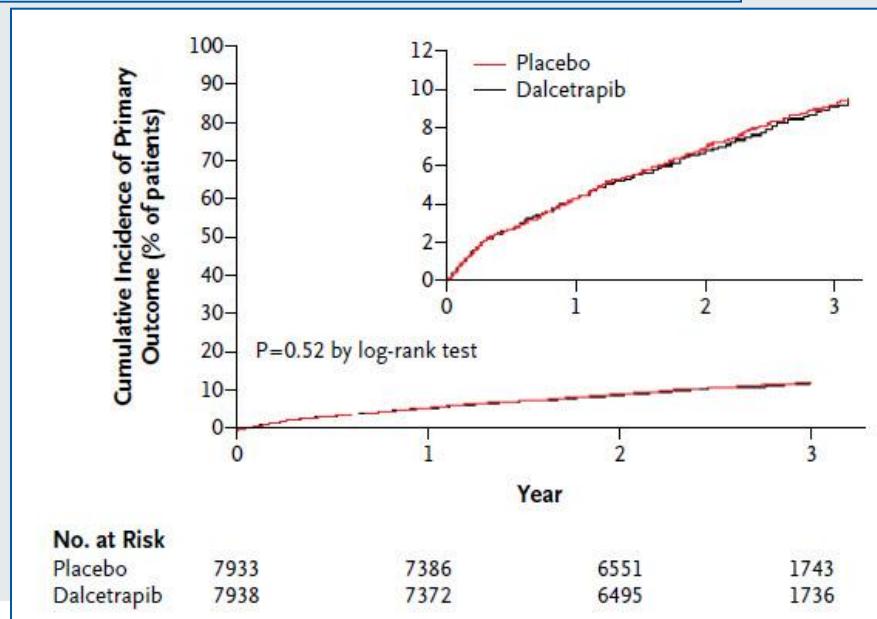
## ORIGINAL ARTICLE

# Effects of Dalcetrapib in Patients with a Recent Acute Coronary Syndrome

Gregory G. Schwartz, M.D., Ph.D., Anders G. Olsson, M.D., Ph.D., Markus Abt, Ph.D., Christie M. Ballantyne, M.D., Philip J. Barter, M.D., Ph.D., Jochen Brumm, Ph.D., Bernard R. Chaitman, M.D., Ingar M. Holme, Ph.D., David Kallend, M.B., B.S., Lawrence A. Leiter, M.D., Eran Leitersdorf, M.D., John J.V. McMurray, M.D., Hardi Mundl, M.D., Stephen J. Nicholls, M.B., B.S., Ph.D., Prediman K. Shah, M.D., Jean-Claude Tardif, M.D., and R. Scott Wright, M.D.,  
for the dal-OUTCOMES Investigators\*



**Association between HDL Cholesterol Level  
Dalcetrapib Placebo and Risk of the Primary End Point**



**Incidence of the Primary Efficacy End Point.**

# Circulation

JOURNAL OF THE AMERICAN HEART ASSOCIATION



## **Altered Activation of Endothelial Anti- and Pro-Apoptotic Pathways by High-Density Lipoprotein from Patients with Coronary Artery Disease: Role of HDL-Proteome Remodeling**

Meliana Riwanto, Lucia Rohrer, Bernd Roschitzki, Christian Besler, Pavani Mocharla, Maja Mueller, Damir Perisa, Kathrin Heinrich, Lukas Altwegg, Arnold von Eckardstein, Thomas F. Lüscher and Ulf Landmesser

*Circulation*. published online January 24, 2013;  
*Circulation* is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231  
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 Print ISSN: 0009-7322. Online ISSN: 1524-4539

# Circulation

JOURNAL OF THE AMERICAN HEART ASSOCIATION



## **Mild Renal Dysfunction and Metabolites Tied to Low HDL Cholesterol are Associated with Monocytosis and Atherosclerosis**

Anjali Ganda, Martin Magnusson, Laurent Yvan-Charvet, Bo Hedblad, Gunnar Engström, Ding Ai, Thomas J. Wang, Robert E. Gerszten, Olle Melander and Alan R. Tall

*Circulation*. published online February 1, 2013;  
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 Print ISSN: 0009-7322. Online ISSN: 1524-4539

# LDL-Cholesterol/HDL-Cholsterol and risk of coronary disease

1% decrease  
in LDL-C:  
reduced CHD risk  
by  
1%

1% increase  
in HDL-C:  
reduced CHD risk  
by  
2-3%

Statin  
Therapy

Therapeutic  
Opportunity ?

# Endothelial NO production – anti-atherogenic effects



***Inhibition of Leukocyte adhesion und -infiltration***

***Inhibition of Thrombocyte adhesion and -aggregation***

Endothel

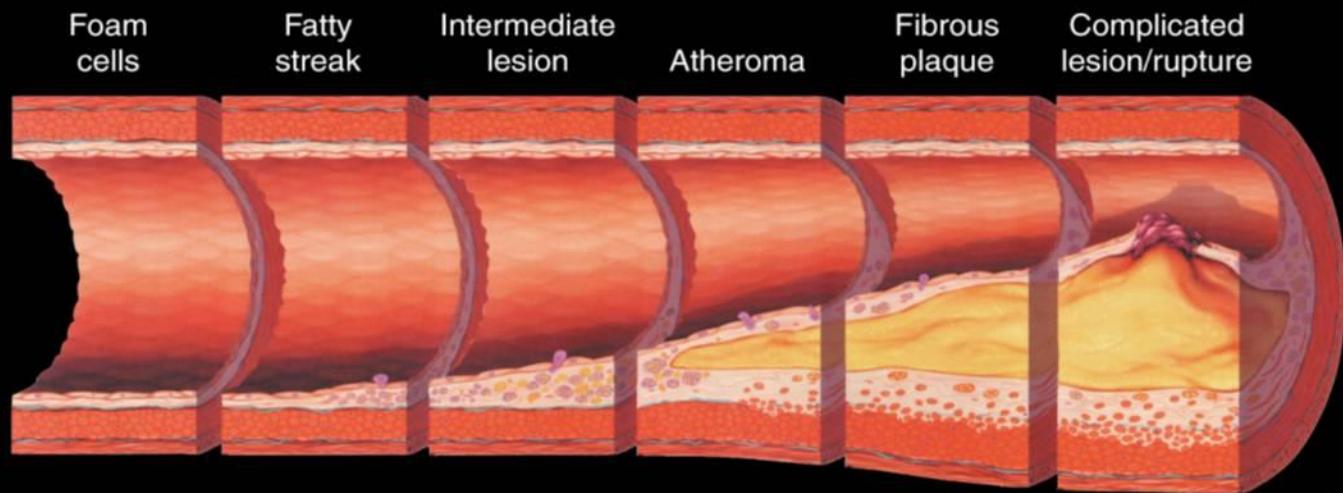
NO

***Inhibition of VSMC proliferation***

Vascular smooth muscle cell

# Endothelial dysfunction in atherosclerosis

## Atherosclerosis timeline



Endothelial dysfunction

From first decade

**Experimental  
Studies –  
lesion initiation**

From third decade

From fourth decade

**>14 Clinical studies –  
Advanced plaque  
progression**

Summarized in:

Landmesser et al. Circulation 2004; 109(21 Suppl 1):II27-33

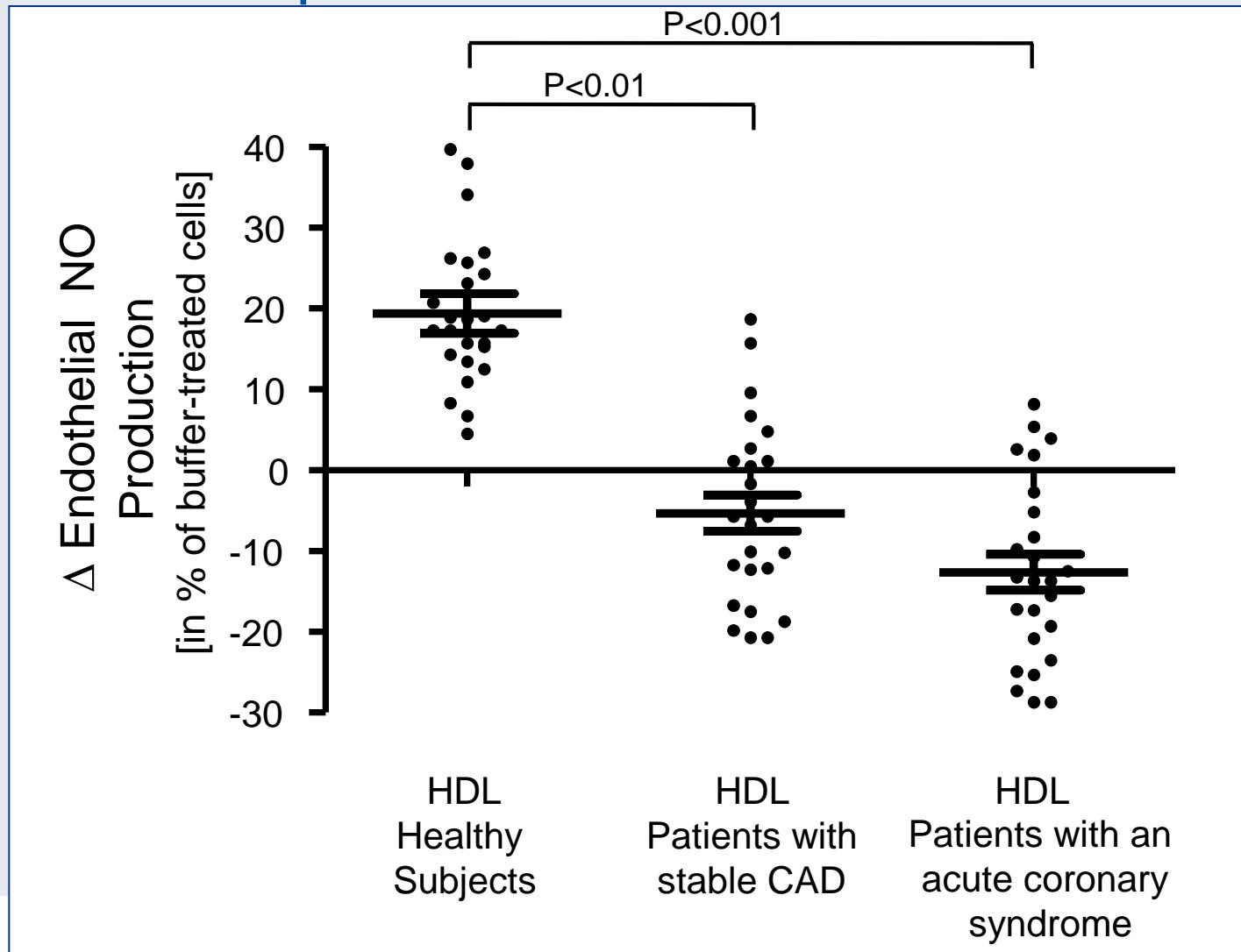
# High-Density Lipoprotein - vascular effects?

- **Anti-atherogenic effects of HDL ?**
- **“HDL function” in coronary disease and diabetes ?**
- **HDL-targeted therapies ?**

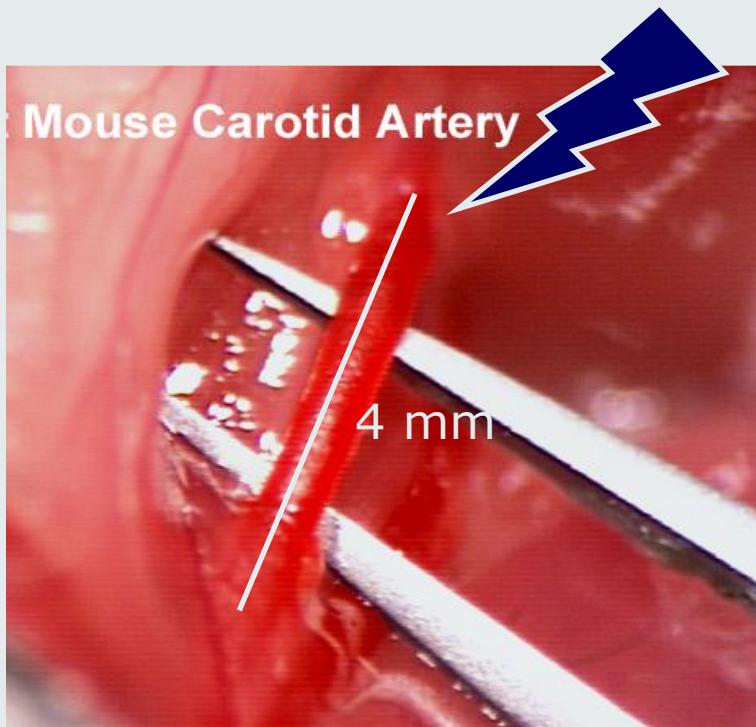
# Characteristics of the study population

	Healthy subjects (n=25)	Stable coronary artery disease (n=25)	Acute coronary syndrome (n=25)
<b>Age (years)</b>	<b>54±5</b>	<b>56±6</b>	<b>54±6</b>
<b>Sex (male/female)</b>	<b>19/6</b>	<b>19/6</b>	<b>18/7</b>
<b>Body mass index (kg/m<sup>2</sup>)</b>	<b>26±5</b>	<b>27±4</b>	<b>26±3</b>
<b>Total cholesterol (mmol/l)</b>	<b>5.3±1.0</b>	<b>5.4±0.9</b>	<b>5.1±0.7</b>
<b>HDL cholesterol (mmol/l)</b>	<b>1.4±0.4</b>	<b>1.2±0.3</b>	<b>1.2±0.3</b>
<b>LDL cholesterol (mmol/l)</b>	<b>2.9±0.9</b>	<b>2.7±1.0</b>	<b>2.8±0.6</b>

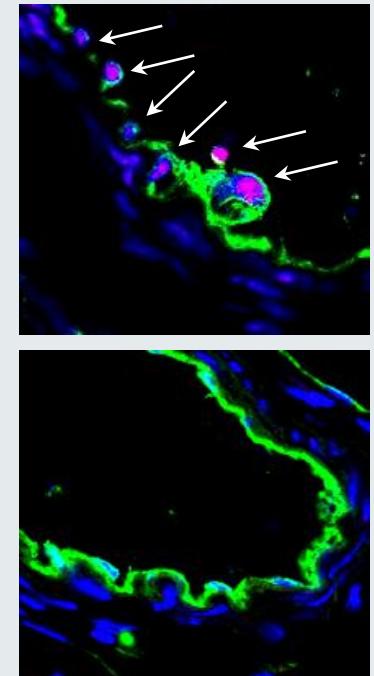
# HDL –effects on endothelial cell nitric oxide production in patients with CAD



# Carotid injury model to examine *in vivo* effect of HDL on endothelial repair

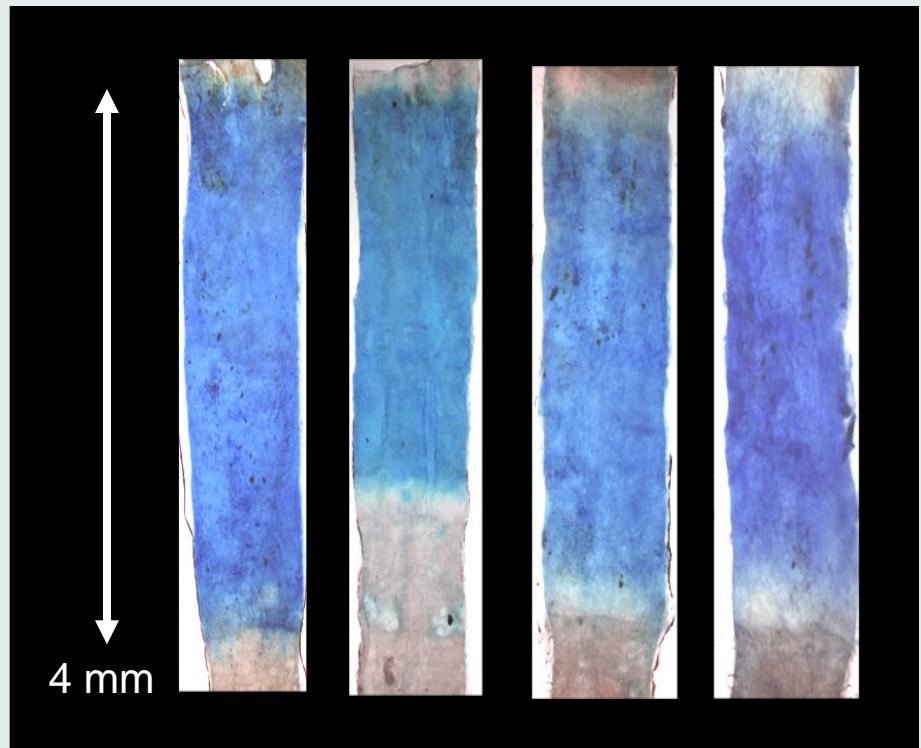
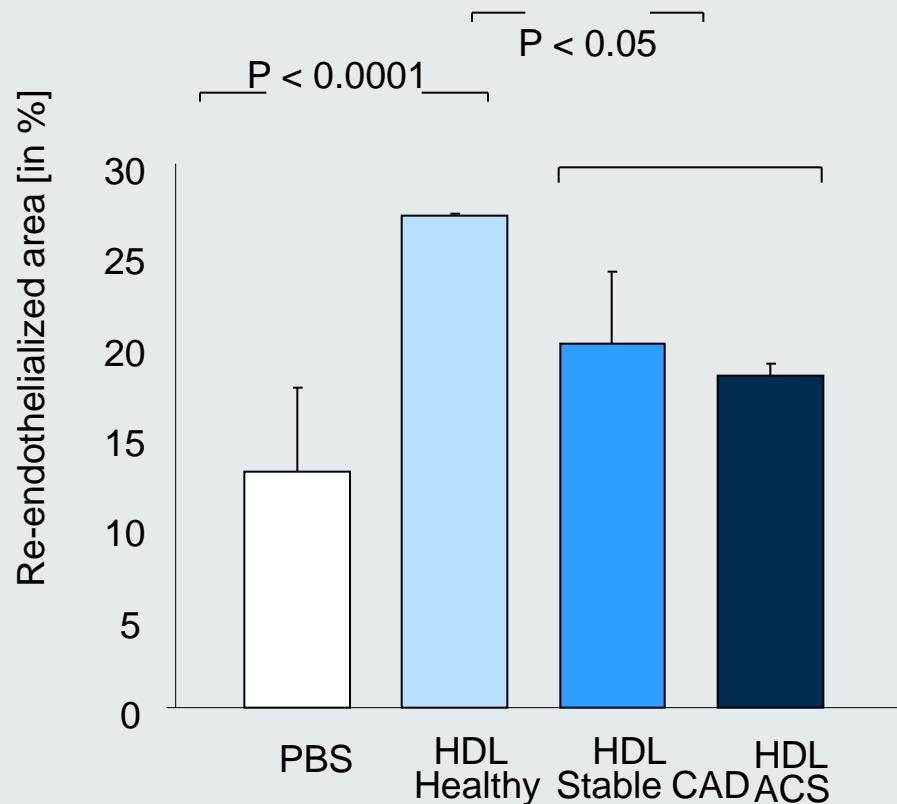


Evans blue staining



Sorrentino SA et al.; *Circulation* 2007; 116(2):163-73  
Sorrentino SA et al.; *Circulation* 2010; 121(1):110-22  
Giannotti G et al.; *Hypertension* 2010; 55:1389-97

# Effects of HDL on endothelial repair in vivo after arterial injury



Quantification of re-endothelialized area 3 days after induction of carotid injury by Evan`s blue staining