



Frederick H. Epstein Memorial Lecture 2010

Presentation of the Awardee

Ass Prof Dr J De Sutter
Chairman PEP section EACPR

Frederick E Epstein

1916-1995

- Born on 24 July 1916 in Frankfurt, Germany
- Started studies at the University of Zurich, Switzerland, switched to medicine at the University College Hospital in London in 1937 and graduated in 1944
- 1944 emigration to the US and moved to the University of Michigan
 - Pioneering population study at Tecumseh
 - Chairman of the coordinating center of the Pooling Project
- 1973 moved to Zurich, actively worked on the development of cardiovascular epidemiology and prevention in Switzerland
- Consultant for the WHO in Geneva and National Heart Lung and Blood Institute, US
- Frequently invited lecturer even in his late 70s, died of coronary heart disease in 1995
- 1996 Frederick E Epstein Memorial Lecture nominated by the Council on Epidemiology and Prevention



Professor Dr .Eric Rimm

- Associate professor of epidemiology and nutrition at the Harvard School of Public Health
- Associate Professor of Medicine at the Channing Laboratory, Brigham and Womens Hospital and Harvard Medical School
- Director of the Program in Cardiovascular Epidemiology a the Harvard School of Public Health



EuroPrevent 2010

Prague Czech Republic 5-7 May 2010



Research activities



- Health effects of alcohol, micronutrients, antioxidants and fatty acids
- Plasma and genetic markers of heart disease
- Published more than 300 peer-reviewed manuscripts in journals as NEJM, JAMA, Lancet, Circulation, BMJ,...
- Currently serving on the 2010 USDA Dietary Guidelines for Americans Committee
- Associate Editor of the American Journal of Epidemiology and the American Journal of Clinical Nutrition, Guest Editor for Circulation



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Some recent papers (2010)



- “Alcohol intake and risk of coronary heart disease in younger, middle-aged, and older adults”, *Circulation* 2010
- “Associations between diet, lifestyle factors, and telomere length in women”, *Am J Clin Nutr* 2010
- “Genetic variants in ABO blood group region, plasma soluble E-selectin levels and risk of type 2 diabetes”, *Hum Mol Genet* 2010
- “C-reactive protein concentration and risk of coronary heart disease, stroke and mortality: an individual participant meta-analysis”, *Lancet* 2010
- “Lipoprotein-associated phospholipase A2 activity and incident coronary heart disease among men and women with type 2 diabetes”, *Diabetes* 2010



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Awards and Honors

- 1996 : Harvard School of Public Health, Mentor/Teaching Award
- 2003, 2004, 2006 : Postdoctoral Fellow, Tobias Pischon, Jeremiah Stamler Award winner for outstanding research, American Heart Association



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www.youtube.com

“How to order healthy food in a chinese restaurant”



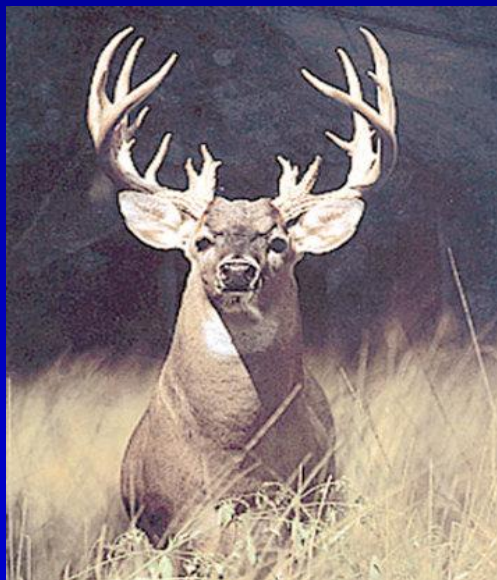
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*Diet and lifestyle in the prevention of CVD:
where is the biggest bang for the buck?*

Prof Dr E Rimm



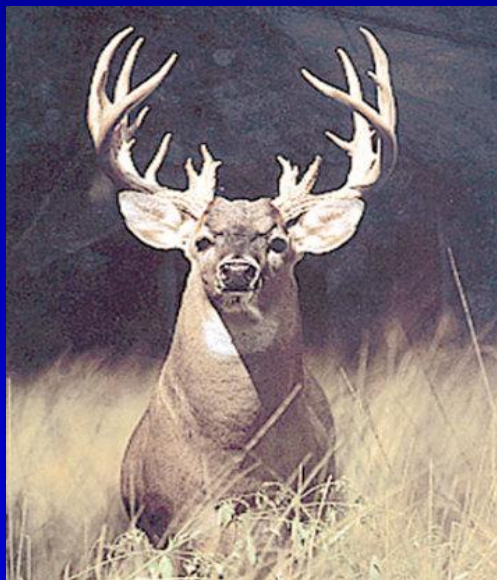
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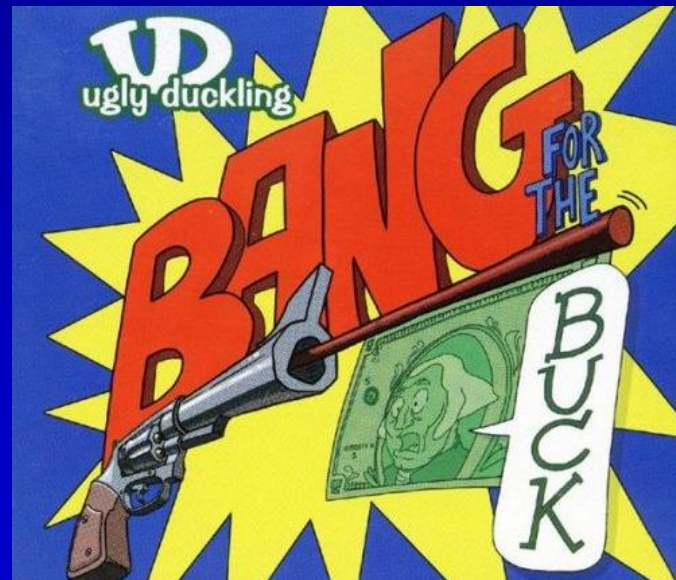
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